



GB

English



BG

Bulgarian

In the whole European Union the following ingredients must always be indicated on packed foods without exception.

- o This is not valid for the following countries: Russia, Turkey.

These ingredients are marked **blue** in the dictionary.

- Cereals containing gluten (wheat, barley, rye, oats, spelt, kamut or their hybridised strains) and products thereof
- Crustaceans and products thereof
- Eggs and products thereof
- Fish and products thereof
- Peanuts and products thereof
- Soybeans and products thereof
- Milk and products thereof (including lactose)
- Nuts i. e. Almond [*Amygdalus communis* L.], Hazelnut [*Corylus avellana*], Walnut [*Juglans regia*], Cashew [*Anacardium occidentale*], Brazil nut [*Bertholletia excelsa*], Pecan nut [*Carya illinoensis* (Wangenh.) K. Koch], Pistachio nut [*Pistacia vera*], Macadamia nut and Queensland nut [*Macadamia ternifolia*] and products thereof
- Celery and products thereof
- Mustard and products thereof
- Sesame seeds and products thereof
- Sulphur dioxide and sulphites at concentrations of more than 10 mg/kg or 10 mg/litre expressed as SO<sub>2</sub>.
- Lupin and products thereof
- Molluscs and products thereof

You can create your personal allergy card with the help of this dictionary.

Аз съм алергичен към ...

cooked	сготвен
<b>dry</b>	<b>сух</b>
fresh	пресен
<b>raw</b>	<b>суров</b>
(sea) mussel	черна мида
alcohol	алкохол
<b>almond</b>	<b>бадем</b>
anchovy	ананас
anise; aniseed	анасон
apple	ябълка
apricot	кайсия
avocado	авокадо
banana	банан
<b>barley</b>	<b>ечемик</b>
basil	босилек
bean	фасул
beef	говеждо месо
beer	бира
<b>brazil nut</b>	<b>бразилски триъгъл- лен орех</b>
broccoli	броколи
buckwheat	елда
caraway	кимион
cardamom	кардамон подправка
carrot	морков
<b>cashew nut</b>	<b>кашу</b>
cayennepapper	чили
<b>celery</b>	<b>целина</b>
cheese	сирене; кашкавал
cherry	череша
chicken	птиче (пилешко)
chicory	цикория
chilipepper	много лют червен пипер
chocolate	шоколад
cinnamon	канела
cocoa powder	какао
coconut	кокосов орех
cod	треска риба; вид треска (риба)

coriander	кориандър
cornflour	царевично брашно
crab	морски рак
<b>crab</b>	<b>рак</b>
cucumber	краставица
curry	къри
date	фурма
dill	копър
<b>egg</b>	<b>яйце</b>
escargot	градински охлюв
fennel seed	аптекарьски копър
fig	смокиня
<b>fish</b>	<b>риба</b>
flour	брашно
garlic	чесън
gherkin	краставица
ginger	джинджифил
<b>gluten</b>	<b>глутен</b>
grape	грозде
grapefruit	грейпфрут
haddock	вид треска (риба)
<b>hazelnut</b>	<b>лешник</b>
herb	подправка
herring	херинга
honey	мед
<b>kamut</b>	<b>камут</b>
kiwi	киви
lamb	агне
lemon	лимон
lentil	леща
lobster	омар
lovage	селим; левиштан
<b>macadamia nut</b>	<b>макадемия ядка</b>
mackerel	скумрия
mango	манго
marjoram	градински риган
marzipan	марципан
meat	месо
melon	пъпеш
<b>milk (cow)</b>	<b>краве мляко</b>
mugwort	див пелин
mushroom	гъби
mussel	миди
<b>mustard</b>	<b>горчица</b>
mutton	овнешко месо
<b>nut</b>	<b>ядка</b>
nutmeg	индийско орехче
<b>oats</b>	<b>овес</b>
onion	лук
orange	портокал
oregano	сушен риган
oyster	стрида
papaya; pawpaw	папая
paprika	червен пипер
parsley	магданоз

pea	грах
peach	праскова
<b>peanut</b>	<b>фъстък</b>
pear	круша
<b>pecan nut</b>	<b>пекан (вид орех)</b>
pepper	червен пипер; черен пипер
peppermint	мента
perch	костур
pineapple	аншоа
<b>pistachio</b>	<b>шам фъстък</b>
plaiice	калкан
plum	слива
poppy; poppy seed	мак
pork	свинско месо
potato	картоф
prawn	едра скарида
quince	дюла
rice	ориз
<b>rye</b>	<b>ръж</b>
sage	градински чай
salmon	сьомга
<b>sesame seeds</b>	<b>сусам</b>
shrimp	скарида
<b>soybeans; soya bean</b>	<b>соя</b>
spelt	лимец
spice	подправка
spinach	спанак
stinging nettle	коприва
strawberry	ягода
<b>sulphites</b>	<b>сулфит</b>
sulphur dioxide	серен диоксит
sunflower seed	слънчогледови семки
sweet chestnut	кестен
tarragon	тарос
thyme	мащерка
tomato	домат
trout	пъстърва
tuna fish	риба тон
vanilla	ванилия
<b>walnut</b>	<b>орех</b>
wheat	пшеница
wine	вино
yeast	мая





**GB**  
English



**CZ**  
Czech

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- Cereals containing gluten (wheat, barley, rye, oats, spelt, kamut or their hybridised strains) and products thereof
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- Eggs and products thereof
- Fish and products thereof
- Peanuts and products thereof
- Soybeans and products thereof
- Milk and products thereof (including lactose)
- Nuts i. e. Almond [Amygdalus communis L.], Hazelnut [Corylus avellana], Walnut [Juglans regia], Cashew [Anacardium occidentale], Brazil nut [Bertholletia excelsa], Macadamia nut and Queensland nut [Macadamia ternifolia] and products thereof
- Celery and products thereof
- Mustard and products thereof
- Sesame seeds and products thereof
- Sulphur dioxide and sulphites at concentrations of more than 10 mg/kg or 10 mg/litre expressed as SO<sub>2</sub>.
- Lupin and products thereof
- Molluscs and products thereof

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### Mám alergii na ...

cooked	<b>vařený</b>
dry	<b>sušený</b>
fresh	<b>čerstvý</b>
raw	<b>syrový</b>
(sea) mussel	<b>slávka jedlá</b>
alcohol	<b>alkohol</b>
almond	<b>mandle</b>
anchovy	<b>ančovička</b>
anise; aniseed	<b>anýz</b>
apple	<b>jablko</b>
apricot	<b>meruňka</b>
avocado	<b>avokádo</b>
banana	<b>banán</b>
barley	<b>ječmen</b>
basil	<b>bazalka</b>
bean	<b>fazole</b>
beef	<b>hovězí maso</b>
beer	<b>pivo</b>
brazil nut	<b>para ořech</b>
broccoli	<b>brokolice</b>
buckwheat	<b>pohanka</b>
caraway	<b>kmin</b>
cardamom	<b>kardamon</b>
carrot	<b>karotka; mrkev</b>
cashew nut	<b>kešu ořech</b>
cayennepepper	<b>kayenský pepř</b>
celery	<b>celer</b>
cheese	<b>sýr</b>
cherry	<b>třešně</b>
chicken	<b>kuřecí maso</b>
chicory	<b>čekanka obecná</b>
chillipepper	<b>kayenský pepř</b>
chocolate	<b>čokoláda</b>
cinnamon	<b>skořice</b>
cocoa powder	<b>kakao</b>
coconut	<b>kokosový ořech</b>
cod	<b>treska</b>
coriander	<b>koriandr</b>
cornflour	<b>kukuřičná mouka</b>
crab	<b>krab</b>

crab	<b>rak</b>
cucumber	<b>okurka</b>
curry	<b>kari</b>
date	<b>datle</b>
dill	<b>kopr</b>
egg	<b>vejce</b>
escargot	<b>hlemýžď' zahradní</b>
fennel seed	<b>fenyklové semínko; fenykl</b>
fig	<b>fík fish</b>
flour	<b>ryba</b>
garlic	<b>mouka</b>
gherkin	<b>česnek</b>
ginger	<b>okurka (nakládačka)</b>
gluten	<b>zázvor</b>
grape	<b>lepek</b>
grapefruit	<b>hroznové víno</b>
haddock	<b>grapefruit</b>
hazelnut	<b>treska</b>
herb	<b>lískový ořech</b>
herring	<b>byliny</b>
honey	<b>slaneček</b>
kamut	<b>med</b>
kiwi	<b>kamut</b>
lamb	<b>kiwi</b>
lemon	<b>ještěčí maso</b>
lentil	<b>lemon</b>
lobster	<b>čočka</b>
lovage	<b>humr</b>
macadamia nut	<b>libeček lékařský</b>
mackerel	<b>ořechy makadamie</b>
mango	<b>makrela</b>
marjoram	<b>mango</b>
marzipan	<b>majoránka</b>
meat	<b>marzipán</b>
melon	<b>maso</b>
milk (cow)	<b>meloun</b>
mugwort	<b>mléko (kravské)</b>
mushroom	<b>pelyněk</b>
mussel	<b>houba; žampion</b>
mustard	<b>mušle</b>
mutton	<b>hořčice</b>
nut	<b>skopové maso</b>
nutmeg	<b>ořech</b>
oats	<b>muškátový ořech</b>
onion	<b>oves</b>
orange	<b>cibule</b>
oregano	<b>pomeranč</b>
oyster	<b>oregano</b>
papaya	<b>ústřice</b>
paprika	<b>papája</b>
parsley	<b>paprika</b>
pawpaw	<b>petržel</b>
pea	<b>papája</b>
	<b>hrách</b>

peach	<b>broskev</b>
peanut	<b>burský oříšek</b>
pear	<b>hruška</b>
pecan nut	<b>pekanový ořech</b>
pepper	<b>paprika</b>
peppermint	<b>pepř</b>
perch	<b>máta peprná</b>
pineapple	<b>okoun</b>
pistachio	<b>ananas</b>
plaice	<b>pistácie</b>
plum	<b>platýs</b>
poppy; poppy seed	<b>švestka</b>
pork	<b>mák</b>
potato	<b>vepřové maso</b>
prawn	<b>brambory</b>
quince	<b>garnát</b>
rice	<b>kdoule</b>
rye	<b>rýže</b>
sage	<b>žito</b>
salmon	<b>šalvěj</b>
sesame seeds	<b>losos</b>
shrimp	<b>sezamové semínko</b>
	<b>kreveta;</b>
	<b>garnát (mořský krab)</b>
soybeans; soya bean	<b>sója</b>
spelt	<b>špalda</b>
spice	<b>koření</b>
spinach	<b>špenát</b>
stinging nettle	<b>kopřiva;</b>
	<b>pálivá kopřiva</b>
strawberry	<b>jahoda</b>
sulphites	<b>sulfit</b>
sulphur dioxide	<b>oxid siřičitý</b>
sunflower seed	<b>slunečnicové semínko</b>
sweet chestnut	<b>jedlý kaštan</b>
tarragon	<b>estragon;</b>
	<b>pelyněk kozalec</b>
thyme	<b>tymián</b>
tomato	<b>rajče</b>
trout	<b>pstruh</b>
tuna fish	<b>tuňák</b>
vanilla	<b>vanilka</b>
walnut	<b>vlašský ořech</b>
wheat	<b>pšenice</b>
wine	<b>víno</b>
yeast	<b>droždí</b>



**GB**  
English



**D**  
German

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*Ich habe eine Allergie gegen ...*

cooked	<b>gekocht</b>
<b>dry</b>	<b>getrocknet</b>
fresh	<b>frisch</b>
<b>raw</b>	<b>roh</b>
(baker's) yeast	<b>Hefe</b>
alcohol	<b>Alkohol</b>
<b>almond</b>	<b>Mandel</b>
anchovy	<b>An(s)chovis</b>
anise; aniseed	<b>Anis</b>
apple	<b>Apfel</b>
apricot	<b>Aprikose</b>
avocado	<b>Avocado</b>
<b>banana</b>	<b>Banane</b>
<b>barley</b>	<b>Gerste</b>
basil	<b>Basilikum</b>
bean	<b>Bohne</b>
beef	<b>Rindfleisch</b>
beer	<b>Bier</b>
<b>brazil nut</b>	<b>Paranuss</b>
broccoli	<b>Brokkoli</b>
buckwheat	<b>Buchweizen</b>
cantaloupe	<b>Melone</b>
caraway	<b>Kümmel</b>
cardamom	<b>Kardamom</b>
carrot	<b>Karotte; Möhre</b>
<b>cashew nut</b>	<b>Cashewnuss</b>
cayennepepper	<b>Chilipeffer</b>
<b>celery</b>	<b>Sellerie</b>
cheese	<b>Käse</b>
cherry	<b>Kirsche</b>
chicken	<b>Hühnerfleisch</b>
chicory	<b>Chicoree; Zichorie</b>
chilipepper	<b>Chilipeffer</b>
chocolate	<b>Schokolade</b>
cinnamon	<b>Zimt</b>
cocoa powder	<b>Kakao</b>
coconut	<b>Kokosnuss</b>
cod	<b>Dorsch; Kabeljau</b>
coriander	<b>Koriander</b>
cornflour; cornstarch	<b>Mais</b>

<b>crab</b>	<b>Krabbe; Krebstier</b>
cucumber	<b>Gurke</b>
curry	<b>Curry</b>
date	<b>Dattel</b>
dill	<b>Dill</b>
<b>egg</b>	<b>Ei</b>
escargot	<b>Weinbergsschnecke</b>
fennel seed	<b>Fenchel(samen)</b>
fig	<b>Feigen</b>
<b>fish</b>	<b>Fisch</b>
flour	<b>Mehl</b>
garlic	<b>Knoblauch</b>
gherkin	<b>Gurke</b>
ginger	<b>Ingwer</b>
<b>gluten</b>	<b>Gluten</b>
grape	<b>Weintraube</b>
grapefruit	<b>Grapefruit</b>
haddock	<b>Schellfisch</b>
<b>hazelnut</b>	<b>Haselnuss</b>
herb	<b>Kräuter</b>
herring	<b>Hering</b>
honey	<b>Honig</b>
<b>kamut</b>	<b>Kamut</b>
kiwi	<b>Kiwi</b>
lemon	<b>Zitrone</b>
lentil	<b>Linse</b>
lobster	<b>Hummer</b>
lovage	<b>Liebstockel</b>
<b>macadamia nut</b>	<b>Macadamianuss</b>
mackerel	<b>Makrele</b>
mango	<b>Mango</b>
marjoram	<b>Majoran</b>
marzipan	<b>Marzipan</b>
meat	<b>Fleisch</b>
melon	<b>Melone</b>
<b>milk (cow)</b>	<b>Milch (Kuh)</b>
mugwort	<b>Beifuss</b>
mushroom	<b>Champignon</b>
mussel	<b>Muschel; Miesmuschel</b>
<b>mustard</b>	<b>Senf</b>
mutton	<b>Hammelfleisch; Schaffleisch</b>
<b>nut</b>	<b>Nuss</b>
nutmeg	<b>Muskatnuss</b>
<b>oats</b>	<b>Hafer</b>
onion	<b>Zwiebel</b>
orange	<b>Apfelsine; Orange</b>
oregano	<b>Oregano</b>
oyster	<b>Auster</b>
papaya; pawpaw	<b>Papaya</b>
paprika	<b>Paprika (Gewürz)</b>
parsley	<b>Petersilie</b>
pea	<b>Erbse</b>
peach	<b>Pfirsich</b>

<b>peanut</b>	<b>Erdnuss</b>
pear	<b>Birne</b>
<b>pecan nut</b>	<b>Pekannuss</b>
pepper	<b>Pfeffer; Paprika (Schote)</b>
peppermint	<b>Pfefferminze</b>
perch	<b>Barsch</b>
pineapple	<b>Ananas</b>
<b>pistachio</b>	<b>Pistazie</b>
plaice	<b>Scholle</b>
plum	<b>Pflaume</b>
poppy; poppy seed	<b>Mohn</b>
pork	<b>Schweinefleisch</b>
potato	<b>Kartoffel</b>
prawn	<b>Garnele</b>
quince	<b>Quitte</b>
rice	<b>Reis</b>
<b>rye</b>	<b>Roggen</b>
sage	<b>Salbei</b>
salmon	<b>Lachs</b>
<b>sesame seeds</b>	<b>Sesam</b>
shrimp	<b>Garnele</b>
<b>soybeans; soya bean</b>	<b>Sojabohne</b>
spelt	<b>Dinkel</b>
spice	<b>Gewürze</b>
spinach	<b>Spinat</b>
stinging nettle	<b>Brennnessel</b>
strawberry	<b>Erdbeere</b>
<b>sulphites</b>	<b>Sulfite</b>
sulphur dioxide	<b>Schwefeldioxid</b>
sunflower seed	<b>Sonnenblumenkern</b>
sweet chestnut	<b>Esskastanie</b>
tarragon	<b>Estragon</b>
thyme	<b>Thymian</b>
tomato	<b>Tomate</b>
trout	<b>Felle</b>
tuna fish	<b>Thunfisch</b>
vanilla	<b>Vanille</b>
<b>walnut</b>	<b>Walnuss</b>
wheat	<b>Weizen</b>
wine	<b>Wein</b>
yeast	<b>Hefe</b>



GB

English



DK

Danish

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### Jeg er allergisk imod ...

cooked	kogt
<b>dry</b>	<b>tørret</b>
fresh	frisk
<b>raw</b>	<b>rå</b>
(baker's) yeast	gær
alcohol	alkohol
<b>almond</b>	<b>mandel</b>
anchovy	ansjos
anise; aniseed	anis
apple	æble
apricot	abrikos
avocado	avocado
banana	banan
<b>barley</b>	<b>byg</b>
basil	basilikum
bean	bønne
beef	oksekød
beer	øl
<b>brazil nut</b>	<b>paranød</b>
broccoli	broccoli
buckwheat	boghvede
cantaloupe	melon
caraway	kommen
cardamom	kardemomme
carrot	gulerod
<b>cashew nut</b>	<b>cashewnød</b>
cayennepepper	chilli
<b>celery</b>	<b>selleri</b>
cheese	ost
cherry	kirsebær
chicken	hønsekød
chicory	cikorie
chilipepper	chilli
chocolate	chokolade
cinnamon	kanel
cocoa powder	kakao
coconut	kokosnød
cod	torsk
coriander	koriander
cornflour; cornstarch	majs

crab	krabbe
<b>crab</b>	<b>krebs</b>
cucumber	agurk
curry	karry
date	daddel
dill	dild
<b>egg</b>	<b>æg</b>
escargot	vinbjergsnegl
fennel seed	fennikelfrø
fig	figen
<b>fish</b>	<b>fisk</b>
<b>flour</b>	<b>mel</b>
garlic	hvidløg
gherkin	agurk
ginger	ingefær
<b>gluten</b>	<b>gluten</b>
grape	vindrue
grapefruit	grapefrugt
haddock	kuller
<b>hazelnut</b>	<b>hasselnød</b>
herb	urter
herring	sild
honey	honning
<b>kamut</b>	<b>kamut</b>
kiwi	kiwi
lemon	citron
lentil	linse
lobster	hummer
lovage	løvstikke
<b>macadamia nut</b>	<b>macadamianød</b>
mackerel	makrel
mango	mango
marjoram	merian
marzipan	marzipan
meat	kød
melon	melon
<b>milk (cow)</b>	<b>mælk (ko)</b>
mugwort	grå bynke
mushroom	champignon
mussel	blåmusling; musling
<b>mustard</b>	<b>sennep</b>
mutton	fårekød
<b>nut</b>	<b>nød</b>
nutmeg	muskatnød
<b>oats</b>	<b>havre</b>
onion	løg
orange	appelsin
oregano	oregano
oyster	østers
papaya; pawpaw	papaya
paprika	paprika
parsley	persille
pea	ært
peach	fersken
<b>peanut</b>	<b>jordnød</b>

pear	pære
<b>pecan nut</b>	<b>pekannød</b>
pepper	peperfrukt; peber
peppermint	pebermynte
perch	aborre
pineapple	ananas
<b>pistachio</b>	<b>pistacienød</b>
plaiice	rødspætte
plum	blomme
poppy; poppy seed	valmue
pork	svinekød
potato	kartoffel
prawn	rejer
quince	kvæde
rice	ris rye
	rug
sage	salvie
salmon	laks
<b>sesame seeds</b>	<b>sesam</b>
shrimp	rejer
<b>soybeans; soya bean</b>	<b>soja</b>
<b>spelt</b>	<b>spelt</b>
spice	krydderier
spinach	spinat
stinging nettle	stor nælde
strawberry	jordbær
<b>sulphites</b>	<b>sulfit</b>
<b>sulphur dioxide</b>	<b>svovldioxid</b>
sunflower seed	solsikkekerner
sweet chestnut	spiselig kastanje
tarragon	estragon
thyme	timian
tomato	tomat
trout	ørred
tuna fish	tun (tunfisk)
vanilla	vanille
<b>walnut</b>	<b>valnød</b>
wheat	hvede
wine	vin
yeast	gær





**GB**  
English



**E**  
Spanish

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- Crustaceans and products thereof
- Eggs and products thereof
- Fish and products thereof
- Peanuts and products thereof
- Soybeans and products thereof
- Milk and products thereof (including lactose)
- Nuts i. e. Almond [*Amygdalus communis* L.], Hazelnut [*Corylus avellana*], Walnut [*Juglans regia*], Cashew [*Anacardium occidentale*], Brazil nut [*Bertholletia excelsa*], Macadamia nut and Queensland nut [*Macadamia ternifolia*] and products thereof
- Celery and products thereof
- Mustard and products thereof
- Sesame seeds and products thereof
- Sulphur dioxide and sulphites at concentrations of more than 10 mg/kg or 10 mg/litre expressed as SO<sub>2</sub>.
- Lupin and products thereof
- Molluscs and products thereof

You can create your personal allergy card with the help of this dictionary.

### Soy alergico contra ...

cooked	<b>cocinado</b>
dry	<b>seco</b>
fresh	<b>fresco</b>
raw	<b>crudo</b>
(baker's) yeast	<b>levadura</b>
alcohol	<b>alcohol</b>
almond	<b>almendra</b>
anchovy	<b>anchoa</b>
anise; aniseed	<b>anis</b>
apple	<b>manzana</b>
apricot	<b>albaricoque</b>
avocado	<b>aguacate</b>
banana	<b>plátano</b>
barley	<b>cebada</b>
basil	<b>albahaca</b>
bean	<b>alubia</b>
beef	<b>carne de vaca</b>
beer	<b>cerveza</b>
brazil nut	<b>castañas de Pará</b>
broccoli	<b>brócoli</b>
buckwheat	<b>trigo sarraceno</b>
cantaloupe	<b>melón</b>
caraway	<b>comino</b>
cardamom	<b>cardamomo</b>
carrot	<b>zanahoria</b>
cashew nut	<b>anacardos</b>
cayennepepper	<b>guindilla</b>
celery	<b>apio</b>
cheese	<b>queso</b>
cherry	<b>cereza</b>
chicken	<b>carne de gallina</b>
chicory	<b>achicoria</b>
chillipepper	<b>pimienta de cayena</b>
chocolate	<b>chocolate</b>
cinnamon	<b>canela</b>
cocoa powder	<b>cacao</b>
coconut	<b>coco</b>
cod	<b>bacalao</b>
coriander	<b>coriandro; cilantro</b>
cornflour; cornstarch	<b>maicena</b>

crab	<b>cangrejo</b>
crab	<b>crustáceos</b>
cucumber	<b>pepino</b>
curry	<b>curry</b>
date	<b>dátil</b>
dill	<b>eneldo</b>
egg	<b>huevo</b>
escargot	<b>caracol de viña</b>
fennel seed	<b>semilla del hinojo</b>
fig	<b>higos</b>
fish	<b>pescado</b>
flour	<b>harina</b>
garlic	<b>ajo</b>
gherkin	<b>pepino</b>
ginger	<b>jengibre</b>
gluten	<b>gluten</b>
grape	<b>uva</b>
grapefruit	<b>toronja</b>
haddock	<b>abadejo</b>
hazelnut	<b>avellana</b>
herb	<b>especias</b>
herring	<b>arenque</b>
honey	<b>miel</b>
kamut	<b>kamut</b>
kiwi	<b>kiwi</b>
lemon	<b>limón</b>
lentil	<b>lenteja</b>
lobster	<b>bogavante</b>
lovage	<b>ligústico</b>
macadamia nut	<b>nueces macadamia</b>
mackerel	<b>caballa</b>
mango	<b>mango</b>
marjoram	<b>mejorana</b>
marzipan	<b>mazapán</b>
meat	<b>carne</b>
melon	<b>melón</b>
milk (cow)	<b>leche</b>
mugwort	<b>artemisia</b>
mushroom	<b>chamiñon; zeta</b>
mussel	<b>almeja; mejillón</b>
mustard	<b>mostaza</b>
mutton	<b>carne de cordero</b>
nut	<b>nuez</b>
nutmeg	<b>nuez moscada</b>
oats	<b>avena</b>
onion	<b>cebolla</b>
orange	<b>naranja</b>
oregano	<b>orégano</b>
oyster	<b>ostra</b>
papaya; pawpaw	<b>papaya</b>
paprika	<b>pimentón</b>
parsley	<b>perejil</b>
pea	<b>guisante</b>
peach	<b>melocotón</b>
peanut	<b>cacahuètes</b>

pear	<b>pera</b>
pecan nut	<b>pacanas</b>
pepper	<b>pimienta</b>
peppermint	<b>hierbabuena</b>
perch	<b>cebada</b>
pineapple	<b>piña</b>
pistachio	<b>pistacho</b>
plaice	<b>platija</b>
plum	<b>ciruela</b>
poppy; poppy seed	<b>amapola</b>
pork	<b>carne de cerdo</b>
potato	<b>patata</b>
prawn	<b>gamba</b>
quince	<b>membrillo</b>
rice	<b>arroz</b>
rye	<b>centeno</b>
sage	<b>salvia</b>
salmon	<b>salmón</b>
sesame seeds	<b>granos de sésamo</b>
shrimp	<b>gamba</b>
soybeans; soya bean	<b>soja</b>
spice	<b>especia</b>
spinach	<b>espinaca</b>
stinging nettle	<b>ortiga</b>
strawberry	<b>fresa</b>
sulphites	<b>sulfitos</b>
sulphur dioxide	<b>anhidrido sulfuroso</b>
sunflower seed	<b>semilla de girasol</b>
sweet chestnut	<b>castaño</b>
tarragon	<b>estragón</b>
thyme	<b>tomillo</b>
tomato	<b>tomate</b>
trout	<b>trucha</b>
tuna fish	<b>atún</b>
vanilla	<b>vainilla</b>
walnut	<b>nueces de nogal</b>
wheat	<b>trigo</b>
wine	<b>vino</b>
yeast	<b>levadura</b>





**GB**  
English



**FIN**  
Finnish

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- Fish and products thereof
- Peanuts and products thereof
- Soybeans and products thereof
- Milk and products thereof (including lactose)
- Nuts i. e. Almond [Amygdalus communis L.], Hazelnut [Corylus avellana], Walnut [Juglans regia], Cashew [Anacardium occidentale], Brazil nut [Bertholletia excelsa], Pecan nut [Carya illinoensis (Wangenh.) K. Koch], Pistachio nut [Pistacia vera], Macadamia nut and Queensland nut [Macadamia ternifolia] and products thereof
- Celery and products thereof
- Mustard and products thereof
- Sesame seeds and products thereof
- Sulphur dioxide and sulphites at concentrations of more than 10 mg/kg or 10 mg/litre expressed as SO<sub>2</sub>.
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- Molluscs and products thereof

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### Minulla on ... allergia ...

cooked	<b>keitetty</b>
dry	<b>kuiva</b>
fresh	<b>tuore</b>
raw	<b>raaka</b>
(baker's) yeast	<b>hiiva</b>
alcohol	<b>alkoholi</b>
almond	<b>manteli</b>
anchovy	<b>anjovis</b>
anise; aniseed	<b>anis</b>
apple	<b>omena</b>
apricot	<b>aprikoosi</b>
avocado	<b>avokado</b>
banana	<b>banaani</b>
barley	<b>ohra</b>
basil	<b>basilika</b>
bean	<b>papu</b>
beef	<b>naudanliha</b>
beer	<b>olut</b>
brazil nut	<b>parapähkinä</b>
broccoli	<b>parsakaali</b>
buckwheat	<b>tattari</b>
cantaloupe	<b>meloni</b>
caraway	<b>kumina</b>
cardamom	<b>kardemumma</b>
carrot	<b>porkkana</b>
cashew nut	<b>cashewpähkinä</b>
cayennepepper	<b>cayennepippuri</b>
celery	<b>selleri</b>
cheese	<b>juusto</b>
cherry	<b>kirsikka</b>
chicken	<b>kananliha</b>
chicory	<b>sikuri</b>
chilipepper	<b>cayennepippuri</b>
chocolate	<b>suklaa</b>
cinnamon	<b>kaneli</b>
cocoa powder	<b>kaakao</b>
coconut	<b>kookospähkinä</b>
cod	<b>turska</b>
coriander	<b>korianteri</b>
cornflour; cornstarch	<b>maissijauho</b>

crab	<b>katkarapu</b>
crab	<b>äyriäiset; rapu</b>
cucumber	<b>kurkku</b>
curry	<b>curry</b>
date	<b>taateli</b>
dill	<b>tilli</b>
egg	<b>kananmuna; muna</b>
escargot	<b>viinimäkikotilo</b>
fennel seed	<b>fenkoli</b>
fig	<b>viikuna</b>
fish	<b>kala</b>
flour	<b>jauho</b>
garlic	<b>valkosipuli</b>
gherkin	<b>kurkku</b>
ginger	<b>inkivääri</b>
gluten	<b>gluteeni</b>
grape	<b>viinirypäle</b>
grapefruit	<b>greippi</b>
haddock	<b>kolja</b>
hazelnut	<b>hasselpähkinä</b>
herb	<b>yrtti</b>
herring	<b>silakka; silli</b>
honey	<b>hunaja</b>
kamut	<b>kamut-vehnä</b>
kiwi	<b>kiivi</b>
lamb	<b>lammas</b>
lemon	<b>sitruuna</b>
lentil	<b>linssi</b>
lobster	<b>hummeri</b>
lovage	<b>liperi</b>
macadamia nut	<b>macadamianut</b>
mackerel	<b>makrilli</b>
mango	<b>mango</b>
marjoram	<b>meirami</b>
marzipan	<b>marsipaani</b>
meat	<b>liha</b>
melon	<b>meloni</b>
milk (cow)	<b>maito (lehmän)</b>
mugwort	<b>maruna; pujo</b>
mushroom	<b>herkkusieni</b>
mussel	<b>sinisimpukka; simpukka</b>
mustard	<b>sinappi</b>
mutton	<b>lampaanliha</b>
nut	<b>pähkinä</b>
nutmeg	<b>muskottipähkinä</b>
oats	<b>kaura</b>
onion	<b>sipuli</b>
orange	<b>appelsiini</b>
oregano	<b>mäkimeirami; oregano</b>
oyster	<b>osteri</b>
papaya; pawpaw	<b>papaija</b>
paprika	<b>paprika</b>
parsley	<b>persilja</b>

pea	<b>herne</b>
peach	<b>persikka</b>
peanut	<b>maapähkinä</b>
pear	<b>päärynä</b>
pecan nut	<b>pekaanipähkinä</b>
pepper	<b>paprika</b>
peppermint	<b>piparminttu</b>
perch	<b>ahven</b>
pineapple	<b>ananas</b>
pistachio	<b>(manteli)pistaasi</b>
plaice	<b>punakampela</b>
plum	<b>luumu</b>
poppy; poppy seed	<b>unikko; unikonsiemen</b>
pork	<b>sianliha</b>
potato	<b>peruna</b>
prawn	<b>katkarapu</b>
quince	<b>kvitteni</b>
rice	<b>riisi</b>
rye	<b>ruis</b>
sage	<b>salvia</b>
salmon	<b>lohi</b>
sesame seeds	<b>sesaminsien</b>
shrimp	<b>katkarapu</b>
soybeans; soya bean	<b>soija</b>
spelt	<b>speltti</b>
spice	<b>mauste</b>
spinach	<b>pinaatti</b>
stinging nettle	<b>nokkonen</b>
strawberry	<b>mansikka</b>
sulphites	<b>sulfiitti</b>
sulphur dioxide	<b>rikkidioksidi</b>
sunflower seed	<b>auringonkukan siemen</b>
sweet chestnut	<b>jalokastanja</b>
tarragon	<b>rakuuna</b>
thyme	<b>tarha-ajuruoho; timjami</b>
tomato	<b>tomaatti</b>
trout	<b>taimen</b>
tuna fish	<b>tonnikala</b>
vanilla	<b>vanilja</b>
walnut	<b>saksanpähkinä</b>
wheat	<b>vehnä</b>
wine	<b>viini</b>
yeast	<b>hiiva</b>



**GB**  
English



**GR**  
Greek

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Έχω αλλεργία στη ...

cooked	μαγειρευτός
<b>dry</b>	<b>στεγνός</b>
fresh	φρέσκος
<b>raw</b>	<b>ωμός</b>
(baker's) yeast	ζύμη, <b>μαγιά</b>
alcohol	οινόπνευμα
<b>almond</b>	<b>αμύγδαλο</b>
anchovy	αντσούγια
anise; aniseed	γλυκάνισο
apple	μήλο
apricot	βερίκοκο
avocado	αβοκάντο
<b>banana</b>	<b>μπανάνα</b>
<b>barley</b>	<b>κριθάρι</b>
basil	βασιλικός
bean	φασόλι
beef	βοδινό κρέας
beer	μπύρα
<b>brazil nut</b>	<b>καρύδι Βραζιλίας</b>
broccoli	μπρόκολο
buckwheat	φαγόπυρον
cantaloupe	πεπόνι
caraway	κύμινο
cardamom	κάρδαμο
carrot	καρότο
<b>cashew nut</b>	<b>καρύδια ανακαρδιω- δών</b>
cayennepepper	πιπέρι καγιέν
<b>celery</b>	<b>σέλινο</b>
cheese	τυρί
cherry	κεράσι
chicken	κοτόπουλο
chicory	κιχώριο; πικρομάρουλο
chillipepper	πιπέρι καγιέν
chocolate	σοκολάτα
cinnamon	κανέλα
cocoa powder	κακάο
coconut	καρύδα

cod	μπακαλιάρος
coriander	κόλιαντρο
cornflour; cornstarch	αραβόσιτος; καλαμπόκι
crab	καβούρι
<b>crab</b>	<b>καραβίδα</b>
cucumber	αγγούρι
curry	κάρι
date	χουρμάς
dill	άνηθος
<b>egg</b>	<b>αβγό</b>
escargot	σαλιγκάρι
fennel seed	μάραθο
fig	σύκο
<b>fish</b>	<b>ψάρι</b>
flour	αλεύρι
garlic	σκόρδο
gherkin	αγγούρι
ginger	πιπερόριζα; ζιγγίβερι
<b>gluten</b>	<b>γλουτένη</b>
grape	σταφύλι
grapefruit	γκρέϊπφρουτ
haddock	μπακαλιάρος
<b>hazelnut</b>	<b>φουντούκι</b>
herb	βότανο
herring	ρέγγα
honey	μέλι
<b>kamut</b>	<b>kamut</b>
kiwi	ακτινίδιο
lemon	λεμόνι
lentil	φακές
lobster	αστακός
lovage	λεβιστικό
<b>macadamia nut</b>	<b>καρποί μακαδαμίας</b>
mackerel	σκουμπρί
mango	μάνγκο
marjoram	μαντζουράνα
marzipan	αμυγδαλωτό
meat	κρέας
melon	πεπόνι
<b>milk (cow)</b>	<b>Γάλα (αγελαδινό)</b>
mugwort	αψίνθιο; λεβιθόχορτο
mushroom	μανιτάρι
mussel	κοχύλι
<b>mustard</b>	<b>μουστάρδα</b>
<b>mutton</b>	<b>πρόβειο κρέας</b>
<b>nut</b>	<b>ξηροί καρποί</b>
<b>nutmeg</b>	<b>μοσχοκάρυδο</b>
<b>oats</b>	<b>βρώμη</b>
onion	κρεμμύδι
orange	πορτοκάλι
oregano	ρίγανη

oyster	στρείδι
papaya; pawpaw	παπάγια
paprika	πάπρικα
parsley	μαϊντανός
pea	μιζέλι
peach	ροδάκινο
<b>peanut</b>	<b>αράπικα φιστίκια</b>
pear	αχλάδι; απίδι
<b>pecan nut</b>	<b>καρπός πεκάν</b>
pepper	πάπρικα; πιπέρι
peppermint	μέντα
perch	πέρκα
pineapple	ανανάς
<b>pistachio</b>	<b>φυστίκι</b>
plaice	γλώσσα
plum	δαμάσκηνο
poppy; poppy seed	παπαρούνα
pork	χοιρινό κρέας
potato	πατάτα
prawn	γαρίδα
quince	κυδώνι
rice	ρύζι
<b>rye</b>	<b>σίκαλη</b>
sage	φασκόμηλο; βουνίσιο
salmon	σολομός
sea mussel	μύδια
<b>sesame seeds</b>	<b>σουσάμι</b>
shrimp	γαρίδα
<b>soybeans; soya bean</b>	<b>σόγια</b>
spelt	σίτος σπέλτα
spice	καρύκευμα
spinach	σπανάκι
stinging nettle	τσουκνίδα
strawberry	φράουλα
<b>sulphites</b>	<b>θειώδες άλας</b>
<b>sulphur dioxide</b>	<b>διοξειδίο του θείου</b>
sunflower seed	ηλιόσπορος
sweet chestnut	κάστανο
tarragon	εστραγκόν
thyme	θυμάρι
tomato	ντομάτα
trout	πέστροφα
tuna fish	τόνος
vanilla	βανίλια
<b>walnut</b>	<b>καρύδι</b>
wheat	σιτάρι
wine	κρασί
yeast	ζύμη; <b>μαγιά</b>





GB

English



H

Hungarian

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- Eggs and products thereof
- Fish and products thereof
- Peanuts and products thereof
- Soybeans and products thereof
- Milk and products thereof (including lactose)
- Nuts i. e. Almond [Amygdalus communis L.], Hazelnut [Corylus avellana], Walnut [Juglans regia], Cashew [Anacardium occidentale], Brazil nut [Bertholletia excelsa], Pecan nut [Carya illinoensis (Wangenh.) K. Koch], Pistachio nut [Pistacia vera], Macadamia nut and Queensland nut [Macadamia ternifolia] and products thereof
- Celery and products thereof
- Mustard and products thereof
- Sesame seeds and products thereof
- Sulphur dioxide and sulphites at concentrations of more than 10 mg/kg or 10 mg/litre expressed as SO<sub>2</sub>.
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- Molluscs and products thereof

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## Allergiás vagyok ...

cooked	<b>főzött</b>
<b>dry</b>	<b>száritott / aszalt</b>
fresh	<b>friss</b>
<b>raw</b>	<b>hyers</b>
(sea) mussel	<b>feketekagyló</b>
alcohol	<b>alkohol</b>
<b>almond</b>	<b>mandula</b>
anchovy	<b>szardella</b>
anise; aniseed	<b>anizs</b>
apple	<b>alma</b>
apricot	<b>sárgabarack</b>
avocado	<b>avokádó</b>
banana	<b>banán</b>
<b>barley</b>	<b>árpa</b>
basil	<b>bazsalikom</b>
bean	<b>bab</b>
beef	<b>marhahús</b>
beer	<b>sör</b>
<b>brazil nut</b>	<b>brazildió</b>
broccoli	<b>brokkoli</b>
buckwheat	<b>hajdina</b>
caraway	<b>köménymag</b>
cardamom	<b>kardamom</b>
carrot	<b>sárgarépa</b>
<b>cashew nut</b>	<b>kesudió</b>
cayennepepper	<b>cayenne-i bors</b>
<b>celery</b>	<b>zeller</b>
cheese	<b>sajt</b>
cherry	<b>cseresznye</b>
chicken	<b>tyúkhús</b>
chicory	<b>cikória</b>
chillipepper	<b>cayenne-i bors</b>
chocolate	<b>csokoládé</b>
cinnamon	<b>fahéj</b>
cocoa powder	<b>kakaó</b>
coconut	<b>kókuszdió</b>
cod	<b>tőkehal</b>
coriander	<b>koriander</b>
cornflour	<b>kukorica</b>
crab	<b>rák</b>

<b>crab</b>	<b>rák</b>
cucumber	<b>uborka</b>
curry	<b>curry</b>
date	<b>datolya</b>
dill	<b>kapor</b>
<b>egg</b>	<b>tojás</b>
escargot	<b>éti csiga</b>
fennel seed	<b>édeskömény</b>
fig	<b>füge</b>
<b>fish</b>	<b>hal</b>
flour	<b>liszt</b>
garlic	<b>fokhagyma</b>
gherkin	<b>apró uborka</b>
ginger	<b>gyömbér</b>
<b>gluten</b>	<b>sikér; sikértartalmú</b>
grape	<b>szőlő</b>
grapefruit	<b>grapefruit</b>
haddock	<b>foltos tőkehal</b>
<b>hazelnut</b>	<b>mogyoró</b>
herb	<b>fűszer</b>
herring	<b>hering</b>
honey	<b>méz</b>
<b>kamut</b>	<b>kamut</b>
kiwi	<b>kivi</b>
lamb	<b>bárány</b>
lemon	<b>citrom</b>
lentil	<b>lencse</b>
lobster	<b>homár</b>
lovage	<b>lestyán</b>
<b>macadamia nut</b>	<b>macadámia dió</b>
mackerel	<b>makréla</b>
mango	<b>mangó</b>
marjoram	<b>majoranna</b>
marzipan	<b>marcipán</b>
meat	<b>hús</b>
melon	<b>dinnye</b>
<b>milk (cow)</b>	<b>tej (tehén)</b>
mugwort	<b>fekete üröm</b>
mushroom	<b>csiperkegomba</b>
mussel	<b>kagyló</b>
<b>mustard</b>	<b>mustár</b>
mutton	<b>juhús</b>
<b>nut</b>	<b>dió</b>
nutmeg	<b>szerecsendió</b>
<b>oats</b>	<b>zab</b>
onion	<b>vöröshagyma</b>
orange	<b>narancs</b>
oregano	<b>oregánó</b>
oyster	<b>osztriga</b>
papaya	<b>papaja</b>
paprika	<b>fűszerpaprika</b>
parsley	<b>petrezselyem</b>
pawpaw	<b>papaja</b>
pea	<b>borsó</b>
peach	<b>barack; őszibarack</b>

<b>peanut</b>	<b>földimogyoró</b>
pear	<b>körte</b>
<b>pecan nut</b>	<b>pekándió</b>
pepper	<b>paprika</b>
pepper	<b>bors</b>
peppermint	<b>borsmenta</b>
perch	<b>sügér</b>
pineapple	<b>ananász</b>
<b>pistachio</b>	<b>pisztácia</b>
plaice	<b>síma lepényhal</b>
plum	<b>szilva</b>
poppy; poppy seed	<b>mák; kerti mák</b>
pork	<b>sertéshús</b>
potato	<b>burgonya</b>
prawn	<b>garnélarák</b>
quince	<b>birsalma</b>
rice	<b>rizs</b>
<b>rye</b>	<b>rozs</b>
sage	<b>orvosi zsálya</b>
salmon	<b>lazac</b>
<b>sesame seeds</b>	<b>szezámag</b>
shrimp	<b>garnélarák</b>
<b>soybeans; soya bean</b>	<b>szójabab</b>
spelt	<b>tönkölybúza</b>
spice	<b>fűszer</b>
spinach	<b>paraj</b>
stinging nettle	<b>csalán</b>
strawberry	<b>földieper; szamóca</b>
<b>sulphites</b>	<b>szulfitok</b>
sulphur dioxide	<b>kéndioxid</b>
sunflower seed	<b>napraforgómag</b>
sweet chestnut	<b>szelídgesztenye</b>
tarragon	<b>tárkony</b>
thyme	<b>kakukkfű</b>
tomato	<b>paradicsom</b>
trout	<b>pisztráng</b>
tuna fish	<b>tonhal</b>
vanilla	<b>vanília</b>
<b>walnut</b>	<b>dió</b>
wheat	<b>búza</b>
wine	<b>bor</b>
yeast	<b>élesztő</b>



**GB**  
English



**I**  
Italian

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*Io sono allergico a ...*

cooked	<b>cotto</b>
<b>dry</b>	<b>essiccato</b>
fresh	<b>fresco</b>
<b>raw</b>	<b>crudo</b>
(baker's) yeast	<b>lievito</b>
alcohol	<b>alcol</b>
<b>almond</b>	<b>mandorla</b>
anchovy	<b>acciughe</b>
anise; aniseed	<b>anice</b>
apple	<b>mela</b>
apricot	<b>albicocca</b>
avocado	<b>avocado</b>
banana	<b>banana</b>
<b>barley</b>	<b>orzo</b>
basil	<b>basilico</b>
bean	<b>fagiolo</b>
beef	<b>carne di manzo</b>
beer	<b>birra</b>
<b>brazil nut</b>	<b>noci del Brasile</b>
broccoli	<b>broccoli</b>
buckwheat	<b>grano saraceno</b>
cantaloupe	<b>melone</b>
caraway	<b>comino</b>
cardamom	<b>cardamomo</b>
carrot	<b>carota</b>
<b>cashew nut</b>	<b>noci di agagiù</b>
cayennepepper	<b>chili</b>
<b>celery</b>	<b>sedano</b>
cheese	<b>formaggio</b>
cherry	<b>ciliege</b>
chicken	<b>carne di pollo</b>
chicory	<b>cicoria</b>
chilipepper	<b>peperoncino rosso</b>
chocolate	<b>cioccolato</b>
cinnamon	<b>cannella</b>
cocoa powder	<b>cacao</b>
coconut	<b>noce di cocco</b>
cod	<b>merluzzo</b>
coriander	<b>coriandolo</b>
cornflour; cornstarch	<b>farina di granoturco</b>

crab	<b>granchio</b>
<b>crab</b>	<b>gambero</b>
cucumber	<b> cetriolo</b>
curry	<b>curry</b>
date	<b>dattero</b>
dill	<b>aneto</b>
<b>egg</b>	<b>uova</b>
escargot	<b>(chiocciola) lumaca</b>
fennel seed	<b>semi di finocchio</b>
fig	<b>fico</b>
<b>fish</b>	<b>pesce</b>
<b>flour</b>	<b>farina</b>
garlic	<b>aglio</b>
gherkin	<b> cetriolo</b>
ginger	<b>zenzero</b>
<b>gluten</b>	<b>glutine</b>
grape	<b>uva</b>
grapefruit	<b>pompelmo</b>
haddock	<b>eglefino</b>
<b>hazelnut</b>	<b>nocciolo</b>
herb	<b>ebe; erbetto</b>
herring	<b>aringa</b>
honey	<b>miele</b>
<b>kamut</b>	<b>kamut</b>
kiwi	<b>kiwi</b>
lemon	<b>limone</b>
lentil	<b>lenticchie</b>
lobster	<b>gambero di mare; astice</b>
lovage	<b>levistico</b>
<b>macadamia nut</b>	<b>noci del Queensland</b>
mackerel	<b>sgombro</b>
mango	<b>mango</b>
marjoram	<b>maggiorana</b>
marzipan	<b>marzapane</b>
meat	<b>carne</b>
melon	<b>melone</b>
<b>milk (cow)</b>	<b>latte</b>
mugwort	<b>artemisia</b>
mushroom	<b>champignon</b>
<b>mussel</b>	<b>cozza; conchiglia</b>
<b>mustard</b>	<b>senape</b>
mutton	<b>carne di montone; carne di pecora; castrato</b>
<b>nut</b>	<b>noci</b>
nutmeg	<b>noce moscata</b>
<b>oats</b>	<b>avena</b>
onion	<b>cipolla</b>
orange	<b>arancia</b>
oregano	<b>origano</b>
oyster	<b>ostrica</b>
papaya; pawpaw	<b>papaia</b>
paprika	<b>peperone</b>
parsley	<b>prezzemolo</b>

pea	<b>piselli</b>
peach	<b>pesca</b>
<b>peanut</b>	<b>arachidi</b>
pear	<b>pera</b>
<b>pecan nut</b>	<b>noci pecan</b>
pepper	<b>pepe; peperone</b>
peppermint	<b>menta</b>
perch	<b>persico</b>
pineapple	<b>ananas</b>
<b>pistachio</b>	<b>pistacchi</b>
plum	<b>sogliola</b>
plum	<b>prugne</b>
poppy; poppy seed	<b>papavero</b>
pork	<b>carne di maiale</b>
potato	<b>patate</b>
prawn	<b>gamberetto</b>
quince	<b>mela cotogna</b>
rice	<b>riso</b>
<b>rye</b>	<b>segale</b>
sage	<b>salvia</b>
salmon	<b>salmone</b>
<b>sesame seeds</b>	<b>semi di sesamo</b>
shrimp	<b>gamberetto</b>
<b>soybeans; soya bean</b>	<b>soia</b>
spelt	<b>farro</b>
spice	<b>spezie</b>
spinach	<b>spinaci</b>
stinging nettle	<b>ortica</b>
strawberry	<b>fragola</b>
<b>sulphites</b>	<b>solfiti</b>
sulphur dioxide	<b>anidride solforosa</b>
sunflower seed	<b>semi di girasole</b>
sweet chestnut	<b>castagne; marroni</b>
tarragon	<b>dragoncello; estragone</b>
thyme	<b>timo</b>
tomato	<b>pomodoro</b>
trout	<b>trota</b>
tuna fish	<b>tonno</b>
vanilla	<b>vaniglia</b>
<b>walnut</b>	<b>noci comuni</b>
wheat	<b>grano</b>
wine	<b>vino</b>
yeast	<b>lievito</b>



GB

English



IS

Icelandic

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Eg hef ofnæmi gegn ...

cooked	soðinn
<b>dry</b>	<b>þurrkaður</b>
fresh	ferskur
<b>raw</b>	<b>hrár</b>
(sea) mussel	skelfiskur
alcohol	hreinsaður vínandi
<b>almond</b>	<b>mandla</b>
anchovy	ansjósa
anise; aniseed	
apple	epli
apricot	aprikósa
avocado	avokató
banana	banani
<b>barley</b>	<b>bygg</b>
basil	ilmjurt
bean	baun
beef	nautakjöt
beer	bjór
<b>brazil nut</b>	<b>parahneta</b>
broccoli	spergilkál
buckwheat	bókhveiti
caraway	kúmen
cardamom	kardimomma
carrot	gulrót
<b>cashew nut</b>	<b>kasjú-hneta</b>
cayennepepper	chili-pípar
<b>celery</b>	<b>seljurót</b>
cheese	ostur
cherry	kirsuber
chicken	kjúklingur
chicory	síkoría; kaffibætir
chillipepper	chili-pípar
chocolate	súkkulaði
cinnamon	kanill
cocoa powder	kókó
coconut	kokoshneta
cod	þorskur
coriander	koriander
cornflour	mais
crab	krabbi

<b>crab</b>	<b>krabbi</b>
cucumber	agúrka
curry	karrí
date	daöla
dill	dill
<b>egg</b>	<b>egg</b>
escargot	vinbergs-snigill
fennel seed	fennikel
fig	fíkja
<b>fish</b>	<b>fiskur</b>
flour	hveiti
garlic	hvítlaukur
gherkin	agúrka
ginger	engifer
<b>gluten</b>	<b>gluten</b>
grape	vínber
grapefruit	greip
haddock	ýsa
<b>hazelnut</b>	<b>heslihnetta</b>
herb	jurt; kryddjurtir; planta
herring	síld
honey	hunang
<b>kamut</b>	<b>kamut</b>
kiwi	kiwi
lamb	lambakjöt
lemon	sitróna
lentil	linsubaunir
lobster	humar
lovage	skessujurt
<b>macadamia nut</b>	<b>macadamia-hneta</b>
mackerel	makrill
mango	mangó
marjoram	merian
marzipan	marsipan
meat	kjöt
melon	melóna
<b>milk (cow)</b>	<b>mjólk (kúa)</b>
mugwort	búrót
mushroom	ætisveppur
mussel	skelfiskur
<b>mustard</b>	<b>sinnep</b>
mutton	kindakjöt
<b>nut</b>	<b>hneta</b>
nutmeg	múskathneta
<b>oats</b>	<b>hafnar</b>
onion	laukur
orange	appelsína
oregano	oregano
oyster	ostrá
papaya; pawpaw	papaya
paprika	paprika
parsley	steinselja
pea	baun
peach	ferskja

<b>peanut</b>	<b>jarðhneta</b>
pear	pera
<b>pecan nut</b>	<b>pekanhneta</b>
pepper	paprika
pepper	pípar
peppermint	píparmynta
perch	aborri
pineapple	ananas
<b>pistachio</b>	<b>pistasiuhneta</b>
plaice	rauðsprettá
plum	plóma
poppy; poppy seed	valmúafrae
pork	svínakjöt
potato	kartafla
prawn	rækja
quince	kveða
rice	hrísgrjón
<b>rye</b>	<b>rúgur</b>
sage	salvía
salmon	lax
<b>sesame seeds</b>	<b>sesamfrae</b>
shrimp	rækja
<b>soybeans; soya bean</b>	<b>soyjabaunir</b>
spelt	speldi-mjöl
spice	krydd
spinach	spínat
stinging nettle	brenninetla
strawberry	jarðarber
<b>sulphites</b>	<b>sulfit</b>
sulphur dioxide	súlfurdíoxíde
sunflower seed	sólblómafrae
sweet chestnut	kastaníuhneta
tarragon	estragon
thyme	timian
tomato	tómatur
trout	silungur
tuna fish	túnfiskur
vanilla	vanilla
<b>walnut</b>	<b>valhneta</b>
wheat	hveiti
wine	vín
yeast	ger



GB

English



LT

Lithuanian

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## Aš esu alergiškas ...

cooked	<b>išvirtas</b>
dry	<b>sausas</b>
fresh	<b>šviežias</b>
raw	<b>žalias</b>
(baker's) yeast	<b>kepimo mielės</b>
alcohol	<b>alkoholis</b>
almond	<b>migdolas</b>
anchovy	<b>ančiuvis</b>
anise; aniseed	<b>anyžius</b>
apple	<b>obuolys</b>
apricot	<b>abrikosas</b>
avocado	<b>avokada</b>
banana	<b>bananas</b>
barley	<b>miežiai</b>
basil	<b>bazilikas</b>
bean	<b>pupelė</b>
beef	<b>jautiena</b>
beer	<b>alus</b>
brazil nut	<b>bertoletijos</b>
broccoli	<b>brokolis</b>
buckwheat	<b>grikliai</b>
cantaloupe	<b>kantalupa (melionų rūšis)</b>
caraway	<b>kmynai</b>
cardamom	<b>kardamonas</b>
carrot	<b>morka</b>
cashew nut	<b>Kišju riešutas</b>
cayennepepper	<b>raudonasis ankštinis pipiras</b>
celery	<b>salieras</b>
cheese	<b>sūris</b>
cherry	<b>vyšnia</b>
chicken	<b>vištiena</b>
chicory	<b>cikorija</b>
chillipepper	<b>ankštinis pipiras</b>
chocolate	<b>šokoladas</b>
cinnamon	<b>cinamonas</b>
cocoa powder	<b>kakavos milteliai</b>
coconut	<b>kokoso riešutas</b>
cod	<b>menkė</b>

coriander	<b>kalendra</b>
cornflour; cornstarch	<b>kukurūziniai miltai</b>
crab	<b>krabas</b>
crab	<b>krabas</b>
cucumber	<b>agurkas</b>
curry	<b>karis</b>
date	<b>datulė</b>
dill	<b>krapai</b>
egg	<b>kiaušinis</b>
escargot	<b>vynuoginė sraigė</b>
fennel seed	<b>paprastasis pankolis</b>
fig	<b>figa</b>
fish	<b>žuvis</b>
flour	<b>miltai</b>
garlic	<b>česnakas</b>
gherkin	<b>agurkas</b>
ginger	<b>imbieras</b>
gluten	<b>gliitimas</b>
grape	<b>vynuogė</b>
grapefruit	<b>greipfrutas</b>
haddock	<b>juodalopė menkė</b>
hazelnut	<b>riešutas</b>
herb	<b>žolelė (prieskoninė; vaistinė)</b>
herring	<b>silkė</b>
honey	<b>medus</b>
kamut	<b>kvietiniai miltai</b>
kiwi	<b>kivis</b>
lemon	<b>citrina</b>
lentil	<b>lęšis</b>
lobster	<b>omaras (vėžys)</b>
lovage	<b>vaistinė gelsvė</b>
macadamia nut	<b>makadamijos</b>
mackerel	<b>skumbrė</b>
mango	<b>mangas</b>
marjoram	<b>mairūnas</b>
marzipan	<b>marcipanas</b>
meat	<b>mėsa</b>
melon	<b>raukšlėtasis melionas</b>
milk (cow)	<b>pienas (karvės)</b>
mugwort	<b>paprastasis kietis</b>
mushroom	<b>grybas</b>
mussel	<b>midija; dvigeldis moliuskas</b>
mustard	<b>garstyčios</b>
mutton	<b>aviena</b>
nut	<b>riešutas</b>
nutmeg	<b>muskato riešutas</b>
oats	<b>avižos</b>
onion	<b>svogūnas</b>
orange	<b>apelsinas</b>
oregano	<b>raudonėlis</b>
oyster	<b>austrė</b>
paprika	<b>raudonasis pipiras</b>

papaya; pawpaw	<b>papaja (melionmedis)</b>
parsley	<b>petražolė</b>
pea	<b>žirnis (žirnelis)</b>
peach	<b>persikas</b>
peanut	<b>žemės riešutas</b>
pear	<b>kriaušė</b>
pecan nut	<b>Pekano riešutas</b>
pepper	<b>juodieji pipirai; pipiras</b>
peppermint	<b>pipirmėtė</b>
perch	<b>ešerys</b>
pineapple	<b>ananasas</b>
pistachio	<b>pistacija</b>
plaice	<b>plekšnė</b>
plum	<b>slyva</b>
poppy; poppy seed	<b>aguona</b>
pork	<b>kiauliena</b>
potato	<b>bulvė</b>
prawn	<b>krevetė</b>
quince	<b>svarainis</b>
rice	<b>ryžiai</b>
rye	<b>rugiai</b>
sage	<b>šalavijas</b>
salmon	<b>lašiša</b>
sesame seeds	<b>sezamo sėklos</b>
shrimp	<b>krevetė</b>
soybeans; soya bean	<b>sojos pupelės</b>
spelt	<b>kvietys spelta</b>
spice	<b>prieskonai</b>
spinach	<b>špinatai</b>
stinging nettle	<b>gailioji dilgėlė</b>
strawberry	<b>braškė</b>
sulphites	<b>sulfitas</b>
sulphur dioxide	<b>sieros dioksidas</b>
sunflower seed	<b>saulegrąžų sėklos</b>
sweet chestnut	<b>kaštonas</b>
tarragon	<b>peletrūnas</b>
thyme	<b>kmynai</b>
tomato	<b>pomidoras</b>
trout	<b>upėtakis</b>
tuna fish	<b>tunas</b>
vanilla	<b>vanilė</b>
walnut	<b>graikinis riešutas</b>
wheat	<b>kviečiai</b>
wine	<b>vynas</b>
yeast	<b>kepimo mielės</b>





**GB**  
English



**LV**  
Latvian

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- o This is not valid for the following countries:  
Russia, Turkey.

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- Cereals containing gluten (wheat, barley, rye, oats, spelt, kamut or their hybridised strains) and products thereof
- Crustaceans and products thereof
- Eggs and products thereof
- Fish and products thereof
- Peanuts and products thereof
- Soybeans and products thereof
- Milk and products thereof (including lactose)
- Nuts i. e. Almond [Amygdalus communis L.], Hazelnut [Corylus avellana], Walnut [Juglans regia], Cashew [Anacardium occidentale], Brazil nut [Bertholletia excelsa], Pecan nut [Carya illinoensis (Wangenh.) K. Koch], Pistachio nut [Pistacia vera], Macadamia nut and Queensland nut [Macadamia ternifolia] and products thereof
- Celery and products thereof
- Mustard and products thereof
- Sesame seeds and products thereof
- Sulphur dioxide and sulphites at concentrations of more than 10 mg/kg or 10 mg/litre expressed as SO<sub>2</sub>.
- Lupin and products thereof
- Molluscs and products thereof

You can create your personal allergy card with the help of this dictionary.

### Man ir alerģija no ...

cooked	<b>cepts</b>
dry	<b>sauss</b>
fresh	<b>svaigs</b>
raw	<b>jēls</b>
(baker's) yeast	<b>raugs</b>
alcohol	<b>alkohols</b>
almond	<b>mandeles</b>
anchovy	<b>anšovi</b>
anise; aniseed	<b>anīss</b>
apple	<b>ābols</b>
apricot	<b>aprikozes</b>
avocado	<b>avokādo</b>
banana	<b>banāns</b>
barley	<b>mieži</b>
basil	<b>baziliks</b>
bean	<b>pupas</b>
beef	<b>liellopu gaļa</b>
beer	<b>alus</b>
brazil nut	<b>Brazīlijas rieksti</b>
broccoli	<b>brokolis</b>
buckwheat	<b>griķi</b>
cantaloupe	<b>melone</b>
caraway	<b>ķimenes</b>
cardamom	<b>kardemons</b>
carrot	<b>burkāns</b>
cashew nut	<b>cepti kastāņi</b>
cayennepepper	<b>kajēnas pipari</b>
celery	<b>selerija</b>
cheese	<b>siers</b>
cherry	<b>ķirši</b>
chicken	<b>vista</b>
chicory	<b>cigoriņi</b>
chillipepper	<b>cili pipari</b>
chocolate	<b>šokolāde</b>
cinnamon	<b>kanēlis</b>
cocoa powder	<b>kakao</b>
coconut	<b>kokosrieksts</b>
cod	<b>menca</b>
coriander	<b>koriandrs</b>
cornflour; cornstarch	<b>kukurūza</b>

crab	<b>krabis</b>
crab	<b>vēzis</b>
cucumber	<b>gurķis</b>
curry	<b>karijs</b>
date	<b>datele</b>
dill	<b>dilles</b>
egg	<b>ola</b>
escargot	<b>vingliemezis</b>
fennel seed	<b>fenkhela sēklas</b>
fig	<b>vīģe</b>
fish	<b>zivs</b>
flour	<b>milti</b>
garlic	<b>ķiploki</b>
gherkin	<b>gurķis</b>
ginger	<b>ingvers</b>
gluten	<b>augu līme</b>
grape	<b>vīnogas</b>
grapefruit	<b>greipfrūts</b>
haddock	<b>pikša</b>
hazelnut	<b>lazdu rieksti</b>
herb	<b>zālītes</b>
herring	<b>siļķes</b>
honey	<b>medus</b>
kamut	<b>kvieši</b>
kiwi	<b>kivi</b>
lemon	<b>citrons</b>
lentil	<b>lēcas</b>
lobster	<b>omārs</b>
lovage	<b>?</b>
macadamia nut	<b>austrālijas rieksti</b>
mackerel	<b>skumbrija</b>
mango	<b>mango</b>
marjoram	<b>majorāns</b>
marzipan	<b>marcipāns</b>
meat	<b>gaļa</b>
melon	<b>melone</b>
milk (cow)	<b>piens (govs)</b>
mugwort	<b>vībotne</b>
mushroom	<b>šampinjons</b>
mussel	<b>mīdijas</b>
mustard	<b>sinepes</b>
mutton	<b>jērs</b>
nut	<b>rieksts</b>
nutmeg	<b>muskatrieksts</b>
oats	<b>auzas</b>
onion	<b>siļķi</b>
orange	<b>apelsīns</b>
oregano	<b>oregano</b>
oyster	<b>austeres</b>
papaya; pawpaw	<b>papaja</b>
paprika	<b>paprika</b>
parsley	<b>pētersīlis</b>
pea	<b>zirņi</b>
peach	<b>persiks</b>
peanut	<b>zemes rieksti</b>

pear	<b>bumbieris</b>
pecan nut	<b>pekanrieksts</b>
pepper	<b>(melnie) pipari</b>
peppermint	<b>piparmētra</b>
perch	<b>asaris</b>
pineapple	<b>ananāns</b>
pistachio	<b>pistācijas</b>
plaice	<b>bute</b>
plum	<b>plūme</b>
poppy; poppy seed	<b>magones</b>
pork	<b>cūka</b>
potato	<b>kartupelis</b>
prawn	<b>garnele</b>
quince	<b>cidonija</b>
rice	<b>rīsi</b>
rye	<b>raugs</b>
sage	<b>salvija</b>
salmon	<b>lasis</b>
sesame seeds	<b>sezams</b>
shrimp	<b>garnele</b>
soybeans; soya bean	<b>sojas pupas</b>
spelt	<b>kvieši</b>
spice	<b>asās garšvielas</b>
spinach	<b>spināti</b>
stinging nettle	<b>nātre</b>
strawberry	<b>zemene</b>
sulphites	<b>sulfīts</b>
sulphur dioxide	<b>sēra dioksīds</b>
sunflower seed	<b>saulespuķu sēklas</b>
sweet chestnut	<b>kastaņi</b>
tarragon	<b>estragons</b>
thyme	<b>timāns</b>
tomato	<b>tomāts</b>
trout	<b>forele</b>
tuna fish	<b>tuncis</b>
vanilla	<b>vanīļa</b>
walnut	<b>valrieksti</b>
wheat	<b>kvieši</b>
wine	<b>vīns</b>
yeast	<b>raugs</b>



GB

English



N

Norwegian

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- Eggs and products thereof
- Fish and products thereof
- Peanuts and products thereof
- Soybeans and products thereof
- Milk and products thereof (including lactose)
- Nuts i. e. Almond [Amygdalus communis L.], Hazelnut [Corylus avellana], Walnut [Juglans regia], Cashew [Anacardium occidentale], Brazil nut [Bertholletia excelsa], Pecan nut [Carya illinoensis (Wangenh.) K. Koch], Pistachio nut [Pistacia vera], Macadamia nut and Queensland nut [Macadamia ternifolia] and products thereof
- Celery and products thereof
- Mustard and products thereof
- Sesame seeds and products thereof
- Sulphur dioxide and sulphites at concentrations of more than 10 mg/kg or 10 mg/litre expressed as SO<sub>2</sub>.
- Lupin and products thereof
- Molluscs and products thereof

You can create your personal allergy card with the help of this dictionary.

Jeg er allergisk mot ...

cooked	<b>kokt</b>
dry	<b>tørket</b>
fresh	<b>frisk</b>
raw	<b>rå</b>
alcohol	<b>alkohol</b>
almond	<b>mandel</b>
anchovy	<b>ansjos</b>
anise; aniseed	<b>anis</b>
apple	<b>eple</b>
apricot	<b>aprikos</b>
avocado	<b>avocado</b>
banana	<b>banan</b>
barley	<b>bygg</b>
basil	<b>basilikum</b>
bean	<b>bønne</b>
beef	<b>oksekjøtt</b>
beer	<b>øl</b>
brazil nut	<b>paranøtt</b>
broccoli	<b>brokkoli</b>
buckwheat	<b>bokhvete</b>
cantaloupe	<b>melon</b>
caraway	<b>karve</b>
cardamom	<b>kardemomme</b>
carrot	<b>gulrot</b>
cashew nut	<b>cashewnød</b>
cayennepepper	<b>chilipepper</b>
celery	<b>selleri</b>
cheese	<b>ost</b>
cherry	<b>kirsebær</b>
chicken	<b>høsekjøtt; kylling</b>
chicory	<b>sikori (salat)</b>
chilipepper	<b>chilipepper</b>
chocolate	<b>sjokolade</b>
cinnamon	<b>kanel</b>
cocoa powder	<b>kakao</b>
coconut	<b>kokosnøtt</b>
cod	<b>torsk</b>
coriander	<b>koriander</b>
cornflour; cornstarch	<b>maismel</b>
crab	<b>krabbe</b>

crab	<b>kreps</b>
cucumber	<b>agurk</b>
curry	<b>karri</b>
date	<b>daddel</b>
dill	<b>dill</b>
egg	<b>egg</b>
escargot	<b>vinbergssnegle</b>
fennel seed	<b>fennikel; fennikel frø</b>
fig	<b>fiken</b>
fish	<b>fisk</b>
flour	<b>mel</b>
garlic	<b>hvitløk</b>
gherkin	<b>agurk</b>
ginger	<b>ingefær</b>
gluten	<b>gluten</b>
grape	<b>drue</b>
grapefruit	<b>grapefrukt</b>
haddock	<b>kolje</b>
hazelnut	<b>hasselnøtt</b>
herb	<b>krydder</b>
herring	<b>sild</b>
honey	<b>honning</b>
kamut	<b>kamut</b>
kiwi	<b>kiwi</b>
lamb	<b>lam</b>
lemon	<b>sitron</b>
lentil	<b>linse</b>
lobster	<b>hummer</b>
lovage	<b>løvstikke</b>
macadamia nut	<b>macadanianøtt</b>
mackerel	<b>makrell</b>
mango	<b>mango</b>
marjoram	<b>merian</b>
marzipan	<b>marsipan</b>
meat	<b>kjøtt</b>
melon	<b>melon</b>
milk (cow)	<b>melk (ku)</b>
mugwort	<b>burot</b>
mushroom	<b>champignon</b>
mussel	<b>blåskjell; musling</b>
mustard	<b>sennep</b>
mutton	<b>fårekjøtt</b>
nut	<b>nøtt</b>
nutmeg	<b>muskatnøtt</b>
oats	<b>havre</b>
onion	<b>løk</b>
orange	<b>appelsin</b>
oregano	<b>oregano</b>
oyster	<b>østers</b>
papaya; pawpaw	<b>papaya</b>
paprika	<b>paprika</b>
parsley	<b>persille</b>
pea	<b>ert</b>
peach	<b>fersken</b>
peanut	<b>peanøtt</b>

pear	<b>pære</b>
pecan nut	<b>pekannøtt</b>
pepper	<b>paprika; pepper</b>
peppermint	<b>peppermynte</b>
perch	<b>abbor</b>
pineapple	<b>ananas</b>
pistachio	<b>pistasier</b>
plaiice	<b>rødspette</b>
plum	<b>plomme</b>
poppy; poppy seed	<b>valmuefrø</b>
pork	<b>svinekjøtt</b>
potato	<b>potet</b>
prawn	<b>reke</b>
quince	<b>kvede</b>
rice	<b>ris</b>
rye	<b>rug</b>
sage	<b>salvie</b>
salmon	<b>laks</b>
sesame seeds	<b>sesam</b>
shrimp	<b>reke</b>
soybeans; soya bean	<b>sojabønner</b>
spelt	<b>spelt</b>
spice	<b>krydder</b>
spinach	<b>spinat</b>
stinging nettle	<b>brennesle</b>
strawberry	<b>jordbær</b>
sulphites	<b>sulfitt</b>
sulphur dioxide	<b>svoveldioksyd</b>
sunflower seed	<b>solsikkefrø</b>
sweet chestnut	<b>spiselig kastanje</b>
tarragon	<b>estragon</b>
thyme	<b>timian</b>
tomato	<b>tomat</b>
trout	<b>ørret</b>
tuna fish	<b>tunfisk</b>
vanilla	<b>vanilje</b>
walnut	<b>valnøtt</b>
wheat	<b>hvetemel</b>
wine	<b>vin</b>
yeast	<b>gjær</b>



GB

English



NL

Dutch

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- Peanuts and products thereof
- Soybeans and products thereof
- Milk and products thereof (including lactose)
- Nuts i. e. Almond [*Amygdalus communis* L.], Hazelnut [*Corylus avellana*], Walnut [*Juglans regia*], Cashew [*Anacardium occidentale*], Brazil nut [*Bertholletia excelsa*], Pecan nut [*Carya illinoensis* (Wangenh.) K. Koch], Pistachio nut [*Pistacia vera*], Macadamia nut and Queensland nut [*Macadamia ternifolia*] and products thereof
- Celery and products thereof
- Mustard and products thereof
- Sesame seeds and products thereof
- Sulphur dioxide and sulphites at concentrations of more than 10 mg/kg or 10 mg/litre expressed as SO<sub>2</sub>.
- Lupin and products thereof
- Molluscs and products thereof

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*Ik ben allergisch voor ...*

cooked	<b>gekookt</b>
<b>dry</b>	<b>gedroogd</b>
fresh	<b>vers</b>
<b>raw</b>	<b>rauw</b>
(baker's) yeast	<b>gist</b>
alcohol	<b>alcohol</b>
<b>almond</b>	<b>amandel</b>
anchovy	<b>ansjovis</b>
anise; aniseed	<b>anijs</b>
apple	<b>appel</b>
apricot	<b>abrikoos</b>
avocado	<b>avocado</b>
banana	<b>banaan</b>
<b>barley</b>	<b>gerst</b>
basil	<b>basilicum</b>
bean	<b>boon</b>
beef	<b>rundvlees</b>
beer	<b>bier</b>
<b>brazil nut</b>	<b>paranoot</b>
broccoli	<b>broccoli</b>
buckwheat	<b>boekweit</b>
cantaloupe	<b>meloen</b>
caraway	<b>karwijn; kummel; komijn</b>
cardamom	<b>kardemom</b>
carrot	<b>peen; wortel</b>
<b>cashew nut</b>	<b>cashewnoot</b>
cayennepepper	<b>chilipoeder</b>
<b>celery</b>	<b>selderij</b>
cheese	<b>kaas</b>
cherry	<b>kers</b>
chicken	<b>kippevlees</b>
chicory	<b>cichorei</b>
chilipepper	<b>chilipoeder</b>
chocolate	<b>chocolade</b>
cinnamon	<b>caneel</b>
cocoa powder	<b>cacao</b>
coconut	<b>kokosnoot</b>
cod	<b>dors; jonge kabeljauw</b>

coriander	<b>koriander</b>
cornflour; cornstarch	<b>mais</b>
crab	<b>krab</b>
<b>crab</b>	<b>kreeft</b>
cucumber	<b>komkommer</b>
curry	<b>kerrie</b>
date	<b>dadel</b>
dill	<b>dille</b>
<b>egg</b>	<b>ei</b>
escargot	<b>wijngaardslak</b>
fennel seed	<b>venkel; venkelzaad</b>
fig	<b>vijg</b>
<b>fish</b>	<b>vis flour</b>
	<b>meel</b>
garlic	<b>knoflook</b>
gherkin	<b>komkommer</b>
ginger	<b>gemmer</b>
<b>gluten</b>	<b>gluten</b>
grape	<b>druif</b>
grapefruit	<b>grapefruit; pomelo</b>
<b>haddock</b>	<b>schelvis</b>
<b>hazelnut</b>	<b>hazelnoot</b>
herb	<b>kruiden</b>
<b>herring</b>	<b>haring</b>
honey	<b>honing</b>
<b>kamut</b>	<b>kamut</b>
kiwi	<b>kiwi</b>
lemon	<b>citroen</b>
lentil	<b>linze</b>
lobster	<b>zeekreeft</b>
lovage	<b>lavas</b>
<b>macadamia nut</b>	<b>macadamianoten</b>
mackerel	<b>makreel</b>
mango	<b>mango</b>
marjoram	<b>majoraan</b>
marzipan	<b>marsepein</b>
meat	<b>vlees</b>
melon	<b>meloen</b>
<b>milk (cow)</b>	<b>melk (koe)</b>
mugwort	<b>bijvoet</b>
mushroom	<b>champignon</b>
mussel	<b>(eetbare) mossel</b>
<b>mustard</b>	<b>mosterd</b>
mutton	<b>schapevlees</b>
<b>nut</b>	<b>noot</b>
nutmeg	<b>nootmuskaat</b>
<b>oats</b>	<b>haver</b>
onion	<b>ui</b>
orange	<b>sinasappel</b>
oregano	<b>oregano</b>
oyster	<b>oester</b>
papaya; pawpaw	<b>papaja</b>
paprika	<b>paprika</b>
parsley	<b>peterselie</b>
pea	<b>erwt</b>

peach	<b>perzik</b>
<b>peanut</b>	<b>pinda</b>
pear	<b>peer</b>
<b>pecan nut</b>	<b>pekanoot</b>
pepper	<b>paprika</b>
peppermint	<b>pepermunt</b>
perch	<b>baars</b>
pineapple	<b>ananas</b>
<b>pistachio</b>	<b>pistachenoten</b>
plaice	<b>schol</b>
plum	<b>pruim</b>
poppy; poppy seed	<b>maanzaad</b>
pork	<b>varkensvlees</b>
potato	<b>aardappel</b>
prawn	<b>garnaal</b>
quince	<b>kweeappel; kweeper</b>
rice	<b>rijst</b>
<b>rye</b>	<b>rogge</b>
sage	<b>salie</b>
salmon	<b>zalm</b>
<b>sesame seeds</b>	<b>sesam</b>
shrimp	<b>garnaal</b>
<b>soybeans; soya bean</b>	<b>sojaboon</b>
spelt	<b>spelt</b>
spice	<b>specerijen</b>
spinach	<b>spinazie</b>
stinging nettle	<b>brandnetel</b>
strawberry	<b>aardbei</b>
<b>sulphites</b>	<b>sulfieten</b>
sulphur dioxide	<b>zwaveldioxyde</b>
sunflower seed	<b>zonnebloempitten</b>
sweet chestnut	<b>tamme kastanje</b>
tarragon	<b>dragon</b>
thyme	<b>tijm</b>
tomato	<b>tomaat</b>
trout	<b>forel</b>
tuna fish	<b>tonijn</b>
vanilla	<b>vanille</b>
<b>walnut</b>	<b>walnoot</b>
wheat	<b>tarwe</b>
wine	<b>wijn</b>
yeast	<b>gist</b>



GB

English



P

Portuguese

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- Eggs and products thereof
- Fish and products thereof
- Peanuts and products thereof
- Soybeans and products thereof
- Milk and products thereof (including lactose)
- Nuts i. e. Almond [Amygdalus communis L.], Hazelnut [Corylus avellana], Walnut [Juglans regia], Cashew [Anacardium occidentale], Brazil nut [Bertholletia excelsa], Pecan nut [Carya illinoensis (Wangenh.) K. Koch], Pistachio nut [Pistacia vera], Macadamia nut and Queensland nut [Macadamia ternifolia] and products thereof
- Celery and products thereof
- Mustard and products thereof
- Sesame seeds and products thereof
- Sulphur dioxide and sulphites at concentrations of more than 10 mg/kg or 10 mg/litre expressed as SO<sub>2</sub>.
- Lupin and products thereof
- Molluscs and products thereof

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*Eu sou alérgico a ...*

cooked	<b>cosido</b>
<b>dry</b>	<b>seco</b>
fresh	<b>fresco</b>
<b>raw</b>	<b>cru</b>
(baker's) yeast	<b>fermento</b>
alcohol	<b>álcool</b>
<b>almond</b>	<b>amêndoas</b>
anchovy	<b>anchova</b>
anise; aniseed	<b>aniz</b>
apple	<b>maçã</b>
apricot	<b>alperce</b>
avocado	<b>abacate</b>
banana	<b>banana</b>
<b>barley</b>	<b>cevada</b>
basil	<b>manjeriçã</b>
bean	<b>feijão</b>
beef	<b>vaca (carne)</b>
beer	<b>cerveja</b>
<b>brazil nut</b>	<b>castanhas do Pará</b>
broccoli	<b>bróculos</b>
buckwheat	<b>trigo mourisco</b>
cantaloupe	<b>melão</b>
caraway	<b>cominto</b>
cardamom	<b>cardamomo</b>
carrot	<b>cenoura</b>
<b>cashew nut</b>	<b>castanhas de caju</b>
cayennepepper	<b>pimentão; pipirí</b>
<b>celery</b>	<b>aipo</b>
cheese	<b>queijo</b>
cherry	<b>cereja</b>
chicken	<b>galinha (carne)</b>
chicory	<b>chicória</b>
chilipepper	<b>pimenta de caiena</b>
chocolate	<b>chocolate</b>
cinnamon	<b>canela</b>
cocoa powder	<b>cacau</b>
coconut	<b>coco</b>
cod	<b>bacalhau</b>
coriander	<b>coentro</b>
cornflour; cornstarch	<b>farinha do milho</b>

crab	<b>caranguejo</b>
<b>crab</b>	<b>crustáceos</b>
cucumber	<b>pepino</b>
curry	<b>caril</b>
date	<b>tâmara</b>
dill	<b>endro</b>
<b>egg</b>	<b>ovo</b>
escargot	<b>caracol de Borgonha</b>
fennel seed	<b>funcho</b>
fig	<b>figo</b>
<b>fish</b>	<b>peixe</b>
<b>flour</b>	<b>farinha</b>
garlic	<b>alho</b>
gherkin	<b>pepino</b>
ginger	<b>gengibre</b>
<b>gluten</b>	<b>glúten</b>
grape	<b>uva</b>
grapefruit	<b>toranja</b>
haddock	<b>bacalhau fresco</b>
<b>hazelnut</b>	<b>avelã</b>
herb	<b>ervas aromáticas</b>
herring	<b>arenque</b>
honey	<b>mel</b>
<b>kamut</b>	<b>kamut</b>
kiwi	<b>quivi</b>
lemon	<b>limão</b>
lentil	<b>lentilha</b>
lobster	<b>lagosta</b>
lovage	<b>levístico</b>
<b>macadamia nut</b>	<b>nozes de macadâmia</b>
mackerel	<b>cavala</b>
mango	<b>mango</b>
marjoram	<b>manjerona</b>
marzipan	<b>maçapão</b>
meat	<b>carne</b>
melon	<b>melão</b>
<b>milk (cow)</b>	<b>leite</b>
mugwort	<b>artemisia</b>
mushroom	<b>cogumelo</b>
mussel	<b>mexilhão</b>
<b>mustard</b>	<b>mostarda</b>
mutton	<b>ovelha (carne)</b>
<b>nut</b>	<b>noz</b>
nutmeg	<b>noz-moscada</b>
<b>oats</b>	<b>aveia</b>
onion	<b>cebola</b>
orange	<b>aranja; laranja</b>
oregano	<b>orégão</b>
oyster	<b>ostra</b>
papaya; pawpaw	<b>papaia</b>
paprika	<b>pimentão</b>
parsley	<b>salsa</b>
pea	<b>ervilha</b>
peach	<b>pêssego</b>
<b>peanut</b>	<b>amendoim</b>

pear	<b>pêra</b>
<b>pecan nut</b>	<b>nozes pécan</b>
pepper	<b>pimentão; pimenta</b>
peppermint	<b>hortelã-pimenta</b>
perch	<b>perca</b>
pineapple	<b>ananás</b>
<b>pistachio</b>	<b>pistácios</b>
plaice	<b>solha</b>
plum	<b>ameixa</b>
poppy; poppy seed	<b>papoila</b>
pork	<b>porco (carne)</b>
potato	<b>batata</b>
prawn	<b>camarão</b>
quince	<b>marmelo</b>
rice	<b>arroz</b>
<b>rye</b>	<b>centeio</b>
sage	<b>salva; chá salvaman-sa</b>
salmon	<b>salmão</b>
<b>sesame seeds</b>	<b>sementes de sésamo</b>
shrimp	<b>camarão</b>
soybeans; soya bean	<b>soja spelt</b>
<b>spice</b>	<b>especiaria</b>
spinach	<b>espinafre</b>
stinging nettle	<b>urtiga</b>
strawberry	<b>morango</b>
<b>sulphites</b>	<b>sulfitos</b>
sulphur dioxide	<b>dioxido de enxofre</b>
sunflower seed	<b>semente de girassol</b>
sweet chestnut	<b>castanha doce</b>
tarragon	<b>estragão</b>
thyme	<b>tomilho; timo</b>
tomato	<b>tomate</b>
trout	<b>truta</b>
tuna fish	<b>atum</b>
vanilla	<b>baunilha</b>
<b>walnut</b>	<b>nozes</b>
<b>wheat</b>	<b>trigo</b>
wine	<b>vinho</b>
yeast	<b>fermento</b>





GB

English



PL

Polish

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Mam alergię przeciwko ...

cooked	gotowany
<b>dry</b>	<b>suszony</b>
fresh	świeży
<b>raw</b>	<b>surowy</b>
(baker's) yeast	drożdże
alcohol	alkohol
<b>almond</b>	<b>migdał</b>
anchovy	anchois; anchovis
anise; aniseed	anyż
apple	jabłko
apricot	morela
avocado	awokado
<b>banana</b>	<b>banan</b>
<b>barley</b>	<b>jęczmień</b>
basil	bazyli
bean	fasola
beef	wołowina
beer	piwo
<b>brazil nut</b>	<b>orzech brazylijski</b>
broccoli	brokuły
buckwheat	gryka
cantaloupe	melon
caraway	kminek
cardamom	kardamom
carrot	marchew
<b>cashew nut</b>	<b>nerkowiec</b>
cayennepepper	pieprz chili
<b>celery</b>	<b>seler</b>
cheese	ser
cherry	wiśnia
chicken	mięso z kury
chicory	cykoria
chillipepper	pieprz chili
chocolate	czekolada
cinnamon	cynamon
cocoa powder	kakao
coconut	orzech kokosowy
cod	dorsz
coriander	kolendra siewna
cornflour; cornstarch	kukurydza

crab	krab
<b>crab</b>	<b>skorupiaki</b>
cucumber	ogórek
curry	curry
date	daktyl
dill	koper; koperek
<b>egg</b>	<b>jajo; jajko</b>
escargot	ślimak
fennel seed	fenkuł; koper włoski
fig	figa
<b>fish</b>	<b>ryba</b>
<b>flour</b>	<b>mąka</b>
garlic	czosnek
gherkin	ogórek
ginger	imbir
<b>gluten</b>	<b>gluten</b>
grape	winogrono
grapefruit	grejfrut
haddock	łupacz
<b>hazelnut</b>	<b>orzech laskowy</b>
herb	zioła
herring	śledź
honey	miód
<b>kamut</b>	<b>kamut</b>
kiwi	kiwi
lamb	jagnie
lemon	cytryna
lentil	soczewica
lobster	krab
lovage	lubczyk
<b>macadamia nut</b>	<b>orzech makadamia</b>
mackerel	makrela
mango	mango
marjoram	majeranek
marzipan	marcepan
meat	mięso
melon	melon
<b>milk (cow)</b>	<b>mleko (z krowy)</b>
mugwort	bylica pospolita
mushroom	pieczarka
mussel	omulek jadalny; małż; muszla
<b>mustard</b>	<b>musztarda</b>
mutton	mięso owcze
<b>nut</b>	<b>orzech</b>
nutmeg	muszkat; gałka muszkatołowa
<b>oats</b>	<b>owies</b>
onion	cebula
orange	pomarańcza
oregano	oregano
oyster	ostryga
papaya; pawpaw	papaja
paprika	papryka
parsley	pietruszka

pea	goszek; groch
peach	brzoskwinia
<b>peanut</b>	<b>orzeszek</b>
pear	gruszka
<b>pecan nut</b>	<b>orzech pekan</b>
pepper	papryka; pieprz
peppermint	mięta
perch	okoń
pineapple	ananas
<b>pistachio</b>	<b>fistaszek</b>
plaiçe	flądra
plum	śliwka
poppy; poppy seed	mak
pork	wieprzowina
potato	ziemniak
prawn	krewetka
quince	pigwa
rice	ryż
<b>rye</b>	<b>żyto</b>
sage	szałwia
salmon	łosoś
<b>sesame seeds</b>	<b>sezami</b>
shrimp	krewetka
<b>soybeans; soya bean</b>	<b>nasiona soi</b>
spelt	pszenica oplewiona
spice	przyprawy
spinach	szpinak
stinging nettle	pokrzywa
strawberry	truskawka
<b>sulphites</b>	<b>sulfit</b>
sulphur dioxide	dwutlenek siarki
sunflower seed	nasiona słonecznika
sweet chestnut	kasztan
tarragon	estragon
thyme	tymianek
tomato	pomidor
trout	postrąg
tuna fish	tuńczyk
vanilla	wanilia
<b>walnut</b>	<b>orzech włoski</b>
wheat	pszenica
wine	wino



GB

English



RO

Romanian

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- Lupin and products thereof
- Molluscs and products thereof

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Sunt alergic la ...

cooked	<b>gătit dry</b>
	<b>uscăt</b>
fresh	<b>proaspăt</b>
raw	<b>neprelucrat</b>
(baker's) yeast	<b>drojdie</b>
alcohol	<b>alcool</b>
almond	<b>migdală</b>
anchovy	<b>hamsie; sardea;</b> <b>anșoa</b>
anise; aniseed	<b>anason</b>
apple	<b>măr</b>
apricot	<b>caisă</b>
avocado	<b>avocado</b>
banana	<b>banană</b>
barley	<b>orz</b>
basil	<b>busuioc</b>
bean	<b>fasole</b>
beef	<b>carne de vită</b>
beer	<b>bere</b>
brazil nut	<b>nucă de Brazilia</b>
broccoli	<b>brocoli</b>
buckwheat	<b>grâu negru</b>
caraway	<b>chimen</b>
cardamom	<b>cardamon</b>
carrot	<b>morcov</b>
cashew nut	<b>nucă de acaju</b>
cayennepepper	<b>ardei iute</b>
celery	<b>țelină</b>
cheese	<b>brânză</b>
cherry	<b>cireșe</b>
chicken	<b>Carne de pui</b>
chicory	<b>cicoare</b>
chilipepper	<b>ardei iute</b>
chocolate	<b>ciocolată</b>
cinnamon	<b>scorțișoară</b>
cocoa powder	<b>cacao</b>
coconut	<b>cocos</b>
cod	<b>cod</b>
coriander	<b>coriandru</b>
cornflour; cornstarch	<b>mălai</b>

crab	<b>crab</b>
crab	<b>măr pădureț</b>
cucumber	<b>castravete</b>
curry	<b>curry</b>
date	<b>curmală</b>
dill	<b>mărar</b>
egg	<b>ouă</b>
escargot	<b>?</b>
fennel seed	<b>chimen</b>
fig	<b>smochină</b>
fish	<b>pește</b>
flour	<b>făină</b>
garlic	<b>usturoi</b>
gherkin	<b>castravecior</b>
ginger	<b>ghimbir</b>
gluten	<b>gluten</b>
grape	<b>struguri</b>
grapefruit	<b>grapefruit</b>
haddock	<b>batog</b>
hazelnut	<b>alune de pădure</b>
herb	<b>plante medicinale</b>
herring	<b>hering</b>
honey	<b>miere</b>
kamut	<b>grâu mare</b>
kiwi	<b>kiwi</b>
lamb	<b>miel (carne)</b>
lemon	<b>lămâi</b>
lentil	<b>linte</b>
lobster	<b>homar</b>
lovage	<b>leuștean</b>
macadamia nut	<b>nuci de macadamia</b>
mackerel	<b>scrumbie albastră</b>
mango	<b>mango</b>
marjoram	<b>sovârv</b>
marzipan	<b>marțipan</b>
meat	<b>carne</b>
melon	<b>pepene galben</b>
milk (cow)	<b>lapte de vacă</b>
mugwort	<b>peliniță</b>
mushroom	<b>ciuperci</b>
mussel	<b>midii</b>
mustard	<b>muștar</b>
mutton	<b>oaie (carne)</b>
nut	<b>nucă</b>
nutmeg	<b>miez de nucă</b>
oats	<b>ovăz</b>
onion	<b>ceapă</b>
orange	<b>portocală</b>
oregano	<b>oregano</b>
oyster	<b>stridie</b>
papaya; pawpaw	<b>papaya</b>
paprika	<b>paprika</b>
parsley	<b>pătrunjel</b>
pea	<b>mazăre</b>
peach	<b>piersică</b>

peanut	<b>alună americană</b>
pear	<b>pară</b>
pecan nut	<b>nuci pecan</b>
pepper	<b>piper</b>
peppermint	<b>mentă</b>
perch	<b>biban</b>
pineapple	<b>ananas</b>
pistachio	<b>fistic</b>
plaice	<b>calcan</b>
plum	<b>prune</b>
poppy; poppy seed	<b>mac</b>
pork	<b>carne de porc</b>
potato	<b>cartofi</b>
prawn	<b>crevete</b>
quince	<b>gutui</b>
rice	<b>orez</b>
rye	<b>secară</b>
sage	<b>pelin</b>
salmon	<b>somon</b>
sesame seeds	<b>susan</b>
shrimp	<b>crevete</b>
soybeans; soya bean	<b>soia</b>
spelt	<b>grâu spelt</b>
spice	<b>alimente condimen-</b> <b>tate / iuți</b>
spinach	<b>spanac</b>
stinging nettle	<b>despărțit</b>
strawberry	<b>căpșuni</b>
sulphites	<b>sulfiiți</b>
sulphur dioxide	<b>dioxid de sulf</b>
sunflower seed	<b>semințe de floarea</b> <b>soarelui</b>
sweet chestnut	<b>castane</b>
tarragon	<b>tarhon</b>
thyme	<b>cimbru</b>
tomato	<b>roșii</b>
trout	<b>crap</b>
tuna fish	<b>ton</b>
vanilla	<b>vanilie</b>
walnut	<b>nuci</b>
wheat	<b>grâu</b>
wine	<b>vin</b>



**GB**  
English



**RUS**  
Russian

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- Fish and products thereof
- Peanuts and products thereof
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Я аллергичен(а) на ...

cooked	варёный
dry	сушёный
fresh	свежий
raw	сырой
(baker's) yeast	дрожжи
alcohol	алкоголь
almond	миндаль
anchovy	анчоус
anise; aniseed	анис
apple	яблоко
apricot	абрикос
avocado	авокадо
banana	банан
barley	ячмень
basil	базилик
bean	фасоль
beef	говядина; телятина
beer	пиво
brazil nut	ядро американо-го ореха
broccoli	броколи
buckwheat	гречиха
cantaloupe	дыня
caraway	тмин
cardamom	кардамон
carrot	каротель
cashew nut	кешью
cayennepepper	стручковый перец
celery	сельдерей
cheese	сыр
cherry	черешня; вишня
chicken	куриное мясо
chicory	цикорий
chilipepper	стручковый перец
chocolate	шоколад
cinnamon	корица
cocoa powder	какао
coconut	кокос
cod	треска
coriander	кориандр

cornflour; cornstarch	кукуруза
crab	краб
crab	рак
cucumber	огурец
curry	карри
date	финик
dill	укроп
egg	яйцо
escargot	виноградная улитка
fennel seed	фэнхель(семя)
fig	инжир
fish	рыба
flour	мука
garlic	чеснок
gherkin	огурец
ginger	имбирь
gluten	глютен
grape	виноград
grapefruit	грейпфрут
haddock	пикша
hazelnut	лесной орех
herb	травы
herring	сельдь
honey	мед
kamut	камут
kiwi	киви
lamb	ягнёнок; барашек
lemon	лимон
lentil	чечевица
lobster	омар
lovage	любисток лекарственный
macadamia nut	австралийский орех
mackerel	макрель
mango	манго
marjoram	майоран
marzipan	марципан
meat	мясо
melon	дыня
milk (cow)	молоко (коровье)
mugwort	полынь
mushroom	шампиньон
mussel	мидия; ракушка
mustard	горчица
mutton	баранина
nut	орех
nutmeg	мускатный орех
oats	овес
onion	лук
orange	апельсин
oregano	ореган
oyster	устрица
papaya; pawpaw	папайя
paprika	перец
parsley	петрушка

pea	горошина
peach	персик
peanut	орех
pear	груша
pecan nut	орех пекана
pepper	болгарский перец; черный перец
peppermint	перечная мята
perch	окунь
pineapple	ананас
pistachio	фисташка
plum	слива
poppy; poppy seed	мак
pork	свинина
potato	картофель
prawn	креветка
quince	айва
rice	рис
rye	рожь
sage	шалфей
salmon	лосось
sesame seeds	сезамное семя
shrimp	креветка
soybeans; soya bean	соевый боб
spelt	разновидность пшеницы
spice	приправа
spinach	шпинат
stinging nettle	крапива
strawberry	клубника
sulphites	сульфит
sulphur dioxide	диоксид серы
sunflower seed	семечки
sweet chestnut	каштан
tarragon	эстрагон; тархун
thyme	чабрец; тимьян
tomato	помидор
trout	форель
tuna fish	тунец
vanilla	ваниль
walnut	грецкий орех
wheat	пшеница
wine	вино
yeast	дрожжи



**GB**  
English



**S**  
Swedish

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- Fish and products thereof
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- Soybeans and products thereof
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- Molluscs and products thereof

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*Jag är allergisk mot ...*

cooked	<b>kokt</b>
dry	<b>torkad</b>
fresh	<b>fräsch</b>
raw	<b>rå</b>
(baker's) yeast	<b>jäst; botten-sats; drägg</b>
alcohol	<b>alkohol</b>
almond	<b>mandel</b>
anchovy	<b>ansjovis</b>
anise; aniseed	<b>anis</b>
apple	<b>äpple</b>
apricot	<b>aprikos</b>
avocado	<b>avocado</b>
banana	<b>banan</b>
barley	<b>korn</b>
basil	<b>basilika</b>
bean	<b>böna</b>
beef	<b>nötkött; oxkött</b>
beer	<b>öl</b>
brazil nut	<b>paranöt</b>
broccoli	<b>broccoli</b>
buckwheat	<b>bovete</b>
cantaloupe	<b>melon</b>
caraway	<b>kummin</b>
cardamom	<b>kardemumma</b>
carrot	<b>morot; karott</b>
cashew nut	<b>cashewnöt</b>
cayennepepper	<b>chilipeppar</b>
celery	<b>selleri</b>
cheese	<b>ost</b>
cherry	<b>körsbär</b>
chicken	<b>kyckling</b>
chicory	<b>cikoria</b>
chilipepper	<b>chilipeppar</b>
chocolate	<b>choklad</b>
cinnamon	<b>kanel</b>
cocoa powder	<b>kakao</b>
coconut	<b>kokosnöt</b>
cod	<b>kabeljo; torsk</b>
coriander	<b>koriander</b>

cornflour; cornstarch	<b>majsmjöl</b>
crab	<b>krabba; räk</b>
crab	<b>kräfta</b>
cucumber	<b>gurka</b>
curry	<b>curry</b>
date	<b>dadel</b>
dill	<b>dill</b>
egg	<b>ägg-; ett</b>
escargot	<b>vinbergssnäcka</b>
fennel seed	<b>fänkål</b>
fig	<b>fikon</b>
fish	<b>fisk</b>
flour	<b>mjöl</b>
garlic	<b>vitlök</b>
gherkin	<b>gurka</b>
ginger	<b>ingefära</b>
gluten	<b>blåvåppling; gluten</b>
grape	<b>druva; vindruva</b>
grapefruit	<b>grapefrukt</b>
haddock	<b>kolja</b>
hazelnut	<b>hasselnöt</b>
herb	<b>kryddor</b>
herring	<b>strömming; sill</b>
honey	<b>honung</b>
kamut	<b>kamut</b>
kiwi	<b>kiwi</b>
lemon	<b>citron</b>
lentil	<b>linser</b>
lobster	<b>lummer</b>
lovage	<b>libbsticka</b>
macadamia nut	<b>makadamianöt</b>
mackerel	<b>makrill</b>
mango	<b>mango</b>
marjoram	<b>mejram</b>
marzipan	<b>marsipan; mandel-massa</b>
meat	<b>kött</b>
melon	<b>melon</b>
milk (cow)	<b>mjök (ko)</b>
mugwort	<b>gräbo</b>
mushroom	<b>champinjon</b>
mussel	<b>mussla</b>
mustard	<b>senap</b>
mutton	<b>fårkött</b>
nut	<b>nöt</b>
nutmeg	<b>muskot; muskotnöt</b>
oats	<b>havre</b>
onion	<b>lök</b>
orange	<b>apelsin; orange</b>
oregano	<b>oregano</b>
oyster	<b>ostron</b>
papaya; pawpaw	<b>papaya</b>
paprika	<b>paprika</b>
pea	<b>ärta</b>
peach	<b>persika</b>

peanut	<b>jordnöt</b>
pear	<b>päron</b>
pecan nut	<b>pekannöt</b>
pepper	<b>paprika; peppar</b>
peppermint	<b>pepparmint; peppar-mynta</b>
perch	<b>aborre</b>
pineapple	<b>ananas</b>
pistachio	<b>pistasch; pistacie</b>
plaice	<b>rödspätta</b>
plum	<b>pplommon</b>
poppy; poppy seed	<b>vallmo</b>
pork	<b>fläskkött</b>
potato	<b>potatis</b>
prawn	<b>räka</b>
quince	<b>kvitten(frukt)</b>
rice	<b>ris</b>
rye	<b>råg</b>
sage	<b>salvia; kryddsalvia</b>
salmon	<b>lax</b>
sesame seeds	<b>sesam</b>
shrimp	<b>räka</b>
soybeans; soya bean	<b>sojaböna</b>
spelt	<b>spält</b>
spice	<b>kryddor</b>
spinach	<b>spenat</b>
stinging nettle	<b>brännässla</b>
strawberry	<b>jordgubbe</b>
sulphites	<b>sulfit</b>
sulphur dioxide	<b>svaveldioxid</b>
sunflower seed	<b>solrosfrö</b>
sweet chestnut	<b>äkta; kastanj</b>
tarragon	<b>dragon</b>
thyme	<b>timjan; trädgård-stimjan</b>
tomato	<b>tomat</b>
trout	<b>forell</b>
tuna fish	<b>tonfisk</b>
vanilla	<b>vanilj</b>
walnut	<b>valnöt</b>
wheat	<b>vete</b>
wine	<b>vin</b>
yeast	<b>jäst; botten-sats; drägg</b>





GB

English



SK

Slovakian

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Mám alergiu na ...

cooked	varený
dry	sušený
fresh	čerstvý
raw	surový
(sea) mussel	slávka jedlá
alcohol	alkohol
almond	mandle
anchovy	sardela
anise; aniseed	aníz
apple	jablko
apricot	marhuľa
avocado	avokádo
banana	banán
barley	jačmeň
basil	bazalka
bean	fazuľa
beef	hovädzie mäso
beer	pivo
brazil nut	para orech
broccoli	brokolica
buckwheat	pohánka
caraway	kmin
cardamom	kardamón
carrot	karotka
cashew nut	kešu orech
cayennepepper	čili korenie
celery	celer
cheese	syr
cherry	čerešne
chicken	kuracie mäso
chicory	čakanka (obyčajná)
chillipepper	čili korenie
chocolate	čokoláda
cinnamon	škoricca
cocoa powder	kakao
coconut	kokosový orech
cod	treska
coriander	koriander
cornflour	kukurličná múka
crab	krab

crab	rak
cucumber	uhorka
curry	kari
date	datle
dill	kôpor
egg	vajíčko
escargot	slimák záhradný
fennel seed	fenykel
fig	figy
fish	ryba
flour	múka
garlic	cesnak
gherkin	uhorka-nakladačka
ginger	d'umbier; zázvor
gluten	lepok
grape	hrozno
grapefruit	grepfruit
haddock	treska
hazelnut	lieskový orech
herb	byliny
herring	sleď
honey	med
kamut	kamut
kiwi	kiwi
lamb	jahňacie mäso
lemon	citrón
lentil	šošovica
lobster	homár; morský krab
lovage	ligurček lekársky
macadamia nut	orechy makadamie
mackerel	makrela
mango	mango
marjoram	majoránka
marzipan	marcipán
meat	mäso
melon	melón
milk (cow)	mlieko (kravské)
mugwort	palina
mushroom	šampiňón
mussel	mušle
mustard	horčica
mutton	ovčie mäso
nut	orech
nutmeg	muškátový orech
oats	ovos
onion	cibuľa
orange	pomaranč
oregano	oregáno
oyster	ustrica
papaya; pawpaw	papája
paprika	paprika (korenie)
parsley	petržlen
pea	hrach
peach	broskyňa
peanut	burský oriešok

pear	hruška
pecan nut	pekanový orech
pepper	paprika (struk)
pepper	čierne korenie
peppermint	mäta pieporná
perch	ostriež
pineapple	ananás
pistachio	pistácie
plaice	platesa
plum	slivka
poppy; poppy seed	mak
pork	bravčové mäso
potato	zemiaky
prawn	kreveta
quince	dula
rice	ryža
rye	raž
sage	šalvia
salmon	losos
sesame seeds	sezamové semienka
shrimp	kreveta
soybeans; soya bean	sója
spelt	pšenica špaldová
spice	koreniny
spinach	špenát
stinging nettle	(pálivá) žihľava
strawberry	jahoda
sulphites	sulfit
sulphur dioxide	oxid siričitý
sunflower seed	slnčnicové semienka
sweet chestnut	jedlý gaštan
tarragon	estragón; palina dračia
thyme	tymián
tomato	paradajka
trout	pstruh
tuna fish	tuniak
vanilla	vanilka
walnut	vlašský orech
wheat	pšenica
wine	víno
yeast	droždie; kvasnice



**GB**  
English



**SLO**  
Slovenian

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### Alergičen se na ...

cooked	kuhan
<b>dry</b>	<b>suh</b>
fresh	svež
<b>raw</b>	<b>surov</b>
(sea) mussel	dagnje
alcohol	alkohol
<b>almond</b>	<b>mandelj</b>
anchovy	inčun
anise; aniseed	janež
apple	jabolko
apricot	marelica
avocado	avokado
banana	banana
<b>barley</b>	<b>ječmen</b>
basil	bazilika
bean	fižol
beef	govedina
beer	pivo
<b>brazil nut</b>	<b>Brazilski orešček</b>
broccoli	brokoli
buckwheat	ajda
caraway	kumina
cardamom	kardamom
carrot	korenje
cashew	cashew
<b>nut</b>	<b>oreh; lešnik</b>
cayennepepper	kajenski poper
<b>celery</b>	<b>zelena</b>
cheese	sir
cherry	češnja
chicken	piščančje meso
chicory	radič
chicory	radič; cikorija
chillipepper	pekoča paprika
chocolate	čokolada
cinnamon	cimet
cocoa powder	kakav v prahu
coconut	kokos
cod	polenovka
coriander	koriander
cornflour	koruzna moka

crab	rakovica
<b>crab</b>	<b>rakovica</b>
cucumber	kumara
curry	curry
date	datelj
dill	koper
<b>egg</b>	<b>jajce</b>
escargot	??
fennel seed	janež (semena)
fig	figa
<b>fish</b>	<b>riba</b>
<b>flour</b>	<b>moka</b>
garlic	česen
gherkin	kisla kumarica
ginger	ingver
<b>gluten</b>	<b>rastlinsko lepilo</b>
grape	grozdje
grapefruit	grenivka
haddock	vahnja
<b>hazelnut</b>	<b>lešnik</b>
herb	zelišče
herring	slanik
honey	med
<b>kamut</b>	<b>kamut</b>
kiwi	kivi
lamb	jagnje; jagnjetina
lemon	limona
lentil	leča
lobster	jastog
lovage	luštrk
<b>macadamia nut</b>	<b>makadmija</b>
mackerel	skuša
mango	mango
marjoram	majaron
marzipan	marcipan
meat	meso
melon	melona
<b>milk (cow)</b>	<b>mleko</b>
mugwort	pelin
mushroom	goba
mushroom	goba
mussel	dagnje
<b>mustard</b>	<b>gorčica</b>
mutton	ovčatina
<b>nut</b>	<b>oreh; lešnik</b>
nutmeg	muškatni orešček
<b>oats</b>	<b>sušilnica za hmelj; hmeljnica</b>
onion	čebula
orange	pomaranča
oregano	origano
oyster	ostriga
papaya; pawpaw	papaja; melonovec
paprika	paprika
parsley	petersilj

pea	grah
peach	breskev
<b>peanut</b>	<b>kikiriki</b>
pear	hruška
<b>pecan nut</b>	<b>ameriški oreh</b>
pepper	feferon
pepper	poper
peppermint	poprova meta
perch	ostriž
pineapple	ananas
<b>pistachio</b>	<b>pistacija</b>
plaice	morksi list
plum	sliva
poppy; poppy seed	mak v zrnju
pork	svinjina
potato	krompir
prawn	kozica
quince	kutina
rice	riž
<b>rye</b>	<b>rženo žganje</b>
sage	žajblej
salmon	losos
<b>sesame seeds</b>	<b>sezamova semena</b>
shrimp	kozica
<b>soybeans; soya bean</b>	<b>soja</b>
spelt	pira
spice	začimba
spinach	špinača
stinging nettle	pekoča kopriva
strawberry	rdeča jagoda
<b>sulphites</b>	<b>sulfit</b>
sulphur dioxide	žveplov dioksid
sunflower seed	sončnično seme
sweet chestnut	užitni kostanj
tarragon	pehtran
thyme	timijan
tomato	paradižnik
trout	postrv
tuna fish	tunina
vanilla	vanilija
<b>walnut</b>	<b>laški oreh</b>
wheat	pšenica
wine	vino
yeast	(pekovski) kvas



GB

English



TR

Turkish

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- Molluscs and products thereof

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... karşı alerjim var

cooked	<b>pişmiş</b>
dry	<b>kuru</b>
fresh	<b>taze</b>
raw	<b>çiğ</b>
(baker's) yeast	<b>maya</b>
alcohol	<b>alkol</b>
o almond	<b>badem</b>
anchovy	<b>hamsi</b>
anise; aniseed	<b>anason</b>
apple	<b>elma</b>
apricot	<b>kayısı</b>
avocado	<b>avokado</b>
banana	<b>muz</b>
o barley	<b>arpaunu</b>
basil	<b>fesleğen</b>
bean	<b>fasulye</b>
beef	<b>sığır (eti)</b>
beer	<b>bira</b>
o brazil nut	<b>Brezilya cevizi</b>
broccoli	<b>brokoli</b>
buckwheat	<b>karabuğday</b>
cantaloupe	<b>kavun; karpuz</b>
caraway	<b>kimyon</b>
cardamom	<b>kakule tohumu</b>
carrot	<b>havuç</b>
o cashew nut	<b>akaju cevizi</b>
cayennepepper	<b>acı kırmızı biber</b>
o celery	<b>kereviz</b>
cheese	<b>peynir</b>
cherry	<b>kiraz</b>
chicken	<b>piliçeti</b>
chicory	<b>frenk salatası</b>
chillipepper	<b>toz biber</b>
chocolate	<b>çikolata</b>
cinnamon	<b>tarçın</b>
cocoa powder	<b>kakao</b>
coconut	<b>hindistan cevizi</b>
cod	<b>küçük morina; morina</b>
o coriander	<b>kişniş</b>

cornflour; cornstarch	<b>mısırunu</b>
crab	<b>karides</b>
o crab	<b>yengeç</b>
cucumber	<b>hıyar</b>
curry	<b>curry; köri</b>
date	<b>hurma</b>
dill	<b>dereotu</b>
o egg	<b>yumurta</b>
escargot	<b>salyangoz</b>
fennel seed	<b>rezene</b>
fig	<b>incir</b>
o fish	<b>balık</b>
o flour	<b>un</b>
garlic	<b>sarımsak</b>
gherkin	<b>salatalık</b>
ginger	<b>zencefil</b>
o gluten	<b>glüten</b>
grape	<b>üzüm</b>
grapefruit	<b>greyfurt</b>
haddock	<b>mezgit</b>
o hazelnut	<b>findık</b>
herb	<b>ot</b>
herring	<b>ringa balığı</b>
honey	<b>bal</b>
o kamut	<b>kamut</b>
kiwi	<b>kivi</b>
lemon	<b>limon</b>
lentil	<b>mercimek</b>
lobster	<b>istakoz</b>
lovage	<b>selâm otu</b>
o macadamia nut	<b>Makadamy cevizi</b>
mackerel	<b>uskumru</b>
mango	<b>mango (hintkirazı)</b>
marjoram	<b>kekik otu; izmir kekiği; güveyik otu; kekikotu</b>
marzipan	<b>badem ezmesi</b>
meat	<b>et</b>
melon	<b>kavun; karpuz</b>
o milk (cow)	<b>süt (inek)</b>
mugwort	<b>misk otu</b>
mushroom	<b>mantar</b>
mussel	<b>midye</b>
o mustard	<b>hardal</b>
mutton	<b>koyun eti; kuzu (eti)</b>
o nut	<b>ceviz</b>
nutmeg	<b>küçük hindistan cevizi</b>
o oats	<b>yulaf</b>
onion	<b>soğan</b>
orange	<b>portakal</b>
oregano	<b>kekik otu</b>
oyster	<b>istiridye</b>
papaya; pawpaw	<b>papaya</b>
paprika	<b>biber</b>

parsley	<b>maydanoz</b>
pea	<b>bezelye</b>
peach	<b>şeftali</b>
o peanut	<b>fıstık</b>
pear	<b>armut</b>
o pecan nut	<b>Pekan cevizi; Pıkan</b>
pepper	<b>biber</b>
peppermint	<b>nane</b>
perch	<b>levrek</b>
pineapple	<b>ananas</b>
o pistachio	<b>antep fıstığı</b>
plaice	<b>yıldızlı pisi balığı</b>
plum	<b>erik</b>
poppy; poppy seed	<b>haşhaş</b>
pork	<b>domuz eti</b>
potato	<b>patates</b>
prawn	<b>karides</b>
quince	<b>ayva</b>
rice	<b>pirinç</b>
o rye	<b>çavdarunu</b>
sage	<b>adaçayı</b>
salmon	<b>som balığı</b>
o sesame seeds	<b>susam</b>
shrimp	<b>karides</b>
soybeans; soya bean	<b>soya fasulyesi</b>
spelt	<b>kılçıksız</b>
spice	<b>baharat</b>
spinach	<b>ıspanak</b>
stinging nettle	<b>ısırgan</b>
strawberry	<b>çilek</b>
sulphites	<b>sülfüt</b>
sulphur dioxide	<b>kükürt dioksit</b>
sunflower seed	<b>ay çekirdeği</b>
sweet chestnut	<b>kestane (yenir)</b>
tarragon	<b>tarhun</b>
thyme	<b>kekik</b>
tomato	<b>domates</b>
trout	<b>alabalık</b>
tuna fish	<b>ton balığı</b>
vanilla	<b>vanilya</b>
walnut	<b>ceviz</b>
wheat	<b>buğdayunu</b>
wine	<b>şarap</b>
yeast (baker's ...)	<b>maya</b>