



In the whole European Union the following ingredients must always be indicated on packed foods without exception.

- This is not valid for the following countries:
Russia, Turkey.

These ingredients are marked **blue** in the dictionary.

- Cereals containing gluten (wheat, barley, rye, oats, spelt, kamut or their hybridised strains) and products thereof
- Crustaceans and products thereof
- Eggs and products thereof
- Fish and products thereof
- Peanuts and products thereof
- Soybeans and products thereof
- Milk and products thereof (including lactose)
- Nuts i. e. Almond [*Amygdalus communis* L.], Hazelnut [*Corylus avellana*], Walnut [*Juglans regia*], Cashew [*Anacardium occidentale*], Brazil nut [*Bertholletia excelsa*], Pecan nut [*Carya illinoensis* (Wangenh.) K. Koch], Pistachio nut [*Pistacia vera*], Macadamia nut and Queensland nut [*Macadamia ternifolia*] and products thereof
- Celery and products thereof
- Mustard and products thereof
- Sesame seeds and products thereof
- Sulphur dioxide and sulphites at concentrations of more than 10 mg/kg or 10 mg/litre expressed as SO₂.
- Lupin and products thereof
- Molluscs and products thereof

You can create your personal allergy card with the help of this dictionary.

Аз съм алергичен към ...

cooked	сготвен
dry	сух
fresh	пресен
raw	суров
(sea) mussel	черна мида
alcohol	алкохол
almond	бадем
anchovy	ананас
anise; aniseed	анасон
apple	ябълка
apricot	кайсия
avocado	авокадо
banana	банан
barley	ечемик
basil	босилек
bean	фасул
beef	говеждо месо
beer	бира
brazil nut	бразилски триъг- лен орех
broccoli	броколи
buckwheat	елда
caraway	кимион
cardamom	кардамон подправка
carrot	морков
cashew nut	кашу
cayennepepper	чили
celery	целина
cheese	сирене; кашкавал
cherry	череша
chicken	птиче (пилешко)
chicory	цикория
chilipepper	много лют червен пипер
chocolate	шоколад
cinnamon	канела
cocoa powder	какао
coconut	кокосов орех
cod	треска риба; вид треска (риба)

coriander	кориандръ
cornflour	царевично брашно
crab	морски рак
crab	рак
cucumber	краставица
curry	къри
date	фурма
dill	копър
egg	яйце
escargot	градински охлюв
fennel seed	аптекарски копър
fig	смокия
fish	риба
flour	брашно
garlic	чесън
gherkin	краставица
ginger	джинджифил
gluten	глутен
grape	грозде
grapefruit	грейпфрут
haddock	вид треска (риба)
hazelnut	лешник
herb	подправка
herring	херинга
honey	мед
kamut	камут
kiwi	киви
lamb	агне
lemon	лимон
lentil	леща
lobster	омар
lovage	селим; левиштан
macadamia nut	макадемия ядка
mackerel	скуприя
mango	манго
marjoram	градински риган
marzipan	марципан
meat	месо
melon	пъпеш
milk (cow)	краве мляко
mugwort	див пелин
mushroom	гъби
mussel	миди
mustard	горчица
mutton	овнешко месо
nut	ядка
nutmeg	индийско орехче
oats	овес
onion	лук
orange	портокал
oregano	сушен риган
oyster	стрида
papaya; pawpaw	папая
paprika	червен пипер
parsley	магданоз

pea	грах
peach	праскова
peanut	фъстък
pear	круша
pecan nut	пекан (вид орех)
pepper	червен пипер; черен пипер
peppermint	мента
perch	костур
pineapple	аншоа
pistachio	шам фъстък
plaice	калкан
plum	слива
poppy; poppy seed	мак
pork	свинско месо
potato	картоф
prawn	едра скарида
quince	дюла
rice	ориз
rye	ръж
sage	градински чай
salmon	сьомга
sesame seeds	сусам
shrimp	скарида
soybeans; soya bean	соя
spelt	лимец
spice	подправка
spinach	спанак
stinging nettle	коприва
strawberry	ягода
sulphites	сулфит
sulphur dioxide	серен диоксит
sunflower seed	слънчогледови семки
sweet chestnut	кестен
tarragon	тарос
thyme	мащерка
tomato	домат
trout	пъстърва
tuna fish	риба тон
vanilla	ванилия
walnut	орех
wheat	пшеница
wine	вино
yeast	мая



GB
English



CZ
Czech

In the whole European Union the following ingredients must always be indicated on packed foods without exception.

- This is not valid for the following countries:
Russia, Turkey.

These ingredients are marked **blue** in the dictionary.

- Cereals containing gluten (wheat, barley, rye, oats, spelt, kamut or their hybridised strains) and products thereof
- Crustaceans and products thereof
- Eggs and products thereof
- Fish and products thereof
- Peanuts and products thereof
- Soybeans and products thereof
- Milk and products thereof (including lactose)
- Nuts i. e. Almond [*Amygdalus communis* L.], Hazelnut [*Corylus avellana*], Walnut [*Juglans regia*], Cashew [*Anacardium occidentale*], Brazil nut [*Bertholletia excelsa*], Pecan nut [*Carya illinoensis* (Wangenh.) K. Koch], Pistachio nut [*Pistacia vera*], Macadamia nut and Queensland nut [*Macadamia ternifolia*] and products thereof
- Celery and products thereof
- Mustard and products thereof
- Sesame seeds and products thereof
- Sulphur dioxide and sulphites at concentrations of more than 10 mg/kg or 10 mg/litre expressed as SO₂.
- Lupin and products thereof
- Molluscs and products thereof

You can create your personal allergy card with the help of this dictionary.

Mám alergii na ...

cooked	vařený
dry	sušený
fresh	čerstvý
raw	syrový
(sea) mussel	slávka jedlá
alcohol	alkohol
almond	mandle
anchovy	ančovička
anise; aniseed	anýz
apple	jablko
apricot	meruňka
avocado	avokádo
banana	banán
barley	ječmen
basil	bazalka
bean	fazole
beef	hovězí maso
beer	pivo
brazil nut	para ořech
broccoli	brokolice
buckwheat	pohanka
caraway	kmín
cardamom	kardamon
carrot	karotka; mrkev
cashew nut	kešu ořech
cayennepepper	kayenský pepř
celery	celer
cheese	sýr
cherry	třešně
chicken	kuřecí maso
chicory	čekanka obecná
chillipepper	kayenský pepř
chocolate	čokoláda
cinnamon	skořice
cocoa powder	kakao
coconut	kokosový ořech
cod	treska
coriander	koriandr
cornflour	kukuřičná mouka
crab	krab

crab	rak
cucumber	okurka
curry	kari
date	datle
dill	kopr
egg	vejce
escargot	hlemýžď' zahradní
fennel seed	fenyklóvé semínko; fenykl
fig	fík fish
flour	ryba
garlic	česnek
gherkin	okurka (nakládačka)
ginger	zázvor
gluten	lepek
grape	hroznové víno
grapefruit	grapefruit
haddock	treska
hazelnut	lískový ořech
herb	byliny
herring	slaneček
honey	med
kamut	kamut
kiwi	kiwi
lamb	jehněčí maso
lemon	citrón
lentil	čočka
lobster	humr
lovage	libeček lékařský
macadamia nut	ořechy makadamie
mackerel	makrela
mango	mango
marjoram	majoránka
marzipan	marcipán
meat	maso
melon	meloun
milk (cow)	mléko (kravské)
mugwort	pelyněk
mushroom	houba; žampion
mussel	mušle
mustard	hořčice
mutton	skopové maso
nut	ořech
nutmeg	muškátový ořech
oats	oves
onion	cibule
orange	pomeranč
oregano	oregáno
oyster	ústřice
papaya	papája
paprika	paprika
parsley	petržel
pawpaw	papája
pea	hrách

peach	broskev
peanut	burský oříšek
pear	hruška
pecan nut	pekanový ořech
pepper	paprika
pepper	pepř
peppermint	máta peprná
perch	okoun
pineapple	ananas
pistachio	pistácie
plaice	platýs
plum	švestka
poppy; poppy seed	mák
pork	vepřové maso
potato	brambory
prawn	garnát
quince	kdoule
rice	rýže
rye	žito
sage	šalvěj
salmon	losos
sesame seeds	sezamové semínko
shrimp	kreveta; garnát (mořský krab)
soybeans; soya bean	sója
spelt	špalda
spice	koření
spinach	špenát
stinging nettle	kopřiva; pálivá kopřiva
strawberry	jahoda
sulphites	sulfit
sulphur dioxide	oxid siřičitý
sunflower seed	slunečnicové semínko
sweet chestnut	jedlý kaštan
tarragon	estragon; pelyněk kozalec
thyme	tymián
tomato	rajče
trout	pstruh
tuna fish	tuňák
vanilla	vanilka
walnut	vlašský ořech
wheat	pšenice
wine	víno
yeast	droždí





GB
English



D
German

In the whole European Union the following ingredients must always be indicated on packed foods without exception.

- This is not valid for the following countries:
Russia, Turkey.

These ingredients are marked **blue** in the dictionary.

- Cereals containing gluten (wheat, barley, rye, oats, spelt, kamut or their hybridised strains) and products thereof
- Crustaceans and products thereof
- Eggs and products thereof
- Fish and products thereof
- Peanuts and products thereof
- Soybeans and products thereof
- Milk and products thereof (including lactose)
- Nuts i. e. Almond [Amygdalus communis L.], Hazelnut [Corylus avellana], Walnut [Juglans regia], Cashew [Anacardium occidentale], Brazil nut [Bertholletia excelsa], Pecan nut [Carya illinoensis (Wangenh.) K. Koch], Pistachio nut [Pistacia vera], Macadamia nut and Queensland nut [Macadamia ternifolia] and products thereof
- Celery and products thereof
- Mustard and products thereof
- Sesame seeds and products thereof
- Sulphur dioxide and sulphites at concentrations of more than 10 mg/kg or 10 mg/litre expressed as SO₂.
- Lupin and products thereof
- Molluscs and products thereof

You can create your personal allergy card with the help of this dictionary.

Ich habe eine Allergie gegen ...

cooked	gekocht
dry	getrocknet
fresh	frisch
raw	roh
(baker's) yeast	Hefe
alcohol	Alkohol
almond	Mandel
anchovy	An(s)chovis
anise; aniseed	Anis
apple	Apfel
apricot	Aprikose
avocado	Avocado
banana	Banane
barley	Gerste
basil	Basilikum
bean	Bohne
beef	Rindfleisch
beer	Bier
brazil nut	Paranuss
broccoli	Brokkoli
buckwheat	Buchweizen
cantaloupe	Melone
caraway	Kümmel
cardamom	Kardamom
carrot	Karotte; Möhre
cashew nut	Cashewnuss
cayennepepper	Chilipeffer
celery	Sellerie
cheese	Käse
cherry	Kirsche
chicken	Hühnerfleisch
chicory	Chicoree; Zichorie
chilipepper	Chilipeffer
chocolate	Schokolade
cinnamon	Zimt
cocoa powder	Kakao
coconut	Kokosnuss
cod	Dorsch; Kabeljau
coriander	Koriander
cornflour; cornstarch	Mais

crab	Krabbe; Krebstier
cucumber	Gurke
curry	Curry
date	Dattel
dill	Dill
egg	Ei
escargot	Weinbergsschnecke
fennel seed	Fenchel(samen)
fig	Feigen
fish	Fisch
flour	Mehl
garlic	Knoblauch
gherkin	Gurke
ginger	Ingwer
gluten	Gluten
grape	Weintraube
grapefruit	Grapefruit
haddock	Schellfisch
hazelnut	Haselnuss
herb	Kräuter
herring	Hering
honey	Honig
kamut	Kamut
kiwi	Kiwi
lemon	Zitrone
lentil	Linse
lobster	Hummer
lovage	Liebstockel
macadamia nut	Macadamianuss
mackerel	Makrele
mango	Mango
marjoram	Majoran
marzipan	Marzipan
meat	Fleisch
melon	Melone
milk (cow)	Milch (Kuh)
mugwort	Beifuss
mushroom	Champignon
mussel	Muschel; Miesmuschel
mustard	Senf
mutton	Hammelfleisch; Schafffleisch
nut	Nuss
nutmeg	Muskatnuss
oats	Hafer
onion	Zwiebel
orange	Apfelsine; Orange
oregano	Oregano
oyster	Auster
papaya; pawpaw	Papaya
paprika	Paprika (Gewürz)
parsley	Petersilie
pea	Erbse
peach	Pfirsich

peanut	Erdnuss
pear	Birne
pecan nut	Pekannuss
pepper	Pfeffer; Paprika (Schote)
peppermint	Pfefferminze
perch	Barsch
pineapple	Ananas
pistachio	Pistazie
plaice	Scholle
plum	Pflaume
poppy; poppy seed	Mohn
pork	Schweinefleisch
potato	Kartoffel
prawn	Garnele
quince	Quitte
rice	Reis
rye	Roggen
sage	Salbei
salmon	Lachs
sesame seeds	Sesam
shrimp	Garnele
soybeans; soya bean	Sojabohne
spelt	Dinkel
spice	Gewürze
spinach	Spinat
stinging nettle	Brennnessel
strawberry	Erdbeere
sulphites	Sulfite
sulphur dioxide	Schwefeldioxid
sunflower seed	Sonnenblumenkern
sweet chestnut	Esskastanie
tarragon	Estragon
thyme	Thymian
tomato	Tomate
trout	Forelle
tuna fish	Thunfisch
vanilla	Vanille
walnut	Walnuss
wheat	Weizen
wine	Wein
yeast	Hefe



GB
English



DK
Danish

In the whole European Union the following ingredients must always be indicated on packed foods without exception.

- This is not valid for the following countries:
Russia, Turkey.

These ingredients are marked **blue** in the dictionary.

- Cereals containing gluten (wheat, barley, rye, oats, spelt, kamut or their hybridised strains) and products thereof
- Crustaceans and products thereof
- Eggs and products thereof
- Fish and products thereof
- Peanuts and products thereof
- Soybeans and products thereof
- Milk and products thereof (including lactose)
- Nuts i. e. Almond [Amygdalus communis L.], Hazelnut [Corylus avellana], Walnut [Juglans regia], Cashew [Anacardium occidentale], Brazil nut [Bertholletia excelsa], Pecan nut [Carya illinoensis (Wangenh.) K. Koch], Pistachio nut [Pistacia vera], Macadamia nut and Queensland nut [Macadamia ternifolia] and products thereof
- Celery and products thereof
- Mustard and products thereof
- Sesame seeds and products thereof
- Sulphur dioxide and sulphites at concentrations of more than 10 mg/kg or 10 mg/litre expressed as SO₂.
- Lupin and products thereof
- Molluscs and products thereof

You can create your personal allergy card with the help of this dictionary.

Jeg er allergisk imod ...

cooked	kogt
dry	tørret
fresh	frisk
raw	rå
(baker's) yeast	gær
alcohol	alkohol
almond	mandel
anchovy	ansjos
anise; aniseed	anis
apple	æble
apricot	abrikos
avocado	avocado
banana	banan
barley	byg
basil	basilikum
bean	bønne
beef	oksekød
beer	øl
brazil nut	paranød
broccoli	broccoli
buckwheat	boghvede
cantaloupe	melon
caraway	kommen
cardamom	kardemomme
carrot	gulerod
cashew nut	cashewnød
cayennepepper	chilli
celery	selleri
cheese	ost
cherry	kirsebær
chicken	hønssekød
chicory	cikorie
chilipepper	chilli
chocolate	chokolade
cinnamon	kanel
cocoa powder	kakao
coconut	kokosnød
cod	torsk
coriander	koriander
cornflour; cornstarch	majs

crab	krabbe
crab	krebs
cucumber	agurk
curry	karry
date	daddel
dill	dild
egg	æg
escargot	vinbjergsnegl
fennel seed	fennikelfrø
fig	figen
fish	fisk
flour	mel
garlic	hvidløg
gherkin	agurk
ginger	ingefær
gluten	gluten
grape	vindrue
grapefruit	grapefrugt
haddock	kuller
hazelnut	hasselnød
herb	urter
herring	sild
honey	honning
kamut	kamut
kiwi	kiwi
lemon	citron
lentil	linse
lobster	hummer
lovage	løvstikke
macadamia nut	macadamianød
mackerel	makrel
mango	mango
marjoram	merian
marzipan	marcipan
meat	kød
melon	melon
milk (cow)	mælk (ko)
mugwort	grå bynke
mushroom	champignon
mussel	blåmusling; musling
mustard	sennep
mutton	fårekød
nut	nød
nutmeg	muskatnød
oats	havre
onion	løg
orange	appelsin
oregano	oregano
oyster	østers
papaya; pawpaw	papaya
paprika	paprika
parsley	persille
pea	ært
peach	fersken
peanut	jordnød

pear	pære
pecan nut	pekannød
pepper	peperfrukt; peber
peppermint	pebermynte
perch	aborre
pineapple	ananas
pistachio	pistacienød
plaice	rødspætte
plum	blomme
poppy; poppy seed	valmue
pork	svinekød
potato	kartoffel
prawn	rejer
quince	kvæde
rice	ris rye
sage	rug
salmon	salvie
sesame seeds	sesam
shrimp	rejer
soybeans; soya bean	soja
spelt	spelt
spice	krydderier
spinach	spinat
stinging nettle	stor nælde
strawberry	jordbær
sulphites	sulfit
sulphur dioxide	svovldioxid
sunflower seed	solsikkekerner
sweet chestnut	spiselig kastanje
tarragon	estragon
thyme	timian
tomato	tomat
trout	ørred
tuna fish	tun (tunfisk)
vanilla	vanille
walnut	valnød
wheat	hvede
wine	vin
yeast	gær





GB
English



E
Spanish

Soy alergico contra ...

cooked	cocinado
dry	seco
fresh	fresco
raw	crudo
(baker's) yeast	levadura
alcohol	alcohol
almond	almendra
anchovy	anchoa
anise; aniseed	anis
apple	manzana
apricot	albaricoque
avocado	aguacate
banana	plátano
barley	cebada
basil	albahaca
bean	alubia
beef	carne de vaca
beer	cerveza
brazil nut	castañas de Pará
broccoli	brócoli
buckwheat	trigo sarraceno
cantaloupe	melón
caraway	comino
cardamom	cardamomo
carrot	zanahoria
cashew nut	anacardos
cayennepepper	guindilla
celery	apio
cheese	queso
cherry	cereza
chicken	carne de gallina
chicory	achicoria
chilipepper	pimienta de cayena
chocolate	chocolate
cinnamon	canela
cocoa powder	cacao
coconut	coco
cod	bacalao
coriander	coriandro; cilantro
cornflour; cornstarch	maicena

crab	cangrejo
crab	crustáceos
cucumber	pepino
curry	curry
date	dátil
dill	eneldo
egg	huevo
escargot	caracol de viña
fennel seed	semilla del hinojo
fig	higos
fish	pescado
flour	harina
garlic	ajo
gherkin	pepino
ginger	jengibre
gluten	gluten
grape	uva
grapefruit	toronja
haddock	abadejo
hazelnut	avellana
herb	especies
herring	arenque
honey	miel
kamut	kamut
kiwi	kiwi
lemon	limón
lentil	lenteja
lobster	bogavante
lovage	ligústico
macadamia nut	nueces macadamia
mackerel	caballa
mango	mango
marjoram	mejorana
marzipan	mazapán
meat	carne
melon	melón
milk (cow)	leche
mugwort	artemisia
mushroom	chamiñon; zeta
mussel	almeja; mejillón
mustard	mostaza
mutton	carne de cordero
nut	nuez
nutmeg	nuez moscada
oats	avena
onion	cebolla
orange	naranja
oregano	orégano
oyster	ostra
papaya; pawpaw	papaya
paprika	pimentón
parsley	perejil
pea	guisante
peach	melocotón
peanut	cacahuetes

pear	pera
pecan nut	pacanas
pepper	pimienta
peppermint	hierbabuena
perch	cebada
pineapple	piña
pistachio	pistacho
plaice	platija
plum	ciruela
poppy; poppy seed	amapola
pork	carne de cerdo
potato	patata
prawn	gamba
quince	membrillo
rice	arroz
rye	centeno
sage	salvia
salmon	salmón
sesame seeds	granos de sésamo
shrimp	gamba
soybeans; soya bean	soja
spice	especia
spinach	espinaca
stinging nettle	ortiga
strawberry	fresa
sulphites	sulfitos
sulphur dioxide	anhidrido sulfuroso
sunflower seed	semilla de girasol
sweet chestnut	castaño
tarragon	estragón
thyme	tomillo
tomato	tomate
trout	trucha
tuna fish	atún
vanilla	vainilla
walnut	nueces de nogal
wheat	trigo
wine	vino
yeast	levadura

In the whole European Union the following ingredients must always be indicated on packed foods without exception.

- This is not valid for the following countries:
Russia, Turkey.

These ingredients are marked **blue** in the dictionary.

- Cereals containing gluten (wheat, barley, rye, oats, spelt, kamut or their hybridised strains) and products thereof
- Crustaceans and products thereof
- Eggs and products thereof
- Fish and products thereof
- Peanuts and products thereof
- Soybeans and products thereof
- Milk and products thereof (including lactose)
- Nuts i. e. Almond [Amygdalus communis L.], Hazelnut [Corylus avellana], Walnut [Juglans regia], Cashew [Anacardium occidentale], Brazil nut [Bertholletia excelsa], Pecan nut [Carya illinoensis (Wangenh.) K. Koch], Pistachio nut [Pistacia vera], Macadamia nut and Queensland nut [Macadamia ternifolia] and products thereof
- Celery and products thereof
- Mustard and products thereof
- Sesame seeds and products thereof
- Sulphur dioxide and sulphites at concentrations of more than 10 mg/kg or 10 mg/litre expressed as SO₂.
- Lupin and products thereof
- Molluscs and products thereof

You can create your personal allergy card with the help of this dictionary.



European Consumer Centre Germany /
Europäisches Verbraucherschutzzentrum Deutschland
Created by ECC Germany in Kiel
info@cec-zev.eu



GB
English



F
French

In the whole European Union the following ingredients must always be indicated on packed foods without exception.

- This is not valid for the following countries:
Russia, Turkey.

These ingredients are marked **blue** in the dictionary.

- Cereals containing gluten (wheat, barley, rye, oats, spelt, kamut or their hybridised strains) and products thereof
- Crustaceans and products thereof
- Eggs and products thereof
- Fish and products thereof
- Peanuts and products thereof
- Soybeans and products thereof
- Milk and products thereof (including lactose)
- Nuts i. e. Almond [Amygdalus communis L.], Hazelnut [Corylus avellana], Walnut [Juglans regia], Cashew [Anacardium occidentale], Brazil nut [Bertholletia excelsa], Pecan nut [Carya illinoensis (Wangenh.) K. Koch], Pistachio nut [Pistacia vera], Macadamia nut and Queensland nut [Macadamia ternifolia] and products thereof
- Celery and products thereof
- Mustard and products thereof
- Sesame seeds and products thereof
- Sulphur dioxide and sulphites at concentrations of more than 10 mg/kg or 10 mg/litre expressed as SO₂.
- Lupin and products thereof
- Molluscs and products thereof

You can create your personal allergy card with the help of this dictionary.

Je suis allergique à ...

cooked	cuit
dry	sec
fresh	frais / fraîche
raw	cru
(baker's) yeast	levure
alcohol	alcool
almond	amande
anchovy	anchois
anise; aniseed	anis
apple	pomme
apricot	abricot
avocado	avocat
banana	banane
barley	orge
basil	basilic
bean	haricot
beef	boeuf
beer	bière
brazil nut	noix du Brésil
broccoli	brocoli
buckwheat	sarrasin
cantaloupe	melon
caraway	cumin
cardamom	cardamome
carrot	carotte
cashew nut	noix de cajou
cayennepepper	chili
celery	céleri
cheese	fromage
cherry	cerise
chicken	poulet
chicory	chicorée
chilipepper	chili
chocolate	chocolat
cinnamon	cannelle
cocoa powder	cacao
coconut	noix de coco
cod	cabillaud
coriander	coriandre
cornflour; cornstarch	farine de maïs

crab	crabe
crab	crabe; écrevisse
cucumber	concombre
curry	curry
date	datte
dill	aneth
egg	oeuf
escargot	escargot
fennel seed	fenouil semence
fig	figue
fish	poisson
flour	farine
garlic	ail
gherkin	concombre
ginger	gingembre
gluten	gluten
grape	raisin
grapefruit	pamplemousse
haddock	églefin
hazelnut	noisette
herb	herbes
herring	hareng
honey	miel
kamut	kamut
kiwi	kiwi
lemon	citron
lentil	lentilles
lobster	homard
lovage	livèche
macadamia nut	noix de Macadamia
mackerel	maquereau
mango	mangue
marjoram	marjolaine
marzipan	massepain
meat	viande
melon	melon
milk (cow)	lait (vache)
mugwort	armoise
mushroom	champignon
mussel	moule; palourde
mustard	moutarde
mutton	agneau; mouton
nut	fruits à coques
nutmeg	noix muscade
oats	avoine
onion	oignon
orange	orange
oregano	origan
oyster	huître
papaya; pawpaw	papaye
paprika	piment
parsley	persil
pea	pois
peach	pêche
peanut	arachides

pear	poire
pecan nut	noix de pécan
pepper	piment; poivre
peppermint	menthe
perch	perchaude
pineapple	ananas
pistachio	pistaches
plaice	plie
plum	prune
poppy; poppy seed	pavot
pork	porc
potato	pomme de terre
prawn	crevette
quince	coing
rice	riz
rye	seigle
sage	sauge
salmon	saumon
sesame seeds	graines de sésame
shrimp	crevette
soybeans; soya bean	soja
spelt	épeautre
spice	épice
spinach	épinard
stinging nettle	ortie
strawberry	fraise
sulphites	sulfites
sulphur dioxide	anhydride sulfureux
sunflower seed	graine de tournesol
sweet chestnut	marron
tarragon	estragon; herbe dragonne
thyme	thym
tomato	tomate
trout	truite
tuna fish	thon
vanilla	vanille
walnut	noix
wheat	blé
wine	vin
yeast	levure





GB
English



FIN
Finnish

In the whole European Union the following ingredients must always be indicated on packed foods without exception.

- This is not valid for the following countries:
Russia, Turkey.

These ingredients are marked **blue** in the dictionary.

- Cereals containing gluten (wheat, barley, rye, oats, spelt, kamut or their hybridised strains) and products thereof
- Crustaceans and products thereof
- Eggs and products thereof
- Fish and products thereof
- Peanuts and products thereof
- Soybeans and products thereof
- Milk and products thereof (including lactose)
- Nuts i. e. Almond [Amygdalus communis L.], Hazelnut [Corylus avellana], Walnut [Juglans regia], Cashew [Anacardium occidentale], Brazil nut [Bertholletia excelsa], Pecan nut [Carya illinoensis (Wangenh.) K. Koch], Pistachio nut [Pistacia vera], Macadamia nut and Queensland nut [Macadamia ternifolia] and products thereof
- Celery and products thereof
- Mustard and products thereof
- Sesame seeds and products thereof
- Sulphur dioxide and sulphites at concentrations of more than 10 mg/kg or 10 mg/litre expressed as SO₂.
- Lupin and products thereof
- Molluscs and products thereof

You can create your personal allergy card with the help of this dictionary.

Minulla on ... allergia ...

cooked	keitetty
dry	kuiva
fresh	tuore
raw	raaka
(baker's) yeast	hiiva
alcohol	alkoholi
almond	manteli
anchovy	anjovis
anise; aniseed	anis
apple	omena
apricot	aprikoosi
avocado	avokado
banana	banaani
barley	ohra
basil	basilika
bean	papu
beef	naudanliha
beer	olut
brazil nut	parapähkinä
broccoli	parsakaali
buckwheat	tattari
cantaloupe	meloni
caraway	kumina
cardamom	kardemumma
carrot	porkkana
cashew nut	cashewpähkinä
cayennepepper	cayennepippuri
celery	selleri
cheese	juusto
cherry	kirsikka
chicken	kananliha
chicory	sikuri
chilipepper	cayennepippuri
chocolate	suklaa
cinnamon	kaneli
cocoa powder	kaakao
coconut	kookospähkinä
cod	turska
coriander	korianteri
cornflour; cornstarch	maissijauho

crab	katkarapu
crab	äyriäiset; rapu
cucumber	kurkku
curry	curry
date	taateli
dill	tilli
egg	kananmuna; muna
escargot	viinimäkikotilo
fennel seed	fenkoli
fig	viikuna
fish	kala
flour	jauho
garlic	valkosipuli
gherkin	kurkku
ginger	inkivääri
gluten	gluteeni
grape	viinirypäle
grapefruit	greippi
haddock	kolja
hazelnut	hasselpähkinä
herb	yrtti
herring	silakka; silli
honey	hunaja
kamut	kamut-vehnä
kiwi	kiivi
lamb	lammas
lemon	sitruuna
lentil	linssi
lobster	hummeri
lovage	liperi
macadamia nut	macadamianut
mackerel	makrilli
mango	mango
marjoram	meirami
marzipan	marsipaani
meat	liha
melon	meloni
milk (cow)	maito (lehmän)
mugwort	maruna; pujo
mushroom	herkkusieni
mussel	sinisimpukka; simpukka
mustard	sinappi
mutton	lampaanliha
nut	pähkinä
nutmeg	muskottipähkinä
oats	kaura
onion	sipuli
orange	appelsiini
oregano	mäkimeirami; oregano
oyster	osteri
papaya; pawpaw	papaija
paprika	paprika
parsley	persilja

pea	herne
peach	persikka
peanut	maapähkinä
pear	päärynä
pecan nut	pekaanipähkinä
pepper	paprika
peppermint	piparminttu
perch	ahven
pineapple	ananas
pistachio	(manteli)pistaasi
plaice	punakampela
plum	luumu
poppy; poppy seed	unikko; unikonsiemen
pork	sianliha
potato	peruna
prawn	katkarapu
quince	kvitteni
rice	riisi
rye	ruis
sage	salvia
salmon	lohi
sesame seeds	seesaminsien
shrimp	katkarapu
soybeans; soya bean	soija
spelt	speltti
spice	mauste
spinach	pinaatti
stinging nettle	nokkonen
strawberry	mansikka
sulphites	sulfiitti
sulphur dioxide	rikkidioksidi
sunflower seed	auringonkukan siemen
sweet chestnut	jalokastanja
tarragon	rakuuna
thyme	tarha-ajuruoho; timjami
tomato	tomaatti
trout	taimen
tuna fish	tonnikala
vanilla	vanilja
walnut	saksanpähkinä
wheat	vehnä
wine	viini
yeast	hiiva





GB
English



GR
Greek

In the whole European Union the following ingredients must always be indicated on packed foods without exception.

- This is not valid for the following countries:
Russia, Turkey.

These ingredients are marked **blue** in the dictionary.

- Cereals containing gluten (wheat, barley, rye, oats, spelt, kamut or their hybridised strains) and products thereof
- Crustaceans and products thereof
- Eggs and products thereof
- Fish and products thereof
- Peanuts and products thereof
- Soybeans and products thereof
- Milk and products thereof (including lactose)
- Nuts i. e. Almond [Amygdalus communis L.], Hazelnut [Corylus avellana], Walnut [Juglans regia], Cashew [Anacardium occidentale], Brazil nut [Bertholletia excelsa], Pecan nut [Carya illinoensis (Wangenh.) K. Koch], Pistachio nut [Pistacia vera], Macadamia nut and Queensland nut [Macadamia ternifolia] and products thereof
- Celery and products thereof
- Mustard and products thereof
- Sesame seeds and products thereof
- Sulphur dioxide and sulphites at concentrations of more than 10 mg/kg or 10 mg/litre expressed as SO₂.
- Lupin and products thereof
- Molluscs and products thereof

You can create your personal allergy card with the help of this dictionary.

Έχω αλλεργία στη ...

cooked	μαγειρευτός
dry	στεγνός
fresh	φρέσκος
raw	ωμός
(baker's) yeast	ζύμη, μαγιά
alcohol	οινόπνευμα
almond	αμύγδαλο
anchovy	αντσούγια
anise; aniseed	γλυκάνισο
apple	μήλο
apricot	βερικόκο
avocado	αβοκάντο
banana	μπανάνα
barley	κριθάρι
basil	βασιλικός
bean	φασόλι
beef	βοδινό κρέας
beer	μπίρα
brazil nut	καρύδι Βραζιλίας
broccoli	μπρόκολο
buckwheat	φαγόπυρον
cantaloupe	πεπόνι
caraway	κύμινο
cardamom	κάρδαμο
carrot	καρότο
cashew nut	καρύδια ανακαρδιω- δών
cayennepepper	πιπέρι καγιέν
celery	σέλινο
cheese	τυρί
cherry	κεράσι
chicken	κοτόπουλο
chicory	κιχώριο; πικρομάρουλο
chilipepper	πιπέρι καγιέν
chocolate	σοκολάτα
cinnamon	κανέλα
cocoa powder	κακάο
coconut	καρύδα

cod	μπακαλιάρος
coriander	κόλιαντρο
cornflour; cornstarch	αραβόσιτος; καλαμπόκι
crab	καβούρι
crab	καραβίδα
cucumber	αγγούρι
curry	κάρι
date	χουρμάς
dill	άνηθος
egg	αβγό
escargot	σαλιγκάρι
fennel seed	μάραθο
fig	σύκο
fish	ψάρι
flour	αλεύρι
garlic	σκόρδο
gherkin	αγγούρι
ginger	πιπερόριζα; ζιγγίβερι
gluten	γλουτένη
grape	σταφύλι
grapefruit	γκρέϊφφρουτ
haddock	μπακαλιάρος
hazelnut	φουντούκι
herb	βότανο
herring	ρέγγα
honey	μέλι
kamut	kamut
kiwi	ακτινίδιο
lemon	λεμόνι
lentil	φακές
lobster	αστακός
lovage	λεβιστικό
macadamia nut	καρποί μακαδαμίας
mackerel	σκουμπρί
mango	μάνγκο
marjoram	μαντζουράνα
marzipan	αμυγδαλωτό
meat	κρέας
melon	πεπόνι
milk (cow)	Γάλα (αγελαδινό)
mugwort	αψίνθιο; λεβιθόχορτο
mushroom	μανιτάρι
mussel	κοχύλι mustard μουστάρδα
mutton	πρόβειο κρέας
nut	ξηροί καρποί
nutmeg	μοσχοκάρυδο
oats	βρώμη
onion	κρεμμύδι
orange	πορτοκάλι
oregano	ρίγανη

oyster	στρείδι
papaya; pawpaw	παπάγια
paprika	πάπρικα
parsley	μαϊντανός
pea	μπιζέλι
peach	ροδάκινο
peanut	αράπικα φιστίκια
pear	αχλάδι; απίδι
pecan nut	καρπός πεκάν
pepper	πάπρικα; πιπέρι
peppermint	μέντα
perch	πέρκα
pineapple	ανανάς
pistachio	φυστίκι
plaice	γλώσσα
plum	δαμάσκηνο
poppy; poppy seed	παπαρούνα
pork	χοιρινό κρέας
potato	πατάτα
prawn	γαρίδα
quince	κυδώνι
rice	ρύζι
rye	σίκαλη
sage	φασκόμηλο; βουνίσιο
salmon	σολομός
sea mussel	μύδια
sesame seeds	σουσάμι
shrimp	γαρίδα
soybeans; soya bean	σόγια
spelt	σίτος σπέλτα
spice	καρύκευμα
spinach	σπανάκι
stinging nettle	τσουκνίδα
strawberry	φράουλα
sulphites	θειώδες άλας
sulphur dioxide	διοξειδίο του θείου
sunflower seed	ηλιόσπορος
sweet chestnut	κάστανο
tarragon	εστραγκόν
thyme	θυμάρι
tomato	ντομάτα
trout	πέστροφα
tuna fish	τόνος
vanilla	βανίλια
walnut	καρύδι
wheat	σιτάρι
wine	κρασί
yeast	ζύμη; μαγιά





GB

English



H

Hungarian

In the whole European Union the following ingredients must always be indicated on packed foods without exception.

- This is not valid for the following countries:
Russia, Turkey.

These ingredients are marked **blue** in the dictionary.

- Cereals containing gluten (wheat, barley, rye, oats, spelt, kamut or their hybridised strains) and products thereof
- Crustaceans and products thereof
- Eggs and products thereof
- Fish and products thereof
- Peanuts and products thereof
- Soybeans and products thereof
- Milk and products thereof (including lactose)
- Nuts i. e. Almond [Amygdalus communis L.], Hazelnut [Corylus avellana], Walnut [Juglans regia], Cashew [Anacardium occidentale], Brazil nut [Bertholletia excelsa], Pecan nut [Carya illinoensis (Wangenh.) K. Koch], Pistachio nut [Pistacia vera], Macadamia nut and Queensland nut [Macadamia ternifolia] and products thereof
- Celery and products thereof
- Mustard and products thereof
- Sesame seeds and products thereof
- Sulphur dioxide and sulphites at concentrations of more than 10 mg/kg or 10 mg/litre expressed as SO₂.
- Lupin and products thereof
- Molluscs and products thereof

You can create your personal allergy card with the help of this dictionary.

Allergiás vagyok ...

cooked	főzött
dry	száritott / aszalt
fresh	friss
raw	hyers
(sea) mussel	feketekagyló
alcohol	alkohol
almond	mandula
anchovy	szardella
anise; aniseed	anizs
apple	alma
apricot	sárgabarack
avocado	avokádó
banana	banán
barley	árpa
basil	bazsalikom
bean	bab
beef	marhahús
beer	sör
brazil nut	brazildió
broccoli	brokkoli
buckwheat	hajdina
caraway	köménymag
cardamom	kardamom
carrot	sárgarépa
cashew nut	kesudió
cayennepepper	cayenne-i bors
celery	zeller
cheese	sajt
cherry	cseresznye
chicken	tyúkhús
chicory	cikória
chilipepper	cayenne-i bors
chocolate	csokoládé
cinnamon	fahéj
cocoa powder	kakaó
coconut	kókuszdió
cod	tőkehal
coriander	koriander
cornflour	kukorica
crab	rák

crab	rák
cucumber	uborka
curry	curry
date	datolya
dill	kapor
egg	tojás
escargot	éti csiga
fennel seed	édeskömény
fig	füge
fish	hal
flour	liszt
garlic	fokhagyma
gherkin	apró uborka
ginger	gyömbér
gluten	sikér; sikértartalmú
grape	szőlő
grapefruit	grapefruit
haddock	foltos tőkehal
hazelnut	mogyoró
herb	fűszer
herring	hering
honey	méz
kamut	kamut
kiwi	kivi
lamb	bárány
lemon	citrom
lentil	lencse
lobster	homár
lovage	lestyán
macadamia nut	macadámia dió
mackerel	makréla
mango	mangó
marjoram	majoranna
marzipan	marcipán
meat	hús
melon	dinnye
milk (cow)	tej (tehén)
mugwort	fekete üröm
mushroom	csiperkegomba
mussel	kagyló
mustard	mustár
mutton	juhús
nut	dió
nutmeg	szerecsendió
oats	zab
onion	vöröshagyma
orange	narancs
oregano	oregánó
oyster	osztriga
papaya	papaja
paprika	fűszerpaprika
parsley	petrezselyem
pawpaw	papaja
pea	borsó
peach	barack; őszibarack

peanut	földimogyoró
pear	körte
pecan nut	pekándió
pepper	paprika
pepper	bors
peppermint	borsmenta
perch	sügér
pineapple	ananasz
pistachio	pisztácia
plaice	síma lepényhal
plum	szilva
poppy; poppy seed	mák; kerti mák
pork	sertéshús
potato	burgonya
prawn	garnélarák
quince	birsalma
rice	rizs
rye	rozsa
sage	orvosi zsálya
salmon	lazac
sesame seeds	szezámag
shrimp	garnélarák
soybeans; soya bean	szójabab
spelt	tönkölybúza
spice	fűszer
spinach	paraj
stinging nettle	csalán
strawberry	földieper; szamóca
sulphites	szulfitok
sulphur dioxide	kéndioxid
sunflower seed	napraforgómag
sweet chestnut	szelídgesztenye
tarragon	tárkony
thyme	kakukkfű
tomato	paradicsom
trout	pisztráng
tuna fish	tonhal
vanilla	vanília
walnut	dió
wheat	búza
wine	bor
yeast	élesztő





GB
English



I
Italian

In the whole European Union the following ingredients must always be indicated on packed foods without exception.

- This is not valid for the following countries:
Russia, Turkey.

These ingredients are marked **blue** in the dictionary.

- Cereals containing gluten (wheat, barley, rye, oats, spelt, kamut or their hybridised strains) and products thereof
- Crustaceans and products thereof
- Eggs and products thereof
- Fish and products thereof
- Peanuts and products thereof
- Soybeans and products thereof
- Milk and products thereof (including lactose)
- Nuts i. e. Almond [Amygdalus communis L.], Hazelnut [Corylus avellana], Walnut [Juglans regia], Cashew [Anacardium occidentale], Brazil nut [Bertholletia excelsa], Pecan nut [Carya illinoensis (Wangenh.) K. Koch], Pistachio nut [Pistacia vera], Macadamia nut and Queensland nut [Macadamia ternifolia] and products thereof
- Celery and products thereof
- Mustard and products thereof
- Sesame seeds and products thereof
- Sulphur dioxide and sulphites at concentrations of more than 10 mg/kg or 10 mg/litre expressed as SO₂.
- Lupin and products thereof
- Molluscs and products thereof

You can create your personal allergy card with the help of this dictionary.

Io sono allergico a ...

cooked	cotto
dry	essiccato
fresh	fresco
raw	crudo
(baker's) yeast	lievito
alcohol	alcol
almond	mandorla
anchovy	acciughe
anise; aniseed	anice
apple	mela
apricot	albicocca
avocado	avocado
banana	banana
barley	orzo
basil	basilico
bean	fagiolo
beef	carne di manzo
beer	birra
brazil nut	noci del Brasile
broccoli	broccoli
buckwheat	grano saraceno
cantaloupe	melone
caraway	comino
cardamom	cardamomo
carrot	carota
cashew nut	noci di acagiù
cayennepepper	chili
celery	sedano
cheese	formaggio
cherry	ciliege
chicken	carne di pollo
chicory	cicoria
chilipepper	peperoncino rosso
chocolate	cioccolato
cinnamon	cannella
cocoa powder	cacao
coconut	noce di cocco
cod	merluzzo
coriander	coriandolo
cornflour; cornstarch	farina di granoturco

crab	granchio
crab	gambero
cucumber	cetriolo
curry	curry
date	dattero
dill	aneto
egg	uova
escargot	(chiocciola) lumaca
fennel seed	semi di finocchio
fig	fico
fish	pesce
flour	farina
garlic	aglio
gherkin	cetriolo
ginger	zenzero
gluten	glutine
grape	uva
grapefruit	pompelmo
haddock	eglefino
hazelnut	nocchie
herb	ebe; erbette
herring	aringa
honey	miele
kamut	kamut
kiwi	kiwi
lemon	limone
lentil	lenticchie
lobster	gambero di mare; astice
lovage	levistico
macadamia nut	noci del Queensland
mackerel	sgombro
mango	mango
marjoram	maggiorana
marzipan	marzapane
meat	carne
melon	melone
milk (cow)	latte
mugwort	artemisia
mushroom	champignon
mussel	cozza; conchiglia
mustard	senape
mutton	carne di montone; carne di pecora; castrato
nut	noci
nutmeg	noce moscata
oats	avena
onion	cipolla
orange	arancia
oregano	origano
oyster	ostrica
papaya; pawpaw	papaia
paprika	peperone
parsley	prezzemolo

pea	piselli
peach	pesca
peanut	arachidi
pear	pera
pecan nut	noci pecan
pepper	pepe; peperone
peppermint	menta
perch	persico
pineapple	ananas
pistachio	pistacchi
plaice	sogliola
plum	prugne
poppy; poppy seed	papavero
pork	carne di maiale
potato	patate
prawn	gamberetto
quince	mela cotogna
rice	riso
rye	segale
sage	salvia
salmon	salmone
sesame seeds	semi di sesamo
shrimp	gamberetto
soybeans; soya bean	soia
spelt	farro
spice	spezie
spinach	spinaci
stinging nettle	ortica
strawberry	fragola
sulphites	solfiti
sulphur dioxide	anidride solforosa
sunflower seed	semi di girasole
sweet chestnut	castagne; marroni
tarragon	dragoncello; estragone
thyme	timo
tomato	pomodoro
trout	trota
tuna fish	tonno
vanilla	vaniglia
walnut	noci comuni
wheat	grano
wine	vino
yeast	lievito



**GB**

English

**IS**

Icelandic

In the whole European Union the following ingredients must always be indicated on packed foods without exception.

- This is not valid for the following countries:
Russia, Turkey.

These ingredients are marked **blue** in the dictionary.

- Cereals containing gluten (wheat, barley, rye, oats, spelt, kamut or their hybridised strains) and products thereof
- Crustaceans and products thereof
- Eggs and products thereof
- Fish and products thereof
- Peanuts and products thereof
- Soybeans and products thereof
- Milk and products thereof (including lactose)
- Nuts i. e. Almond [Amygdalus communis L.], Hazelnut [Corylus avellana], Walnut [Juglans regia], Cashew [Anacardium occidentale], Brazil nut [Bertholletia excelsa], Pecan nut [Carya illinoensis (Wangenh.) K. Koch], Pistachio nut [Pistacia vera], Macadamia nut and Queensland nut [Macadamia ternifolia] and products thereof
- Celery and products thereof
- Mustard and products thereof
- Sesame seeds and products thereof
- Sulphur dioxide and sulphites at concentrations of more than 10 mg/kg or 10 mg/litre expressed as SO₂.
- Lupin and products thereof
- Molluscs and products thereof

You can create your personal allergy card with the help of this dictionary.

Eg hef ofnæmi gegn ...

cooked	soðinn
dry	þurrkaður
fresh	ferskur
raw	hrár
(sea) mussel	skelfiskur
alcohol	hreinsaður vínandi
almond	mandla
anchovy	ansjósá
anise; aniseed	anis
apple	epli
apricot	aprikósa
avocado	avokató
banana	banani
barley	bygg
basil	ilmjurt
bean	baun
beef	nautakjöt
beer	bjór
brazil nut	parahneta
broccoli	spergilkál
buckwheat	bókhveiti
caraway	kúmen
cardamom	kardimomma
carrot	gulrót
cashew nut	kasjú-hneta
cayennepepper	chili-pípar
celery	seljurót
cheese	ostur
cherry	kirsuber
chicken	kjúklingur
chicory	síkoria; kaffibætir
chilipepper	chili-pípar
chocolate	súkkulaði
cinnamon	kanill
cocoa powder	kókó
coconut	kokoshneta
cod	þorskur
coriander	koriander
cornflour	mais
crab	krabbi

crab	krabbi
cucumber	agúrka
curry	karri
date	daðla
dill	dill
egg	egg
escargot	vinbergs-snigill
fennel seed	fennikel
fig	fíkja
fish	fiskur
flour	hveiti
garlic	hvítlaukur
gherkin	agúrka
ginger	engifer
gluten	gluten
grape	vínber
grapefruit	greip
haddock	ýsa
hazelnut	heslihnetta
herb	jurt; kryddjurtir; planta
herring	síld
honey	hunang
kamut	kamut
kiwi	kiwi
lamb	lambakjöt
lemon	sitróna
lentil	linsubaunir
lobster	humar
lovage	skessujurt
macadamia nut	macadamia-hneta
mackerel	makrill
mango	mangó
marjoram	merian
marzipan	marsipan
meat	kjöt
melon	melóna
milk (cow)	mjólk (kúa)
mugwort	búrót
mushroom	ætisveppur
mussel	skelfiskur
mustard	sinnep
mutton	kindakjöt
nut	hneta
nutmeg	múskathneta
oats	hafrar
onion	laukur
orange	appelsína
oregano	oregano
oyster	ostra
papaya; pawpaw	papaya
paprika	paprika
parsley	steinselja
pea	baun
peach	ferskja

peanut	jarðhneta
pear	pera
pecan nut	pekanhneta
pepper	paprika
pepper	pípar
peppermint	píparmynta
perch	aborri
pineapple	ananas
pistachio	pistasiuhneta
plaice	rauðsprettá
plum	plóma
poppy; poppy seed	valmúafrae
pork	svínakjöt
potato	kartafla
prawn	rækja
quince	kveða
rice	hrísgrjón
rye	rúgur
sage	salvía
salmon	lax
sesame seeds	sesamfrae
shrimp	rækja
soybeans; soya bean	soyjabaunir
spelt	speldi-mjöl
spice	krydd
spinach	spínat
stinging nettle	brenninetla
strawberry	jarðarber
sulphites	sulfit
sulphur dioxide	súlfurdioxide
sunflower seed	sólblómafrae
sweet chestnut	kastaníuhneta
tarragon	estragon
thyme	timian
tomato	tómatur
trout	silungur
tuna fish	túnfiskur
vanilla	vanilla
walnut	valhneta
wheat	hveiti
wine	vín
yeast	ger





GB

English



LT

Lithuanian

In the whole European Union the following ingredients must always be indicated on packed foods without exception.

- This is not valid for the following countries:
Russia, Turkey.

These ingredients are marked **blue** in the dictionary.

- Cereals containing gluten (wheat, barley, rye, oats, spelt, kamut or their hybridised strains) and products thereof
- Crustaceans and products thereof
- Eggs and products thereof
- Fish and products thereof
- Peanuts and products thereof
- Soybeans and products thereof
- Milk and products thereof (including lactose)
- Nuts i. e. Almond [Amygdalus communis L.], Hazelnut [Corylus avellana], Walnut [Juglans regia], Cashew [Anacardium occidentale], Brazil nut [Bertholletia excelsa], Pecan nut [Carya illinoensis (Wangenh.) K. Koch], Pistachio nut [Pistacia vera], Macadamia nut and Queensland nut [Macadamia ternifolia] and products thereof
- Celery and products thereof
- Mustard and products thereof
- Sesame seeds and products thereof
- Sulphur dioxide and sulphites at concentrations of more than 10 mg/kg or 10 mg/litre expressed as SO₂.
- Lupin and products thereof
- Molluscs and products thereof

You can create your personal allergy card with the help of this dictionary.

Aš esu alergiškas ...

cooked	išvirtas
dry	sausas
fresh	šviežias
raw	žalias
(baker's) yeast	kepimo mielės
alcohol	alkoholis
almond	migdolai
anchovy	ančiuviai
anise; aniseed	anyžius
apple	obuolys
apricot	abrikosai
avocado	avokada
banana	bananas
barley	miežiai
basil	bazilikas
bean	pupelė
beef	jautiena
beer	alus
brazil nut	bertoletijos
broccoli	brokolis
buckwheat	grikliai
cantaloupe	kantalupa (melionų rūšis)
caraway	kmynai
cardamom	kardamonas
carrot	morka
cashew nut	Kišju riešutas
cayennepepper	raudonasis ankštinis pipiras
celery	salieras
cheese	sūris
cherry	vyšnia
chicken	vištiena
chicory	cikorija
chili pepper	ankštinis pipiras
chocolate	šokoladas
cinnamon	cinamonas
cocoa powder	kakavos milteliai
coconut	kokoso riešutas
cod	menkė

coriander	kalendra
cornflour; cornstarch	kukurūziniai miltai
crab	krabas
crab	krabas
cucumber	agurkas
curry	karis
date	datulė
dill	krapai
egg	kiaušinis
escargot	vynuoginė sraigė
fennel seed	paprastasis pankolis
fig	figa
fish	žuvis
flour	miltai
garlic	česnakas
gherkin	agurkas
ginger	imbieras
gluten	glitimas
grape	vynuogė
grapefruit	greipfrutas
haddock	juodalopė menkė
hazelnut	riešutas
herb	žolelė (prieskoninė; vaistinė)
herring	silkė
honey	medus
kamut	kvietiniai miltai
kiwi	kivis
lemon	citrina
lentil	lęšis
lobster	omaras (vėžys)
lovage	vaistinė gelsvė
macadamia nut	makadamijos
mackerel	skumbrė
mango	mangas
marjoram	mairūnas
marzipan	marcipanas
meat	mėsa
melon	rauškšlėtasis melionas
milk (cow)	pienas (karvės)
mugwort	paprastasis kietis
mushroom	grybas
mussel	midija; dvigeldis
	moliuskas
mustard	garstyčios
mutton	aviena
nut	riešutas
nutmeg	muskato riešutas
oats	avižos
onion	svogūnas
orange	apelsinas
oregano	raudonėlis
oyster	austrė
paprika	raudonasis pipiras

papaya; pawpaw	papaja (melionmedis)
parsley	petražolė
pea	žirnis (žirnelis)
peach	persikas
peanut	žemės riešutas
pear	kriaušė
pecan nut	Pekano riešutas
pepper	juodieji pipirai; pipiras
peppermint	pipirmėtė
perch	ešeris
pineapple	ananasas
pistachio	pistacija
plaiše	plekšnė
plum	slyva
poppy; poppy seed	aguona
pork	kiauliena
potato	bulvė
prawn	krevetė
quince	svarainis
rice	ryžiai
rye	rugiai
sage	šalavijas
salmon	lašiša
sesame seeds	sezamo sėklos
shrimp	krevetė
soybeans; soya bean	sojos pupelės
spelt	kvietys spelta
spice	prieskonai
spinach	špinatai
stinging nettle	gailioji dilgėlė
strawberry	braškė
sulphites	sulfitas
sulphur dioxide	sieros dioksidas
sunflower seed	saulėgrąžų sėklos
sweet chestnut	kaštonas
tarragon	peletrūnas
thyme	kmynai
tomato	pomidoras
trout	upėtakis
tuna fish	tunas
vanilla	vanilė
walnut	graikinis riešutas
wheat	kviečiai
wine	vynas
yeast	kepimo mielės





GB
English



LV
Latvian

In the whole European Union the following ingredients must always be indicated on packed foods without exception.

- This is not valid for the following countries:
Russia, Turkey.

These ingredients are marked **blue** in the dictionary.

- Cereals containing gluten (wheat, barley, rye, oats, spelt, kamut or their hybridised strains) and products thereof
- Crustaceans and products thereof
- Eggs and products thereof
- Fish and products thereof
- Peanuts and products thereof
- Soybeans and products thereof
- Milk and products thereof (including lactose)
- Nuts i. e. Almond [Amygdalus communis L.], Hazelnut [Corylus avellana], Walnut [Juglans regia], Cashew [Anacardium occidentale], Brazil nut [Bertholletia excelsa], Pecan nut [Carya illinoensis (Wangenh.) K. Koch], Pistachio nut [Pistacia vera], Macadamia nut and Queensland nut [Macadamia ternifolia] and products thereof
- Celery and products thereof
- Mustard and products thereof
- Sesame seeds and products thereof
- Sulphur dioxide and sulphites at concentrations of more than 10 mg/kg or 10 mg/litre expressed as SO₂.
- Lupin and products thereof
- Molluscs and products thereof

You can create your personal allergy card with the help of this dictionary.

Man ir alerģija no ...

cooked	cepts
dry	sauss
fresh	svaigs
raw	jēls
(baker's) yeast	raugs
alcohol	alkohols
almond	mandeles
anchovy	anšovi
anise; aniseed	anīss
apple	ābols
apricot	aprikozes
avocado	avokādo
banana	banāns
barley	mieži
basil	baziliks
bean	pupas
beef	liellopu gaļa
beer	alus
brazil nut	Brazīlijas rieksti
broccoli	brokolis
buckwheat	griķi
cantaloupe	melone
caraway	ķimenes
cardamom	kardemons
carrot	burkāns
cashew nut	cepti kastaņi
cayennepepper	kajēnas pipari
celery	selerija
cheese	siers
cherry	ķirši
chicken	vista
chicory	cigorīni
chilipepper	cili pipari
chocolate	šokolāde
cinnamon	kanēlis
cocoa powder	kakao
coconut	kokosrieksts
cod	menca
coriander	koriandrs
cornflour; cornstarch	kukurūza

crab	krabis
crab	vēzis
cucumber	gurķis
curry	karijs
date	datele
dill	dilles
egg	ola
escargot	vīngliemezis
fennel seed	fenkhela sēklas
fig	vīģe
fish	zivs
flour	milti
garlic	ķiploki
gherkin	gurķis
ginger	ingvers
gluten	augu lime
grape	vīnogas
grapefruit	greipfrūts
haddock	pikša
hazelnut	lazdu rieksti
herb	zālītes
herring	siļķes
honey	medus
kamut	kvieši
kiwi	ābols
lemon	citrons
lentil	lēcas
lobster	omārs
lovage	?
macadamia nut	austrālijas rieksti
mackerel	skumbrija
mango	mango
marjoram	majorāns
marzipan	marcipāns
meat	gaļa
melon	melone
milk (cow)	piens (govs)
mugwort	vībotne
mushroom	šampinjons
mussel	midijas
mustard	sinepes
mutton	jērs
nut	rieksts
nutmeg	muskatrieksts
oats	auzas
onion	sīpoli
orange	apelsīns
oregano	oregano
oyster	austeres
papaya; pawpaw	papaja
paprika	paprika
parsley	pētersīlis
pea	zirņi
peach	persiks
peanut	zemes rieksti

pear	bumbieris
pecan nut	pekanrieksts
pepper	(melnie) pipari
peppermint	piparmētra
perch	asaris
pineapple	ananās
pistachio	pistācijas
plaice	bute
plum	plūme
poppy; poppy seed	magones
pork	cūka
potato	kartupelis
prawn	garnele
quince	cidonija
rice	risi
rye	raugs
sage	salviņa
salmon	lasis
sesame seeds	sezams
shrimp	garnele
soybeans; soya bean	sojas pupas
spelt	kvieši
spice	asās garšvielas
spinach	spināti
stinging nettle	nātre
strawberry	zemene
sulphites	sulfits
sulphur dioxide	sēra dioksīds
sunflower seed	saulespuķu sēklas
sweet chestnut	kastaņi
tarragon	estragons
thyme	timāns
tomato	tomāts
trout	forele
tuna fish	tuncis
vanilla	vanija
walnut	valrieksti
wheat	kvieši
wine	vīns
yeast	raugs





GB

English



N

Norwegian

In the whole European Union the following ingredients must always be indicated on packed foods without exception.

- This is not valid for the following countries:
Russia, Turkey.

These ingredients are marked **blue** in the dictionary.

- Cereals containing gluten (wheat, barley, rye, oats, spelt, kamut or their hybridised strains) and products thereof
- Crustaceans and products thereof
- Eggs and products thereof
- Fish and products thereof
- Peanuts and products thereof
- Soybeans and products thereof
- Milk and products thereof (including lactose)
- Nuts i. e. Almond [Amygdalus communis L.], Hazelnut [Corylus avellana], Walnut [Juglans regia], Cashew [Anacardium occidentale], Brazil nut [Bertholletia excelsa], Pecan nut [Carya illinoensis (Wangenh.) K. Koch], Pistachio nut [Pistacia vera], Macadamia nut and Queensland nut [Macadamia ternifolia] and products thereof
- Celery and products thereof
- Mustard and products thereof
- Sesame seeds and products thereof
- Sulphur dioxide and sulphites at concentrations of more than 10 mg/kg or 10 mg/litre expressed as SO₂.
- Lupin and products thereof
- Molluscs and products thereof

You can create your personal allergy card with the help of this dictionary.

Jeg er allergisk mot ...

cooked	kokt
dry	tørket
fresh	frisk
raw	rå
alcohol	alkohol
almond	mandel
anchovy	ansjos
anise; aniseed	anis
apple	eple
apricot	aprikos
avocado	avocado
banana	banan
barley	bygg
basil	basilikum
bean	bønne
beef	oksekjøtt
beer	øl
brazil nut	paranøtt
broccoli	brokkoli
buckwheat	bokhvete
cantaloupe	melon
caraway	karve
cardamom	kardemomme
carrot	gulrot
cashew nut	cashewnød
cayennepepper	chilipepper
celery	selleri
cheese	ost
cherry	kirsebær
chicken	hønekkjøtt; kylling
chicory	sikori(salat)
chilipepper	chilipepper
chocolate	sjokolade
cinnamon	kanel
cocoa powder	kakao
coconut	kokosnøtt
cod	torsk
coriander	koriander
cornflour; cornstarch	maismel
crab	krabbe

crab	kreps
cucumber	agurk
curry	karri
date	daddel
dill	dill
egg	egg
escargot	vinbergssnegle
fennel seed	fennikel; fennikel frø
fig	fiken
fish	fisk
flour	mel
garlic	hvitløk
gherkin	agurk
ginger	ingefær
gluten	gluten
grape	drue
grapefruit	grapefrukt
haddock	kolje
hazelnut	hasselnøtt
herb	krydder
herring	sild
honey	honning
kamut	kamut
kiwi	kiwi
lamb	lam
lemon	sitron
lentil	linse
lobster	hummer
lovage	løvstikke
macadamia nut	macadanianøtt
mackerel	makrell
mango	mango
marjoram	merian
marzipan	marsipan
meat	kjøtt
melon	melon
milk (cow)	melk (ku)
mugwort	burøt
mushroom	champignon
mussel	blåskjell; musling
mustard	sennep
mutton	fårekjøtt
nut	nøtt
nutmeg	muskatnøtt
oats	havre
onion	løk
orange	appelsin
oregano	oregano
oyster	østers
papaya; pawpaw	papaya
paprika	paprika
parsley	persille
pea	ert
peach	fersken
peanut	peanøtt

pear	pære
pecan nut	pekannøtt
pepper	paprika; pepper
peppermint	peppermytte
perch	abbor
pineapple	ananas
pistachio	pistasier
plaice	rødspette
plum	plomme
poppy; poppy seed	valmuefrø
pork	svinekjøtt
potato	potet
prawn	reke
quince	kvede
rice	ris
rye	rug
sage	salvie
salmon	laks
sesame seeds	sesam
shrimp	reke
soybeans; soya bean	sojabønner
spelt	spelt
spice	krydder
spinach	spinat
stinging nettle	brennesle
strawberry	jordbær
sulphites	sulfitt
sulphur dioxide	svoveldioksyd
sunflower seed	solsikkefrø
sweet chestnut	spiselig kastanje
tarragon	estragon
thyme	timian
tomato	tomat
trout	ørret
tuna fish	tunfisk
vanilla	vanilje
walnut	valnøtt
wheat	hvetemel
wine	vin
yeast	gjær





GB
English



NL
Dutch

Ik ben allergisch voor ...

cooked	gekookt
dry	gedroogd
fresh	vers
raw	rauw
(baker's) yeast	gist
alcohol	alcohol
almond	amandel
anchovy	ansjovis
anise; aniseed	anijs
apple	appel
apricot	abrikoos
avocado	avocado
banana	banaan
barley	gerst
basil	basilicum
bean	boon
beef	rundvlees
beer	bier
brazil nut	paranoot
broccoli	broccoli
buckwheat	boekweit
cantaloupe	meloen
caraway	karwij; kummel; komijn
cardamom	kardemom
carrot	peen; wortel
cashew nut	cashewnoot
cayennepepper	chilipoeder
celery	selderij
cheese	kaas
cherry	kers
chicken	kippevlees
chicory	cichorei
chilipepper	chilipoeder
chocolate	chocolade
cinnamon	caneel
cocoa powder	cacao
coconut	kokosnoot
cod	dors; jonge kabel-jauw

coriander	koriander
cornflour; cornstarch	mais
crab	krab
crab	kreeft
cucumber	komkommer
curry	kerrie
date	dadel
dill	dille
egg	ei
escargot	wijngaardslak
fennel seed	venkel; venkelzaad
fig	vijg
fish	vis flour
	meel
garlic	knoflook
gherkin	komkommer
ginger	gember
gluten	gluten
grape	druf
grapefruit	grapefruit; pomelo
haddock	schelvis
hazelnut	hazelnoot
herb	kruiden
herring	haring
honey	honing
kamut	kamut
kiwi	kiwi
lemon	citroen
lentil	linze
lobster	zeekreeft
lovage	lavas
macadamia nut	macadamianoten
mackerel	makreel
mango	mango
marjoram	majoraan
marzipan	marsepein
meat	vlees
melon	meloen
milk (cow)	melk (koe)
mugwort	bijvoet
mushroom	champignon
mussel	(eetbare) mossel
mustard	mosterd
mutton	schapevlees
nut	noot
nutmeg	nootmuskaat
oats	haver
onion	ui
orange	sinasappel
oregano	oregano
oyster	oester
papaya; pawpaw	papaja
paprika	paprika
parsley	peterselie
pea	erwt

peach	perzik
peanut	pinda
pear	peer
pecan nut	pekanoot
pepper	paprika
peppermint	pepermunt
perch	baars
pineapple	ananas
pistachio	pistachenoten
plaice	schol
plum	pruim
poppy; poppy seed	maanzaad
pork	varkensvlees
potato	aardappel
prawn	garnaal
quince	kweeappel; kweeper
	rijst
rice	rogge
rye	salie
sage	zalm
salmon	sesam
sesame seeds	sesam
shrimp	garnaal
soybeans; soya bean	sojaboon
spelt	spelt
spice	spicerijen
spinach	spinazie
stinging nettle	brandnetel
strawberry	aardbei
sulphites	sulfieten
sulphur dioxide	zwaveldioxyde
sunflower seed	zonnebloempitten
sweet chestnut	tamme kastanje
tarragon	dragon
thyme	tijm
tomato	tomaat
trout	forel
tuna fish	tonijn
vanilla	vanille
walnut	walnoot
wheat	tarwe
wine	wijn
yeast	gist

In the whole European Union the following ingredients must always be indicated on packed foods without exception.

- This is not valid for the following countries: Russia, Turkey.

These ingredients are marked **blue** in the dictionary.

- Cereals containing gluten (wheat, barley, rye, oats, spelt, kamut or their hybridised strains) and products thereof
- Crustaceans and products thereof
- Eggs and products thereof
- Fish and products thereof
- Peanuts and products thereof
- Soybeans and products thereof
- Milk and products thereof (including lactose)
- Nuts i. e. Almond [Amygdalus communis L.], Hazelnut [Corylus avellana], Walnut [Juglans regia], Cashew [Anacardium occidentale], Brazil nut [Bertholletia excelsa], Pecan nut [Carya illinoensis (Wangenh.) K. Koch], Pistachio nut [Pistacia vera], Macadamia nut and Queensland nut [Macadamia ternifolia] and products thereof
- Celery and products thereof
- Mustard and products thereof
- Sesame seeds and products thereof
- Sulphur dioxide and sulphites at concentrations of more than 10 mg/kg or 10 mg/litre expressed as SO₂.
- Lupin and products thereof
- Molluscs and products thereof

You can create your personal allergy card with the help of this dictionary.





GB
English



P
Portuguese

In the whole European Union the following ingredients must always be indicated on packed foods without exception.

- This is not valid for the following countries:
Russia, Turkey.

These ingredients are marked **blue** in the dictionary.

- Cereals containing gluten (wheat, barley, rye, oats, spelt, kamut or their hybridised strains) and products thereof
- Crustaceans and products thereof
- Eggs and products thereof
- Fish and products thereof
- Peanuts and products thereof
- Soybeans and products thereof
- Milk and products thereof (including lactose)
- Nuts i. e. Almond [Amygdalus communis L.], Hazelnut [Corylus avellana], Walnut [Juglans regia], Cashew [Anacardium occidentale], Brazil nut [Bertholletia excelsa], Pecan nut [Carya illinoensis (Wangenh.) K. Koch], Pistachio nut [Pistacia vera], Macadamia nut and Queensland nut [Macadamia ternifolia] and products thereof
- Celery and products thereof
- Mustard and products thereof
- Sesame seeds and products thereof
- Sulphur dioxide and sulphites at concentrations of more than 10 mg/kg or 10 mg/litre expressed as SO₂.
- Lupin and products thereof
- Molluscs and products thereof

You can create your personal allergy card with the help of this dictionary.

Eu sou alérgico a ...

cooked	cosido
dry	seco
fresh	fresco
raw	cru
(baker's) yeast	fermento
alcohol	álcool
almond	amêndoas
anchovy	anchova
anise; aniseed	aniz
apple	maçã
apricot	alperce
avocado	abacate
banana	banana
barley	cevada
basil	manjerição
bean	feijão
beef	vaca (carne)
beer	cerveja
brazil nut	castanhas do Pará
broccoli	bróculos
buckwheat	trigo mourisco
cantaloupe	melão
caraway	cominto
cardamom	cardamomo
carrot	cenoura
cashew nut	castanhas de caju
cayennepepper	pimentão; piri-piri
celery	aipo
cheese	queijo
cherry	cereja
chicken	galinha (carne)
chicory	chicória
chilipepper	pimenta de caiena
chocolate	chocolate
cinnamon	canela
cocoa powder	cacau
coconut	coco
cod	bacalhau
coriander	coentro
cornflour; cornstarch	farinha do milho

crab	caranguejo
crab	crustáceos
cucumber	pepino
curry	caril
date	tâmara
dill	endro
egg	ovo
escargot	caracol de Borgonha
fennel seed	funcho
fig	figo
fish	peixe
flour	farinha
garlic	alho
gherkin	pepino
ginger	gengibre
gluten	glúten
grape	uva
grapefruit	toranja
haddock	bacalhau fresco
hazelnut	avelã
herb	ervas aromáticas
herring	arenque
honey	mel
kamut	kamut
kiwi	quiwi
lemon	limão
lentil	lentilha
lobster	lagosta
lovage	levístico
macadamia nut	nozes de macadâmia
mackerel	cavala
mango	mango
marjoram	manjerona
marzipan	maçapão
meat	carne
melon	melão
milk (cow)	leite
mugwort	artemisia
mushroom	cogumelo
mussel	mexilhão
mustard	mostarda
mutton	ovelha (carne)
nut	noz
nutmeg	noz-moscada
oats	aveia
onion	cebola
orange	aranja; laranja
oregano	orégão
oyster	ostra
papaya; pawpaw	papaia
paprika	pimentão
parsley	salsa
pea	ervilha
peach	pêssego
peanut	amendoim

pear	pêra
pecan nut	nozes pécan
pepper	pimentão; pimenta
peppermint	hortelã-pimenta
perch	perca
pineapple	ananas
pistachio	pistácios
plaice	solha
plum	ameixa
poppy; poppy seed	papoila
pork	porco (carne)
potato	batata
prawn	camarão
quince	marmelo
rice	arroz
rye	centeio
sage	salva; chá salvaman-sa
salmon	salmão
sesame seeds	sementes de sésamo
shrimp	camarão
soybeans; soya bean	soja spelt
	espelta
spice	especiaria
spinach	espinafre
stinging nettle	urtiga
strawberry	morango
sulphites	sulfitos
sulphur dioxide	dioxido de enxofre
sunflower seed	semente de girassol
sweet chestnut	castanha doce
tarragon	estragão
thyme	tomilho; timo
tomato	tomate
trout	truta
tuna fish	atum
vanilla	baunilha
walnut	nozes
wheat	trigo
wine	vinho
yeast	fermento





GB
English



PL
Polish

In the whole European Union the following ingredients must always be indicated on packed foods without exception.

- This is not valid for the following countries:
Russia, Turkey.

These ingredients are marked **blue** in the dictionary.

- Cereals containing gluten (wheat, barley, rye, oats, spelt, kamut or their hybridised strains) and products thereof
- Crustaceans and products thereof
- Eggs and products thereof
- Fish and products thereof
- Peanuts and products thereof
- Soybeans and products thereof
- Milk and products thereof (including lactose)
- Nuts i. e. Almond [Amygdalus communis L.], Hazelnut [Corylus avellana], Walnut [Juglans regia], Cashew [Anacardium occidentale], Brazil nut [Bertholletia excelsa], Pecan nut [Carya illinoensis (Wangenh.) K. Koch], Pistachio nut [Pistacia vera], Macadamia nut and Queensland nut [Macadamia ternifolia] and products thereof
- Celery and products thereof
- Mustard and products thereof
- Sesame seeds and products thereof
- Sulphur dioxide and sulphites at concentrations of more than 10 mg/kg or 10 mg/litre expressed as SO₂.
- Lupin and products thereof
- Molluscs and products thereof

You can create your personal allergy card with the help of this dictionary.

Mam alergię przeciwko ...

cooked	gotowany
dry	suszony
fresh	świeży
raw	surowy
(baker's) yeast	drożdże
alcohol	alkohol
almond	migdał
anchovy	anchois; anchovis
anise; aniseed	anyż
apple	jabłko
apricot	morela
avocado	awokado
banana	banan
barley	jęczmień
basil	bazyli
bean	fasola
beef	wołowina
beer	piwo
brazil nut	orzech brazylijski
broccoli	brokuły
buckwheat	gryka
cantaloupe	melon
caraway	kminek
cardamom	kardamom
carrot	marchew
cashew nut	nerkowiec
cayennepepper	pieprz chili
celery	seler
cheese	ser
cherry	wiśnia
chicken	mięso z kury
chicory	cykoria
chilipepper	pieprz chili
chocolate	czekolada
cinnamon	cynamon
cocoa powder	kakao
coconut	orzech kokosowy
cod	dorsz
coriander	kolendra siewna
cornflour; cornstarch	kukurydza

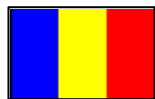
crab	krab
crab	skorupiaki
cucumber	ogórek
curry	curry
date	daktyl
dill	koper; koperek
egg	jajo; jajko
escargot	ślimak
fennel seed	fenkuł; koper włoski
fig	figa
fish	ryba
flour	mąka
garlic	czosnek
gherkin	ogórek
ginger	imbir
gluten	gluten
grape	winogrono
grapefruit	grejpfrut
haddock	łupacz
hazelnut	orzech laskowy
herb	zioła
herring	śledź
honey	miód
kamut	kamut
kiwi	kiwi
lamb	jagnie
lemon	cytryna
lentil	soczewica
lobster	krab
lovage	lubczyk
macadamia nut	orzech makadamia
mackerel	makreła
mango	mango
marjoram	majeranek
marzipan	marcepan
meat	mięso
melon	melon
milk (cow)	mleko (z krowy)
mugwort	bylica pospolita
mushroom	pieczarka
mussel	omulekjadalny; małż; muszla
mustard	musztarda
mutton	mięso owcze
nut	orzech
nutmeg	muszkata; gałka muszkatołowa
oats	owies
onion	cebula
orange	pomarańcza
oregano	oregano
oyster	ostryga
papaya; pawpaw	papaja
paprika	papryka
parsley	pietruska

pea	goszek; groch
peach	brzoskwinia
peanut	orzeszek
pear	gruszka
pecan nut	orzech pekan
pepper	papryka; pieprz
peppermint	mięta
perch	okoń
pineapple	ananas
pistachio	fistaszek
plaice	flądra
plum	śliwka
poppy; poppy seed	mak
pork	wieprzowina
potato	ziemniak
prawn	krewetka
quince	pigwa
rice	ryż
rye	żyto
sage	szałwia
salmon	łosoś
sesame seeds	sezami
shrimp	krewetka
soybeans; soya bean	nasiona soi
spelt	pszenica oplewiona
spice	przyprawy
spinach	szpinak
stinging nettle	pokrzywa
strawberry	truskawka
sulphites	sulfit
sulphur dioxide	dwutlenek siarki
sunflower seed	nasiona słonecznika
sweet chestnut	kasztan
tarragon	estragon
thyme	tymianek
tomato	pomidor
trout	pstrąg
tuna fish	tuńczyk
vanilla	wanilia
walnut	orzech włoski
wheat	pszenica
wine	wino



**GB**

English

**RO**

Romanian

Sunt alergic la ...

cooked	gătit dry
	uscat
fresh	proaspăt
raw	neprelucrat

(baker's) yeast	drojdie
alcohol	alcool
almond	migdală
anchovy	hamsie; sardea; anșoa
anise; aniseed	anason
apple	măr
apricot	caisă
avocado	avocado
banana	banană
barley	orz
basil	busuioc
bean	fasole
beef	carne de vită
beer	bere
brazil nut	nucă de Brazilia
broccoli	brocoli
buckwheat	grâu negru
caraway	chimen
cardamom	cardamon
carrot	morcov
cashew nut	nucă de acaju
cayennepepper	ardei iute
celery	țelină
cheese	brânză
cherry	cireșe
chicken	Carne de pui
chicory	cicoare
chilipepper	ardei iute
chocolate	ciocolată
cinnamon	scorțișoară
cocoa powder	cacao
coconut	cocos
cod	cod
coriander	coriandru
cornflour; cornstarch	mălai

crab	crab
crab	măr pădureț
cucumber	castravete
curry	curry
date	curmală
dill	mărar
egg	ouă
escargot	?
fennel seed	chimen
fig	smochină
fish	pește
flour	făină
garlic	usturoi
gherkin	castravecior
ginger	ghimbir
gluten	gluten
grape	struguri
grapefruit	grapefruit
haddock	batog
hazelnut	alune de pădure
herb	plante medicinale
herring	hering
honey	miere
kamut	grâu mare
kiwi	kiwi
lamb	miel (carne)
lemon	lămâi
lentil	linte
lobster	homar
lovage	leuștean
macadamia nut	nuci de macadamia
mackerel	scrumbie albastră
mango	mango
marjoram	sovârv
marzipan	marțipan
meat	carne
melon	pepene galben
milk (cow)	lapte de vacă
mugwort	peliniță
mushroom	ciuperci
mussel	midii
mustard	muștar
mutton	oaie (carne)
nut	nucă
nutmeg	miez de nucă
oats	ovăz
onion	ceapă
orange	portocală
oregano	oregano
oyster	stridie
papaya; pawpaw	papaya
paprika	paprika
parsley	pătrunjel
pea	mazăre
peach	piersică

peanut	alună americană
pear	pară
pecan nut	nuci pecan
pepper	pipere
peppermint	mentă
perch	biban
pineapple	ananas
pistachio	fistic
plaice	calcan
plum	prune
poppy; poppy seed	mac
pork	carne de porc
potato	cartofi
prawn	crevete
quince	gutui
rice	orez
rye	seară
sage	pelin
salmon	somon
sesame seeds	susan
shrimp	crevete
soybeans; soya bean	soia
spelt	grâu spelt
spice	alimente condimen- tate / iuți
spinach	spanac
stinging nettle	despărțit
strawberry	căpșuni
sulphites	sulfuri
sulphur dioxide	dioxid de sulf
sunflower seed	semințe de floarea soarelui
sweet chestnut	castane
tarragon	tarhon
thyme	cimbru
tomato	roșii
trout	crap
tuna fish	ton
vanilla	vanilie
walnut	nuci
wheat	grâu
wine	vin

In the whole European Union the following ingredients must always be indicated on packed foods without exception.

- This is not valid for the following countries:
Russia, Turkey.

These ingredients are marked **blue** in the dictionary.

- Cereals containing gluten (wheat, barley, rye, oats, spelt, kamut or their hybridised strains) and products thereof
- Crustaceans and products thereof
- Eggs and products thereof
- Fish and products thereof
- Peanuts and products thereof
- Soybeans and products thereof
- Milk and products thereof (including lactose)
- Nuts i. e. Almond [Amygdalus communis L.], Hazelnut [Corylus avellana], Walnut [Juglans regia], Cashew [Anacardium occidentale], Brazil nut [Bertholletia excelsa], Pecan nut [Carya illinoensis (Wangenh.) K. Koch], Pistachio nut [Pistacia vera], Macadamia nut and Queensland nut [Macadamia ternifolia] and products thereof
- Celery and products thereof
- Mustard and products thereof
- Sesame seeds and products thereof
- Sulphur dioxide and sulphites at concentrations of more than 10 mg/kg or 10 mg/litre expressed as SO₂.
- Lupin and products thereof
- Molluscs and products thereof

You can create your personal allergy card with the help of this dictionary.



European Consumer Centre Germany /
Europäisches Verbraucherzentrum Deutschland
Created by ECC Germany in Kiel
info@cec-zew.eu



GB
English



RUS
Russian

In the whole European Union the following ingredients must always be indicated on packed foods without exception.

- o This is not valid for the following countries:
Russia, Turkey.

These ingredients are marked **blue** in the dictionary.

- Cereals containing gluten (wheat, barley, rye, oats, spelt, kamut or their hybridised strains) and products thereof
- Crustaceans and products thereof
- Eggs and products thereof
- Fish and products thereof
- Peanuts and products thereof
- Soybeans and products thereof
- Milk and products thereof (including lactose)
- Nuts i. e. Almond [Amygdalus communis L.], Hazelnut [Corylus avellana], Walnut [Juglans regia], Cashew [Anacardium occidentale], Brazil nut [Bertholletia excelsa], Pecan nut [Carya illinoensis (Wangenh.) K. Koch], Pistachio nut [Pistacia vera], Macadamia nut and Queensland nut [Macadamia ternifolia] and products thereof
- Celery and products thereof
- Mustard and products thereof
- Sesame seeds and products thereof
- Sulphur dioxide and sulphites at concentrations of more than 10 mg/kg or 10 mg/litre expressed as SO₂.
- Lupin and products thereof
- Molluscs and products thereof

You can create your personal allergy card with the help of this dictionary.

Я аллергичен(а) на ...

cooked	варёный
dry	сушёный
fresh	свежий
raw	сырой
(baker's) yeast	дрожжи
alcohol	алкоголь
o almond	миндаль
anchovy	анчоус
anise; aniseed	анис
apple	яблоко
apricot	абрикос
avocado	авокадо
banana	банан
o barley	ячмень
basil	базилик
bean	фасоль
beef	говядина; телятина
beer	пиво
o brazil nut	ядро американо-го ореха
broccoli	броколи
buckwheat	гречиха
cantaloupe	дыня
caraway	тмин
cardamom	кардамон
carrot	каротель
o cashew nut	кешью
cayennepepper	стручковый перец
o celery	сельдерей
cheese	сыр
cherry	черешня; вишня
chicken	куриное мясо
chicory	цикорий
chilipepper	стручковый перец
chocolate	шоколад
cinnamon	корица
cocoa powder	какао
coconut	кокос
cod	треска
coriander	кориандр

cornflour; cornstarch	кукуруза
crab	краб
o crab	рак
cucumber	огурец
curry	карри
date	финик
dill	укроп
o egg	яйцо
escargot	виноградная улитка
fennel seed	фэнхель(семя)
fig	инжир
o fish	рыба
o flour	мука
garlic	чеснок
gherkin	огурец
ginger	имбирь
o gluten	глютен
grape	виноград
grapefruit	грейпфрут
haddock	пикша
o hazelnut	лесной орех
herb	травы
herring	сельдь
honey	мед
o kamut	камут
kiwi	киви
lamb	ягнёнок; барашек
lemon	лимон
lentil	чечевица
lobster	омар
lovage	любисток лекарственный
o macadamia nut	австралийский орех
mackerel	макрель
mango	манго
marjoram	майоран
marzipan	марципан
meat	мясо
melon	дыня
o milk (cow)	молоко (коровье)
mugwort	полынь
mushroom	шампиньон
mussel	мидия; ракушка
o mustard	горчица
mutton	баранина
o nut	орех
nutmeg	мускатный орех
o oats	овес
onion	лук
orange	апельсин
oregano	ореган
oyster	устрица
papaya; pawpaw	папайя
paprika	перец
parsley	петрушка

pea	горошина
peach	персик
o peanut	орех
pear	груша
o pecan nut	орех пекана
pepper	болгарский перец; черный перец
peppermint	перечная мята
perch	окунь
pineapple	ананас
o pistachio	фисташка
plaice	камбала
plum	слива
poppy; poppy seed	мак
pork	свинина
potato	картофель
prawn	креветка
quince	айва
rice	рис
o rye	рожь
sage	шалфей
salmon	лосось
o sesame seeds	сезамное семя
shrimp	креветка
soybeans; soya bean	соевый боб
o spelt	разновидность пшеницы
spice	приправа
spinach	шпинат
stinging nettle	крапива
strawberry	клубника
o sulphites	сульфит
sulphur dioxide	диоксид серы
sunflower seed	семечки
sweet chestnut	каштан
tarragon	эстрагон; тархун
thyme	чабрец; тимьян
tomato	помидор
trout	форель
tuna fish	тунец
vanilla	ваниль
o walnut	грецкий орех
wheat	пшеница
wine	вино
yeast	дрожжи





GB
English



S
Swedish

Jag är allergisk mot ...

cooked	kokt
dry	torkad
fresh	fräsch
raw	rå
(baker's) yeast	jäst; bottensats; drägg
alcohol	alkohol
almond	mandel
anchovy	ansjovis
anise; aniseed	anis
apple	äpple
apricot	aprikos
avocado	avocado
banana	banan
barley	korn
basil	basilika
bean	böna
beef	nötkött; oxkött
beer	öl
brazil nut	paranöt
broccoli	broccoli
buckwheat	bovete
cantaloupe	melon
caraway	kummin
cardamom	kardemumma
carrot	morot; karott
cashew nut	cashewnöt
cayennepepper	chilipeppar
celery	selleri
cheese	ost
cherry	körsbär
chicken	kyckling
chicory	cikoria
chili pepper	chilipeppar
chocolate	choklad
cinnamon	kanel
cocoa powder	kakao
coconut	kokosnöt
cod	kabeljo; torsk
coriander	koriander

cornflour; cornstarch	majsmjöl
crab	krabba; räk
crab	kräfta
cucumber	gurka
curry	curry
date	dadel
dill	dill
egg	ägg-; ett
escargot	vinbergssnäcka
fennel seed	fänkål
fig	fikon
fish	fisk
flour	mjöl
garlic	vitlök
gherkin	gurka
ginger	ingefära
gluten	blåväppling; gluten
grape	druva; vindruva
grapefruit	grapefrukt
haddock	kolja
hazelnut	hasselnöt
herb	kryddor
herring	strömming; sill
honey	honung
kamut	kamut
kiwi	kiwi
lemon	citron
lentil	linser
lobster	hummer
lovage	libbsticka
macadamia nut	makadamianöt
mackerel	makrill
mango	mango
marjoram	mejram
marzipan	marsipan; mandel-massa
meat	kött
melon	melon
milk (cow)	mjölk (ko)
mugwort	gråbo
mushroom	champinjon
mussel	mussla
mustard	senap
mutton	fårkött
nut	nöt
nutmeg	muskot; muskotnöt
oats	havre
onion	lök
orange	apelsin; orange
oregano	oregano
oyster	ostron
papaya; pawpaw	papaya
paprika	paprika
pea	ärta
peach	persika

peanut	jordnöt
pear	päron
pecan nut	pekannöt
pepper	paprika; peppar
peppermint	pepparmint; peppar-mynta
perch	aborre
pineapple	ananas
pistachio	pistasch; pistacie
plaiçe	rödspätta
plum	plommon
poppy; poppy seed	vallmo
pork	fläskkött
potato	potatis
prawn	räka
quince	kvitten(frukt)
rice	ris
rye	råg
sage	salvia; kryddsalvia
salmon	lax
sesame seeds	sesam
shrimp	räka
soybeans; soya bean	sojaböna
spelt	spält
spice	kryddor
spinach	spenat
stinging nettle	brännässla
strawberry	jordgubbe
sulphites	sulfit
sulphur dioxide	svaveldioxid
sunflower seed	solrosfrö
sweet chestnut	äka; kastanj
tarragon	dragon
thyme	timjan; trädgård-stimjan
tomato	tomat
trout	forell
tuna fish	tonfisk
vanilla	vanilj
walnut	valnöt
wheat	vete
wine	vin
yeast	jäst; bottensats; drägg

In the whole European Union the following ingredients must always be indicated on packed foods without exception.

- This is not valid for the following countries:
Russia, Turkey.

These ingredients are marked **blue** in the dictionary.

- Cereals containing gluten (wheat, barley, rye, oats, spelt, kamut or their hybridised strains) and products thereof
- Crustaceans and products thereof
- Eggs and products thereof
- Fish and products thereof
- Peanuts and products thereof
- Soybeans and products thereof
- Milk and products thereof (including lactose)
- Nuts i. e. Almond [Amygdalus communis L.], Hazelnut [Corylus avellana], Walnut [Juglans regia], Cashew [Anacardium occidentale], Brazil nut [Bertholletia excelsa], Pecan nut [Carya illinoensis (Wangenh.) K. Koch], Pistachio nut [Pistacia vera], Macadamia nut and Queensland nut [Macadamia ternifolia] and products thereof
- Celery and products thereof
- Mustard and products thereof
- Sesame seeds and products thereof
- Sulphur dioxide and sulphites at concentrations of more than 10 mg/kg or 10 mg/litre expressed as SO₂.
- Lupin and products thereof
- Molluscs and products thereof

You can create your personal allergy card with the help of this dictionary.





GB
English



SK
Slovakian

Mám alergiu na ...

cooked	varený
dry	sušený
fresh	čerstvý
raw	surový
(sea) mussel	slávka jedlá
alcohol	alkohol
almond	mandle
anchovy	sardela
anise; aniseed	aníz
apple	jablko
apricot	marhuľa
avocado	avokádo
banana	banán
barley	jačmeň
basil	bazalka
bean	fazuľa
beef	hovädzie mäso
beer	pivo
brazil nut	para orech
broccoli	brokolica
buckwheat	pohánka
caraway	kmín
cardamom	kardamón
carrot	karotka
cashew nut	kešu orech
cayennepepper	čili korenie
celery	celer
cheese	syr
cherry	čerešne
chicken	kuracie mäso
chicory	čakanka (obyčajná)
chili pepper	čili korenie
chocolate	čokoláda
cinnamon	škorica
cocoa powder	kakao
coconut	kokosový orech
cod	treska
coriander	koriander
cornflour	kukurica múka
crab	krab

crab	rak
cucumber	uhorka
curry	kari
date	datle
dill	kôpor
egg	vajíčko
escargot	slimák záhradný
fennel seed	fenýkel
fig	figy
fish	ryba
flour	múka
garlic	cesnak
gherkin	uhorka-nakladačka
ginger	d'umbier; zázvor
gluten	lepok
grape	hrozno
grapefruit	grepfruit
haddock	treska
hazelnut	lieskový orech
herb	byliny
herring	sleď
honey	med
kamut	kamut
kiwi	kiwi
lamb	jahňacie mäso
lemon	citrón
lentil	šošovica
lobster	homár; morský krab
lovage	ligurček lekársky
macadamia nut	orechy makadamie
mackerel	makrela
mango	mango
marjoram	majoránka
marzipan	marcipán
meat	mäso
melon	melón
milk (cow)	mlieko (kravské)
mugwort	palina
mushroom	šampiňón
mussel	mušle
mustard	horčica
mutton	ovčie mäso
nut	orech
nutmeg	muškátový orech
oats	ovos
onion	cibuľa
orange	pomaranč
oregano	oregáno
oyster	ustrica
papaya; pawpaw	papája
paprika	paprika (korenie)
parsley	petržlen
pea	hrach
peach	broskyňa
peanut	burský oriešok

pear	hruška
pecan nut	pekanový orech
pepper	paprika (struk)
pepper	čierne korenie
peppermint	mäta pieporná
perch	ostriež
pineapple	ananás
pistachio	pistácie
plaipe	platesa
plum	slivka
poppy; poppy seed	mak
pork	bravčové mäso
potato	zemiaky
prawn	kreveta
quince	dula
rice	ryža
rye	raž
sage	šalvia
salmon	losos
sesame seeds	sezamové semienka
shrimp	kreveta
soybeans; soya bean	sója
spelt	pšenica špaldová
spice	koreniny
spinach	špenát
stinging nettle	(pálivá) žihľava
strawberry	jahoda
sulphites	sulfit
sulphur dioxide	oxid siričitý
sunflower seed	slnečnicové semienka
sweet chestnut	jedlý gaštan
tarragon	estragón; palina dračia
thyme	tymián
tomato	paradajka
trout	pstruh
tuna fish	tuniak
vanilla	vanilka
walnut	vlašský orech
wheat	pšenica
wine	víno
yeast	droždie; kvasnice

In the whole European Union the following ingredients must always be indicated on packed foods without exception.

- This is not valid for the following countries:
Russia, Turkey.

These ingredients are marked **blue** in the dictionary.

- Cereals containing gluten (wheat, barley, rye, oats, spelt, kamut or their hybridised strains) and products thereof
- Crustaceans and products thereof
- Eggs and products thereof
- Fish and products thereof
- Peanuts and products thereof
- Soybeans and products thereof
- Milk and products thereof (including lactose)
- Nuts i. e. Almond [Amygdalus communis L.], Hazelnut [Corylus avellana], Walnut [Juglans regia], Cashew [Anacardium occidentale], Brazil nut [Bertholletia excelsa], Pecan nut [Carya illinoensis (Wangenh.) K. Koch], Pistachio nut [Pistacia vera], Macadamia nut and Queensland nut [Macadamia ternifolia] and products thereof
- Celery and products thereof
- Mustard and products thereof
- Sesame seeds and products thereof
- Sulphur dioxide and sulphites at concentrations of more than 10 mg/kg or 10 mg/litre expressed as SO₂.
- Lupin and products thereof
- Molluscs and products thereof

You can create your personal allergy card with the help of this dictionary.





GB
English



SLO
Slovenian

Alergičen se na ...

cooked	kuhan
dry	suh
fresh	svež
raw	surov
(sea) mussel	dagnje
alcohol	alkohol
almond	mandelj
anchovy	inčun
anise; aniseed	janež
apple	jabolko
apricot	marelica
avocado	avokado
banana	banana
barley	ječmen
basil	bazilika
bean	fižol
beef	govedina
beer	pivo
brazil nut	Brazilski orešček
broccoli	brokoli
buckwheat	ajda
caraway	kumina
cardamom	kardamom
carrot	korenje
cashew	cashew
nut	oreh; lešnik
cayennepepper	kajenski poper
celery	zelena
cheese	sir
cherry	češnja
chicken	piščančje meso
chicory	radič
chicory	radič; cikorija
chili pepper	pekoča paprika
chocolate	čokolada
cinnamon	cimet
cocoa powder	kakav v prahu
coconut	kokos
cod	polenovka
coriander	koriander
cornflour	koruzna moka

crab	rakovica
crab	rakovica
cucumber	kumara
curry	curry
date	datelj
dill	koper
egg	jajce
escargot	??
fennel seed	janež (semena)
fig	figa
fish	riba
flour	moka
garlic	česen
gherkin	kisla kumarica
ginger	ingver
gluten	rastlinsko lepilo
grape	grozdje
grapefruit	grenivka
haddock	vahnja
hazelnut	lešnik
herb	zelišče
herring	slanik
honey	med
kamut	kamut
kiwi	kivi
lamb	jagnje; jagnjetina
lemon	limona
lentil	leča
lobster	jastog
lovage	luštrk
macadamia nut	makadmija
mackerel	skuša
mango	mango
marjoram	majaron
marzipan	marcipan
meat	meso
melon	melona
milk (cow)	mleko
mugwort	pelin
mushroom	goba
mushroom	goba
mussel	dagnje
mustard	gorčica
mutton	ovčjetina
nut	oreh; lešnik
nutmeg	muškatni orešček
oats	sušilnica za hmelj; hmeljnica
onion	čebula
orange	pomaranča
oregano	origano
oyster	ostriga
papaya; pawpaw	papaja; melonovec
paprika	paprika
parsley	peteršilj

pea	grah
peach	breskev
peanut	kikiriki
pear	hruška
pecan nut	ameriški oreh
pepper	feferon
pepper	poper
peppermint	poprova meta
perch	ostriž
pineapple	ananas
pistachio	pistacija
plaiçe	morksi list
plum	sliva
poppy; poppy seed	mak v zrnju
pork	svinjina
potato	krompir
prawn	kozica
quince	kutina
rice	riž
rye	rženo žganje
sage	žajblej
salmon	losos
sesame seeds	sezamova semena
shrimp	kozica
soybeans; soya bean	soja
spelt	pira
spice	začimba
spinach	špinača
stinging nettle	pekoča kopriva
strawberry	rdeča jagoda
sulphites	sulfit
sulphur dioxide	žveplov dioksid
sunflower seed	sončnično seme
sweet chestnut	užitni kostanj
tarragon	pehtran
thyme	timijan
tomato	paradižnik
trout	postrv
tuna fish	tunina
vanilla	vanilija
walnut	laški oreh
wheat	pšenica
wine	vino
yeast	(pekovski) kvas

In the whole European Union the following ingredients must always be indicated on packed foods without exception.

- This is not valid for the following countries:
Russia, Turkey.

These ingredients are marked **blue** in the dictionary.

- Cereals containing gluten (wheat, barley, rye, oats, spelt, kamut or their hybridised strains) and products thereof
- Crustaceans and products thereof
- Eggs and products thereof
- Fish and products thereof
- Peanuts and products thereof
- Soybeans and products thereof
- Milk and products thereof (including lactose)
- Nuts i. e. Almond [Amygdalus communis L.], Hazelnut [Corylus avellana], Walnut [Juglans regia], Cashew [Anacardium occidentale], Brazil nut [Bertholletia excelsa], Pecan nut [Carya illinoensis (Wangenh.) K. Koch], Pistachio nut [Pistacia vera], Macadamia nut and Queensland nut [Macadamia ternifolia] and products thereof
- Celery and products thereof
- Mustard and products thereof
- Sesame seeds and products thereof
- Sulphur dioxide and sulphites at concentrations of more than 10 mg/kg or 10 mg/litre expressed as SO₂.
- Lupin and products thereof
- Molluscs and products thereof

You can create your personal allergy card with the help of this dictionary.





GB
English



TR
Turkish

In the whole European Union the following ingredients must always be indicated on packed foods without exception.

- o This is not valid for the following countries:
Russia, Turkey.

These ingredients are marked **blue** in the dictionary.

- Cereals containing gluten (wheat, barley, rye, oats, spelt, kamut or their hybridised strains) and products thereof
- Crustaceans and products thereof
- Eggs and products thereof
- Fish and products thereof
- Peanuts and products thereof
- Soybeans and products thereof
- Milk and products thereof (including lactose)
- Nuts i. e. Almond [Amygdalus communis L.], Hazelnut [Corylus avellana], Walnut [Juglans regia], Cashew [Anacardium occidentale], Brazil nut [Bertholletia excelsa], Pecan nut [Carya illinoensis (Wangenh.) K. Koch], Pistachio nut [Pistacia vera], Macadamia nut and Queensland nut [Macadamia ternifolia] and products thereof
- Celery and products thereof
- Mustard and products thereof
- Sesame seeds and products thereof
- Sulphur dioxide and sulphites at concentrations of more than 10 mg/kg or 10 mg/litre expressed as SO₂.
- Lupin and products thereof
- Molluscs and products thereof

You can create your personal allergy card with the help of this dictionary.

... karşı alerjim var

cooked	pişmiş
dry	kuru
fresh	taze
raw	çığ
(baker's) yeast	maya
alcohol	alkol
o almond	badem
anchovy	hamsi
anise; aniseed	anason
apple	elma
apricot	kayısı
avocado	avokado
banana	muz
o barley	arpaunu
basil	fesleğen
bean	fasulye
beef	sığır (eti)
beer	bira
o brazil nut	Brezilya cevizi
broccoli	brokoli
buckwheat	karabuğday
cantaloupe	kavun; karpuz
caraway	kimyon
cardamom	kakule tohumu
carrot	havuç
o cashew nut	akaju cevizi
cayennepepper	acı kırmızı biber
o celery	kereviz
cheese	peynir
cherry	kiraz
chicken	piliçeti
chicory	frenk salatası
chili pepper	toz biber
chocolate	çikolata
cinnamon	tarçın
cocoa powder	kakao
coconut	hindistan cevizi
cod	küçük morina; morina
coriander	kişniş

cornflour; cornstarch	mısırunu
crab	karides
o crab	yengeç
cucumber	hıyar
curry	curry; köri
date	hurma
dill	dereotu
o egg	yumurta
escargot	salyangoz
fennel seed	rezene
fig	incir
o fish	balık
o flour	un
garlic	sarımsak
gherkin	salatalık
ginger	zencefil
o gluten	glüten
grape	üzüm
grapefruit	greyfurt
haddock	mezgit
o hazelnut	fındık
herb	ot
herring	ringa balığı
honey	bal
o kamut	kamut
kiwi	kivi
lemon	limon
lentil	mercimek
lobster	istakoz
lovage	selâm otu
o macadamia nut	Makadamyaya cevizi
mackerel	uskumru
mango	mango (hintkirazı)
marjoram	kekik otu; izmir kekiği; güveyik otu; kekikotu
marzipan	badem ezmesi
meat	et
melon	kavun; karpuz
o milk (cow)	süt (inek)
mugwort	misk otu
mushroom	mantar
o mussel	midye
o mustard	hardal
mutton	koyun eti; kuzu (eti)
o nut	ceviz
nutmeg	küçük hindistan cevizi
o oats	yulaf
onion	soğan
orange	portakal
oregano	kekik otu
oyster	istiridye
papaya; pawpaw	papaya
paprika	biber

parsley	maydanoz
pea	bezelye
peach	şeftali
o peanut	fıstık
pear	armut
o pecan nut	Pekan cevizi; Pıkan
pepper	biber
peppermint	nane
perch	levrek
pineapple	ananas
o pistachio	antep fıstığı
plaice	yaldızlı pisi balığı
plum	erik
poppy; poppy seed	haşhaş
pork	domuz eti
potato	patates
prawn	karides
quince	ayva
rice	pirinç
o rye	çavdarunu
sage	adaçayı
salmon	som balığı
o sesame seeds	susam
shrimp	karides
soybeans; soya bean	soya fasulyesi
spelt	kılıksız
spice	baharat
spinach	ıspanak
stinging nettle	ısırgan
strawberry	çilek
sulphites	sülfid
sulphur dioxide	kükürt dioksit
sunflower seed	ay çekirdeği
sweet chestnut	kestane (yenir)
tarragon	tarhun
thyme	kekik
tomato	domates
trout	alabalık
tuna fish	ton balığı
vanilla	vanilya
walnut	ceviz
wheat	buğdayunu
wine	şarap
yeast (baker's ...)	maya

